



Summer Edition



Kin Canada

Kinsmen • Kinettes • Kin

District 1



2013-2014

Issue 4

Fellow Kin,

It truly seems like it was just yesterday that Chris and I began putting together our plans for the Power of One team. This is a tough message to write, as it means that the Kin year is almost over. How is it that we are already at the end of this adventure? For the past two years, I have had the privilege of going on an amazing journey with my Kin family. It definitely has not gone the way that I expected it to, but I wouldn't change this experience for the world!

It has been my pleasure to serve as your Governor this past year. I can honestly say that I don't think that I would have made it through the year without the support of an amazing team and the support of the members of District 1. For that, I can't say thank you enough! As members of District 1, you have gone out of your way to make a difference at all levels, for both your fellow Kin and your communities. I can't think of a better example of what the "Power of One" can do...whether it is one member, one club, one Zone or one District!

Like those who have preceded me, I would hate to miss anyone with individual thank-you's, so I will say it this way....**THANK YOU DISTRICT 1!**

Thank you to the Preston Family of Kin and the Collingwood Kinettes for providing us with wonderful weekends where we could conduct the business of the District and enjoy Kin fellowship, learning and growth. Your hard work was key in the success of this year.

I think that it would be safe to say that one of our biggest successes this year in District 1 has been Membership. Thanks to your hard work, we have had the pleasure of welcoming THREE new clubs to the District - the Flesherton Kinettes, the Drayton Kinettes and the Kin Club of Saugeen Shores. In addition to the charters, we have seen existing clubs welcoming numerous new members to the family of Kin! Congratulations to everyone, for making the time to make membership a priority, as this goes a long way to fostering success for Kin.

Thank you to the clubs of District 1 for welcoming the Power of One Team into your clubs for meetings, projects, milestones and celebrations. You took the time to include us in your accomplishments, and made us feel like a part of your Kin Family.

I was very fortunate to have a very dedicated team of individuals to work with this year on the District Executive. Together with an amazing group of Deputy Governors, we have worked hard to lead the District to the best of our abilities. And thank you to the home clubs of all of the Power of One Executive and Council members, for being willing to share your members with the District.

And I would be remiss if I didn't extend a sincere thank you to Chris Kekes, for getting things started for the Power of One Team in the first place. The Power of One Team would never have existed if it weren't for your vision, and I would definitely not have had the confidence to take on this challenge if it were not for your encouragement. My only regret is that life got in the way of us finishing this journey together.

Congratulations to all of the award winners in District 1. I would like to wish you continued success, as you move on to the National Awards competition. And with National Convention being in our backyard this year, I hope to see some of you in Toronto in August, to cheer on District 1.

The Kin year is drawing to a close, but I know that doesn't mean that Kin stops serving their communities greatest need. I would like to wish you all continued success in your upcoming projects...and please remember that extra help is just a phone call or email away!

Sincerely yours in Kin,

Governor Melissa



The Power of One Mission Statement:

To provide the best Member experience possible through fellowship, training and personal development, in an environment conducive to acceptance and tolerance.





We'd like to start off by thanking Governor Melissa and the entire Power of One team for their mentoring and guidance throughout the last year. It is through their insight, that the next year will be able to go smoother.

In the upcoming year, expect some changes in the way District 1 accomplishes the business of the day, while continuing on in a way that will hopefully make for a seamless transition. We will be bringing forward some new ideas that hopefully will make the District Executive more professional and at the same time make operations for the clubs even simpler.

We have our preterm meeting and Leadership Skills Seminar booked for the weekend of June 22nd in Dorchester at Camp Stevenson. Once again, we are hoping for members from across District 1 and even other Districts sending representatives if they so choose to hear a crash course in business practices from National President Melodie Morgan-Lemoeligou, who is a fresh presenter this year and will bring all of her business acumen to the table to educate the membership.

Our focus this upcoming year will be primarily membership based. It is a pilot project being brought forth in District 1 and if successful will be spread across the association in the next year. Using a priority based system, allocation of resources will be spent on first on clubs that need it the most. We are hoping that the stronger clubs in the area will reach out and help out the clubs that need some assistance. Getting their membership happy, healthy and growing.

We have the District Executive to make this idea work. They are hard workers and go getters and are itching to be able to help each and every club that seeks them out.

Remember: Green for Go, Green for Growth! Right here, right now, Let's GO!

Yours in Kin,

Joanne and Marty

Governors-elect 2014-2015

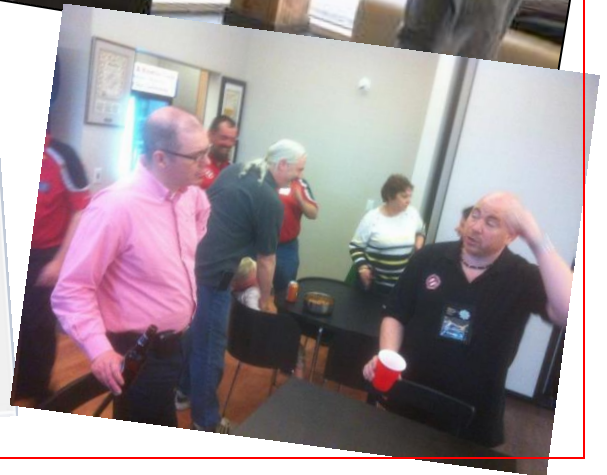
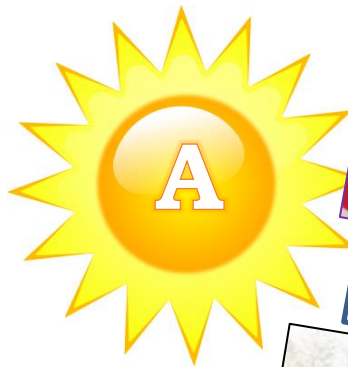




Hamilton Stoney Creek Kinettes are Crafty!!



Preston Kinettes welcome a new Member



Membership Report

Greetings, District 1

It's hard to believe the Kin year is almost over. Spring convention has come and gone (great job Collingwood Kinettes) and clubs are planning their year-end events and projects.

Speaking of projects, you may think that no one else cares about what you do as a club, but that couldn't be farther from the truth. When you share your project ideas with the rest of the district, you could be helping another club that may be struggling for ideas to raise funds. Conversely, another club's idea could inspire your club.

Projects are also a great way to share the gift of Kin with others. Volunteers learn how rewarding it is to share their time and talents to give back to the community, and may decide they want to belong to your club. And even if the volunteers don't join, they will go out into the community and tell others about how much fun they had helping you.

Speaking of joining, I am thrilled to let you know that April stats from HQ show that we are continuing in positive membership growth. We have recruited 146 new members since June 30, 2013 and brought back 35 former members, and have an overall positive growth of 19 members. That is fantastic news – let's keep it going!

In closing I would like to say that I have thoroughly enjoyed serving as District 1 Membership Director. You, the members, truly are #1, and I see great things ahead for this association if we continue to work together!

Have a safe and happy summer!

YIK

DMD Elaine



Incoming and Outgoing Cystic Fibrosis Service Directors at the Cystic Fibrosis Annual AGM



THE CONVENTION ..

THANK YOU DISTRICT ONE!!!!

1964 – the Convention was a wonderful weekend and the Kinette Club of Collingwood would like to extend a heartfelt “thank you” to each and every member that attended. Convention wouldn’t be convention without the people, and the people who joined us in Collingwood made this exceptional.

Thank you to Governor Melissa for extremely well run business sessions and an overall outstanding annual general meeting. To Odette Houle, congratulations on a wonderful awards evening. And to Bill Harris and Katie McKean, thank you for showing us how important our participation in service work and Cystic Fibrosis fundraising is not only to our communities, but to the nation as a whole.

We recognize that there was a bit of a let down on Saturday evening with some who were last in the line for dinner and for that we apologize. On your behalf, the Collingwood Kinettes have made a further donation to Cystic Fibrosis in the amount of \$750, and we hope that meets with your approval. Cranberry as well, extends their apologies.

Thank you for your co-operation with respect to the fire alarm! Apparently one is not allowed to cook omelets in the hallway; those of you first in line lucked out lol. I do, however, apologize for the lack of fire fighters tending to the alarm.

Congratulations and good luck to some club down south with a spurs, chaps and hats theme ☺; see you all there in the Fall, if not sooner.

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District 1 Spring Convention 2014 Award Winners

Maple Leaf Award of Distinction

*Kinette Club of Palmerston, Lisa Orth.
Cody Lobb, of the Kinsmen Club of Clinton.*



Gem Award

Cody Lobb, of the Kinsmen Club of Clinton.

Vision 20-20 Gem Award

Cody Lobb, of the Kinsmen Club of Clinton.



Jim Sterling Memorial Costume Award

*The Kinette Club of Grimsby &
The Kinette Club of Shelburne*



Kinsmen & Kinette Joke-Off Award

*Kinette Club of Palmerston, Sandy Mitton
Kinsmen Club of Hamilton, Marty Makins.*



District Website Award

Kinsmen Club of Fort Erie



District One Kinette Quill Award

Debbie Ruffley from the Kinette Club of Fort Erie

Bill Esson Memorial Kin Quill Award

Stewart Ruffley of the Kinsmen Club of Fort Erie



Kinette Public Relations Award

Kinette Club of Collingwood

Max Westlake Public Relations Award

Kinsmen Club of Grimsby



Bulletin Awards

Kinette Junior Bulletin Award Runner-Up
Kinette Club of Guelph, Mary Anne Bauman, Editor
Kinette Junior Bulletin Award
Kinette Club of Collingwood, Kim Dadswell, Editor

Kinette Senior Bulletin Award Runner-Up
Kinette Club of St Marys, Terri Iredale, Editor
Kinette Senior Bulletin Award
Kinette Club of St. Thomas, Jodi McLaughlin, Melissa Bishop, and Jackie Harris, Co-Editors

John Brooker Kinsmen Senior Bulletin Award
The Kinsmen Club of Kitchener Waterloo, Ron Couch, Editor

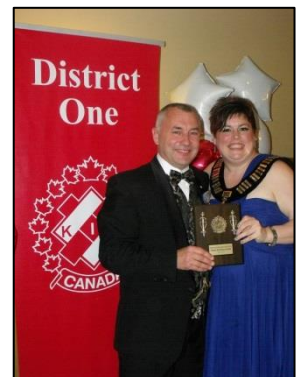


Ferne Carter Public Speaking Award

Nikki Williams from the Kinette Club of Shelburne.

Gord Harbinson Public Speaking Award

Stewart Ruffley from the Kinsmen Club of Fort Erie

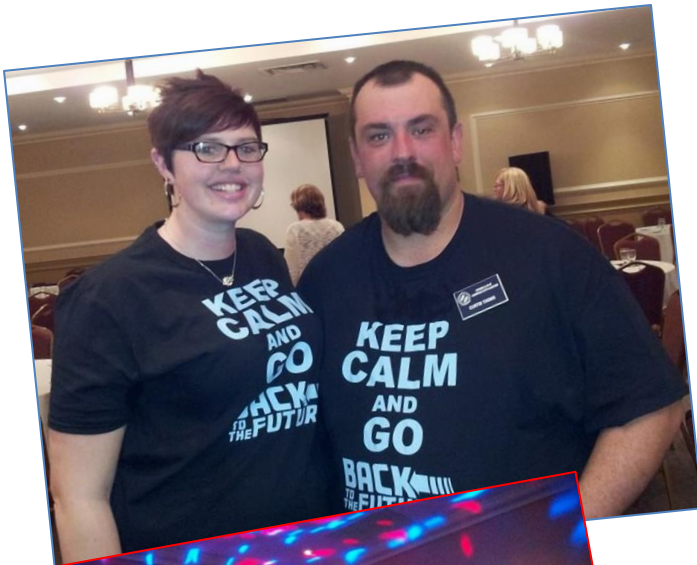


The Myrtle Wilson Memorial Service Award *Kinette Club of Tillsonburg*

Kevin Denbok Memorial Cystic Fibrosis Award *Kinette Club of Collingwood*



Spring Convention 1964 Memorable Moments



If you look at retirement like it's a championship golf course, the most successful golfers start by getting the best caddy.



You're the player, which means you're in charge of your game and the one making the shots. Your caddy should be putting you in the best possible position by giving you expert knowledge about the course and selecting the best clubs to use at each hole.

There are many kinds of caddies. But, when it comes to your retirement, wouldn't you want the kind of caddy who helps you achieve the same result without having to make all the risky shots?



By using a focused, tax-based approach, you can reduce risk and worry less about things like hazards and unpredictable rough areas. The course will be yours to master and we'll have you relaxing in the clubhouse after another great round.

You should be able to embrace your retirement like it's your favourite golf course.

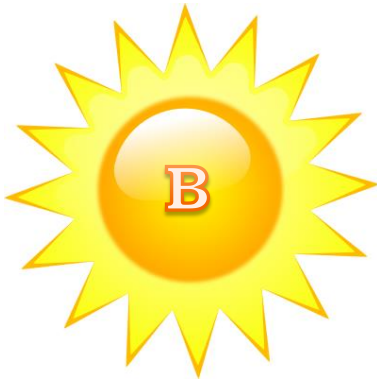


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Drayton Kinettes Mom 2 Mom Sale





Kinette Club of Wasaga Beach is Caring for you!

They are a small group of women but they are capable of incredible things! Just look at the success of their annual Christmas House Tour and all the wonderful things they have contributed to our community over the years.

Debbie Kesheshian, Personal Giving Officer of the Collingwood General & Marine Hospital Foundation stopped by a Kinette Club of Wasaga Beach meeting to thank the Kinettes personally and said, "I am thrilled to tell you that this donation brings your commitment to the New Age of Care campaign to the \$20,000 mark and raises your overall giving to \$30,000! It is truly remarkable that a group of your size is able to do so many things and help so many people. Congratulations to the Wasaga Beach Kinette Club and to everyone involved in the House Tour. There is so much work involved starting with the planning and ticket sales to the decorations and tea room. Every home owner who kindly opens their home and each person who buys a ticket must be thanked. The G&M Hospital is purchasing state of the art technology to care for our community because of this kind of support. We are so grateful."

Kinette Donna McLaughlin said, "The Annual House Tour is a lot of work for our club but when a group of women come together with a purpose and a vision, we can accomplish great things. Knowing our local hospital is ready to care for us is so important to every Kinette and we are pleased that we have reached this wonderful milestone of support."

You can see the difference the New Age of Care is making. Just call the Foundation office at 705-444-8645 to book a personal tour. For more information you can visit www.cgmhf.com

Pictured left to right: Kinettes -Jane Young, President & Donna McLaughlin with Debbie Kesheshian, Personal Giving Officer Collingwood G&M Hospital Foundation



Photo: Left to right

Gloria Smith, Karen Hammond, Jane Young, Sue Payne, Maureen Nolasco, Jill Foster, Doris Comly, Lynn Wilson, Donna Payne, Debbie Stavinga. Seated: Kathy Wilson, Jan Ware, Donna McLaughlin

** taken from the Collingwood General and Marine Hospital Foundation Media Release **

1 in 25

CANADIANS CARRY AN ABNORMAL
VERSION OF THE GENE RESPONSIBLE
FOR CYSTIC FIBROSIS



1,900

DIFFERENT MUTATIONS
OF THE CF GENE



**1 in every
3,600**

children born in
Canada has CF



4,000

CANADIAN CHILDREN,
ADOLESCENTS
AND ADULTS HAVE CF

Every week in Canada,
2 CHILDREN

are diagnosed with this disease.
Of the Canadians who died in 2012,
half were under the age of 32.



SINCE 1960,
CYSTIC FIBROSIS CANADA
HAS INVESTED

\$150

MILLION
IN LEADING
RESEARCH
AND CARE

70+ walk locations
across Canada in 2014

greatstrides



Taking Steps to Cure Cystic Fibrosis

MORE **\$5** MILLION

will be INVESTED
in 2014/2015 in supporting
43 RESEARCH PROJECTS,
27 FELLOWSHIP
and STUDENTSHIP
TRAINING awards



Cumulatively, CF patients
attended over

15,000

CLINIC VISITS

in 2012



\$18.5 million+

has been raised since 2005

Cumulatively,
CF patients
spent almost

20,000 days
in the hospital
in 2012



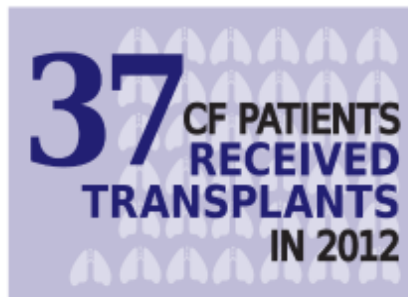
42 Cystic Fibrosis
CLINICS
across Canada



5 TRANSPLANT
CENTRES
across Canada



37 CF PATIENTS
RECEIVED
TRANSPLANTS
IN 2012



**49.7
YEARS**

THE MEDIAN AGE OF
SURVIVAL OF CANADIANS
WITH CYSTIC FIBROSIS, IS AMONG
THE HIGHEST IN THE WORLD IN 2012.

Kin Canada



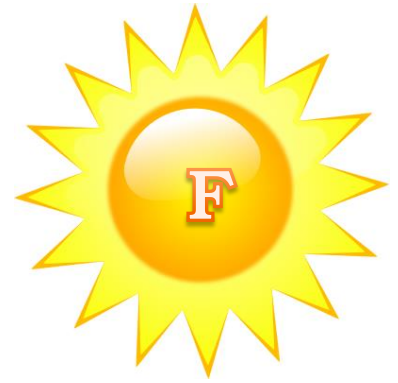
Canadian service organization [Kin Canada](#) is Cystic Fibrosis Canada's oldest partner whose continued commitment has made a difference in the lives of Canadians with cystic fibrosis. Kin Canada's continued commitment to Cystic Fibrosis Canada has been the driving force behind cystic fibrosis research, clinical care and advocacy advancements. Dedicated Kinsmen and Kinettes have done an outstanding job at both raising money and awareness for this devastating disease. In 2012, Kin Canada surpassed the \$40 million fundraising milestone – *a tremendous achievement!*

Cystic Fibrosis Canada is honoured to be part of this outstanding partnership and is thrilled to celebrate our **50th anniversary** this year. This partnership has come a long way since its establishment in 1964. When Kin Clubs of Canada first joined the fight against cystic fibrosis, children diagnosed with this devastating disease were not expected to live past the age of kindergarten. Today, almost 60 percent of Canadians with cystic fibrosis live well into adulthood, with many attending universities, having families and participating actively in their communities.

Kin members spend countless hours each year both organizing and participating in fundraising events and activities in support of Cystic Fibrosis Canada. They hold golf tournaments, lotteries, telethons, galas, bake sales and bottle drives to upkeep their commitment to raise awareness of and help find a cure or control for cystic fibrosis.

Cystic Fibrosis Canada is truly inspired by Kin Canada's commitment and we look forward to many more years of success and friendship.





Year One – My St. Thomas Kinette Experience!

It's hard to believe that it has been almost a year since the St. Thomas Kinettes had their Charter night on June 22 and I became the 1st President of this amazing club! It was a special evening and proud moment for the Kinettes and recently it was exciting to hear of the Drayton Kinettes and Saugeen Shores Kin Club having their charter night, knowing what they were going to experience! So, I've been asked to tell you my story and personal experience that this incredible journey has taken me.

From the inception of the idea by the St. Thomas Kinsmen, in October 2012, we were invited to attend a Kinsmen dinner and meeting to hear more about forming a new Kinette Club. It was a very welcoming, fun and inspiring evening and I thought to myself, I can do this and would like to see it happen. There were a few ladies who attended and didn't know each other, except the friend we may have attended with. It was a little intimidating but exciting and we left with a sense of enthusiasm, looking forward to the next steps. We began the monthly meetings with Terri Iredale, Marcus Muxfeldt, Drew Else, other Kinsmen and guests learning Kin education, team building, inviting more ladies and having fun! By April we finally had our 15 ladies, we chose our Executive and the charter process began with our celebration date of June 22, 2013. It was then I was informed I was to present a speech in front of many strangers, it had been awhile, then it also hit me, "I'm President" and what was expected of me and what do I do? The anxiety and nerves kicked in with a side of panic of what was to come and people who were looking towards me. We were a brand new club with members who barely knew each other, minimal Kinette experience, so what now?

Well, I asked lots of questions, some repeatedly, read the materials and did some research with other clubs and Kin Canada etc. There is plenty of information out there and I pulled from the resources what we could use within our club and start from there. The suggestions and help we received were welcomed and needed, from this we strived to make it our Kinette Club best we could and deal with things as they came up. The Executive continued to meet throughout the summer to be ready for our 1st General Meeting in September and once again panic hit me! I realized I now have to Chair the 1st meeting with 15 members and guests and that was intimidating. I mustered my past experience with other organizations and followed my agenda and before we knew it, our meeting was moving along and things were happening, it was a great feeling. From then, our monthly Executive and General meetings progressed and the club was on their way to getting things in order. I felt a sense of its going to be just fine.

For me, so much has happened in a few short months that makes me feel very proud to have shared, with a great bunch of women, our many firsts...the "On Track" Bulletin has received awards in our 1st year, plus other member recognitions, we raised funds at various 1st events, been involved in community service work, participated in fun monthly socials, attended other club events for the 1st time, had our 1st club elections and a personal best, my 1st Kin Kamp! I'll be honest though, it's been a very busy time with the work needed to be done and not always easy, especially being a new club. I guess my biggest frustration came with the incorporation of our club which has been a long, frustrating process due to issues with a previous Kinette Club of the 70's! In fact we're still dealing with the matter. There were times of feeling not sure what we were doing and having to ask others, sometimes more than once! We came to realize that not all things are done exactly the same and we need to decide and choose what works best for us and find common ground

amongst us. Other times, it just felt overwhelming to try to get the right information and make the right decisions. We got through some challenges and difficult moments realizing that this too is part of being a growing club. I'm very grateful to those who have helped in my most difficult moments, for the support, great ideas and suggestions and for listening when I didn't know who to turn to. Even when I wasn't sure if all was going the way it should or second guessing, I guess the results and accomplishments speak for themselves.

Other 1st experiences for me, was attending the Fall and Spring Conventions. The Fall Leadership Convention was a great educational experience and I enjoyed learning more about Kin, sharing with others from the various clubs and hearing their thoughts and ideas. I realized I was not alone and this was a positive reinforcement for me coming in as a new President to a new club! The good fun and lots of laughs were all part of feeling this was a good place.

Then the Spring Convention in Collingwood "Back to the Future" theme hosted by the Collingwood Kinettes. The Collingwood Kinettes did an amazing job! I found it to be a very inspiring, positive experience and felt welcomed by everyone! The repeated mention of us 1st timers to the convention was reassuring that we were important and acknowledged! There was much to learn and take in and all the happy moments shared by other clubs of their amazing fundraising events and accomplishments! I personally liked the fact that discussions, disagreements, opinions and ideas were shared freely with no judgement and consequence. Not to forget the fun, there was plenty of fun and lighthearted joking.

So now it's time to celebrate and recognize our accomplishments and the hard work of everyone in our 1st year. The Kinettes are happily planning a fun celebration party for July! My position as President is winding down and I'm excited to pass the torch on to President Jodi McLaughlin, wishing her great success. I'm looking forward to what the future will bring the St. Thomas Kinettes and their growing success and where my journey will continue.

Warm and happy wishes,
Yours in Kin,

President Terry,
Kinette Club of St. Thomas



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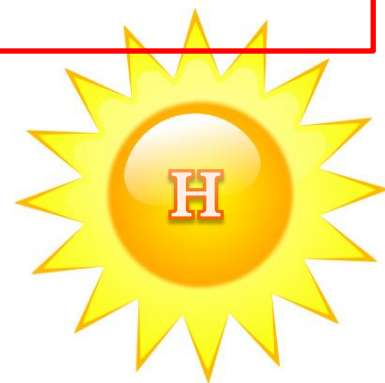
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Save the Dates and the information

FLC ~ Windsor ~ November 7,8,9th/14
Spring Convention 2015 in Sarnia



Turn Rumours Into Laughs

Every Kin member and Club has experienced the Kin Rumour Mill. Whether the rumour was about you or someone else, Clubs across the District have, at one time or another, been affected by a rumour. The vast majority of the time, this has caused a negative effect.

Those that have done the “Rumour Has It” exercise of the Rejuvenation Series (aka the beach ball one) have experienced firsthand what can happen when members or the whole Club take their eye off the ball because of distractions such as rumours. It really gets people thinking about what the Club is focused on throughout the year. If you’ve done the beach ball exercise, you know how to prevent that from happening again. Remember the 2-step method: 1) Ask the gossip “What does this have to do with Serving the Community’s Greatest Need?” and 2) find out, “Is it true?”

That has proven to be a fantastic tool moving forward. But how do we address the rumours that are already “out there”? There is another equally simple exercise your Club can do to wipe out the rumours – and it actually just might produce some laughs at the same time.

Jimmy Kimmel’s “Late Night Live!” show is gaining more and more popularity, thanks to great segments such as his latest, “Celebrity Mean Tweets”. You can do a simple YouTube search and watch – and laugh! Celebrities appear on camera and read – out loud – some of the mean or malicious tweets about them. A-list actress Julia Roberts read one of the mean tweets said about her; “...Her gigantic mouth looks like it will devour an elephant in one bite.” No celebrity is safe from the mean tweets – everyone from Don Rickles to Emma Stone to Andy Garcia has appeared in the Mean Tweets segments.

The beauty of Mean Tweets is that it takes what was intended to be a malicious jab at famous people, and instead makes audiences – and the celebrities themselves – fight back with laughter. Suddenly the tweets are no longer “mean”; rather, they’re just stupid and funny. The sources of those tweets are essentially made to look like immature fools – judging by their tweets, that’s what they are.

So how does this help your Club? Easy. There are always rumours – in and outside the Club. So as a simple exercise, have everyone bring to the next meeting, the top five rumours they’ve ever heard about themselves. During the meeting, instead of a fines session, have your own version of Mean Tweets – each person will read, out loud, their favourite rumours about themselves and encourage everyone to have a clever or funny response to that rumour. Let the laughs begin!

Just as fire needs oxygen, rumours need fuel, too. They need people who spread them, people who listen to them, and people who believe them. By turning the rumours into a joke, you’ve cut off that fuel and the rumours die. Plus you get a lot of laughs.

Does addressing rumours get any better than that?!



Tanya Bettridge
National Membership Committee
www.kincanada.ca/rejuvenation

Kinette Club of Drayton ~ May 23 2014



Saugeen Shore Kin Club ~ May 31 2014



Charter Fever

*** as presented at the Charter Night of Saugeen Shores Kin Club ***

Saugeen Shores Kin, WELCOME to the Family of Kin. Now if I may, I would like to share a few words with you. The rest of you can listen if you like, or talk among yourselves, just keep the noise down.

President Christine asked me to come and speak with you tonight about what a rewarding experience Kin can be. I am happy to tell you about some of my experiences, but your rewards will be up to you.

Many years ago, a young man recently home from the war had a dream. He had a dream of making friends, developing contacts with people from all walks of life, and of working with those people to make a better community.

That dream caught on. People began joining Hal from all across the country. As the fever spread, groups of people began building arenas, sports parks, feeding the less fortunate, sending aid to other parts of the world, and doing as many varied and different projects as there were people to do them.

And now the fever spread has spread to you.

You are now members of the Saugeen Shores Kin club, and as such, have a commitment to both the club and the machine that drives it, Kin Canada. You are not volunteers anymore. You will do some volunteer tasks, but as members, it is up to you to identify and fill the needs in your community as best as you can. It is also up to you to fulfill the needs of Kin Canada at the zone, district and national levels. We need the machine to work properly as a whole in order for the individual clubs to be successful, and to get the proper tools and training that they require.

Kin is a very unique organization. We are not limited to just doing kids programs, or seniors programs, or sponsoring hospitals. We can do anything we want, as long as it is moral, legal and ethical, hence our motto, "Serving the communities greatest needs." Your challenge is to determine what those needs are and how you can best fulfill them. Talk to your community leaders, or other charity groups. You might be surprised at what you learn.

That is one reason why Kin is so special. You determine what it is you want to do, and then you have the rest of the Kin family to draw from for support, training, or whatever you need. You will do things that you never dreamed of. Already, I bet that some of you never thought you would be spinning maple cotton candy, or raffling off a car, or BBQ'ing for 1000 people. I bet you never dreamed you would build a garden in Yellowknife, or canoe on the Ottawa River, or have lunch served to you in the Quebec City Hall, or have a food fight in Molson's board room. The possibilities are endless.

All these experiences are going to lead you to new people who you would probably never have met otherwise. Some of these new people are here tonight, and others you have not met yet. Some will become lifelong friends. All of them will be there for you anytime you need them.

So, now you met some new people, made some new friends, and had some new experiences. Now what? What is in it for me? What should I expect to get out of all this?

That is up to you. What you get out will depend on what you put in, but I can tell you this, that if it is done correctly, there are no other rewards like it.

Kin, in its uniqueness, does have a product that all clubs generate. Kin produces LEADERS. Kin develops leaders for our clubs, our home, our businesses, our communities and our country.

All the little things we do in our clubs, helps us to grow in many ways, which teaches us to be leaders. Singing O'Canada, and the Kin song, help us to identify who we are and why we are here. Addressing the chair, or proposing a fine teaches us public speaking. Planning a BBQ leads to organizing larger projects, not only in Kin but at home or work as well. By being involved, you develop these skills in a relatively low risk environment with lots of friendly support.

What are the rewards? There are many. Your own personal development for starters. Improving the community in which you live for another or Enhancing the life of someone who you may never meet.

Every dollar you raise, whether one or a million, makes a difference to someone's life. A Cystic Fibrosis patient will live longer, playgrounds will be safer and more user friendly, people will be fed, entertained, and made just a little happier.

One day, someone will come up to you and say "Thank-you for doing what you do."

One day, maybe your daughter will come up to you and ask you to speak to the new Kin club that she helped to charter. Then you know it is all worthwhile.

Life Member Darrell Cooper

Past Governor District 1





Charter Night Moments

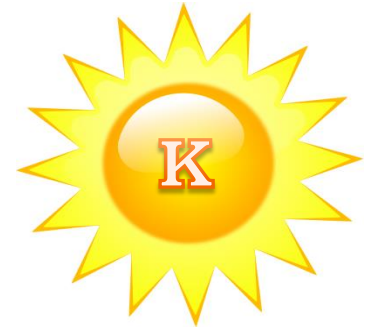


The Kinettes in Zone K have been busy with many projects this year to support their communities. Most clubs have repeat projects that have proven to be successful. Along with those many clubs have tried new ideas this year that were very successful

Clinton

The ladies in Clinton have been working hard this year. As in other years they sold poinsetteas, pizza, gift cards and popcorn as well as catering for Kinsmen and other Service clubs raised funds for service and Cystic Fibrosis. Two new projects this year were a Christmas Home Tour in November and Beautiful You Pampering night in May. Both were very well received by the community and will very likely become repeat projects.

Along with the Kinsmen in Clinton the Kinettes organize the Terry Fox Run, Santa Claus Parade and Childrens Party, Easter Egg Hunt, TV Auction and coming up soon, the largest fundraiser for the year, Pluckinfest.



Goderich

Goderich Kinettes are a small group but are able to do alot for the Goderich area. A major project for them is the Fresh Start program. This program in helps at risk high school students with basic essential health products, clothing etc. This year they also helped with SummerFest, Terry Fox Run, Santa Claus Parade and Party, Easter Egg Hunt and colouring contest, TV Auction and took over maintenance of some local community flower beds.

Hensall

The club in Hensall is very involved in their community. They support many community projects such as ball and hockey tournaments and lottery, community garage sales, Fall Fair, flower pots, and Terry Fox and Great Strides walks.

Mitchell

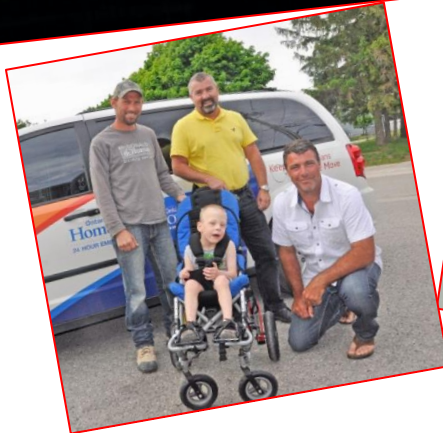
The Kinettes in Mitchell support Blood Donor Clinics, and Seniors dinners and Card Party, Mom to Mom sale and other community projects. They are very involved in the Beach Party and Duck Race as well as help sell fireworks for May long weekend. A new project for this year was a Family Day Party for local children with clowns, entertainers, and penny sale.

St. Marys

With one of the largest clubs the St. Marys' ladies are always working hard. They sell poinsetteas, hold Ladies Night, deliver Meals on Wheels, Blood Donor Clinics, and serve dinners at Seniors Homes. A major project for the club is the annual Spring Auction and along with the Kinsmen Summerfest, Santa Claus Parade and Easter Egg Hunt. They also enjoy many club social events such as the latest Progressive Dinner Party.

All of the ladies in this Zone are very, positive, energetic and willing to go above and beyond to make their clubs successful and communities better. They continue with proven projects that the community enjoys and supports but are always willing to try new ideas and projects to promote their clubs and communities.

Congratulations to all the Kinettes of Zone K on a great year serving the communities greatest need.



Helping to make your plans brighter

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 Kitchener, ON N2H 6M6

Life's brighter under the sun

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Projects: **The Kinette Club of Collingwood** 3rd Annual Yard Sale for CF

Who: As many of your club who are available both the night before for sorting and setting up and the day of to help the customers

How: 1-2 weeks before you decide you're going to host a yard sale you get the publicity machine rolling, so posting on event calanders for local radio stations, newspapers, community association, facebook etc anywhere and everywhere you can think of that will let you do a FREE post. You will be asking for items to be donated so you can sell them as well as creating the event and inviting people to attend.

Borrow some tables to put the stuff on (ask people to label those tables so everyone gets the right one back). Create your posters to be placed in strategic areas around town make them big and easy to read. Most important things to put on the poster is Kinette Club Charity Yard Sale, the date and place. If you can get them out a couple days in advance then perfect. (just don't forget to remove them after the sale, so remember where you put them).

The night before your sale get everyone available to help sort out and set up for display the items you have collected. Save yourselves some stress and don't put prices on every item. Tell the customers that there are no prices and everything is for sale by way of a donation. (some people are quite generous, some not, some give what they can some give what they feel they must but it is easier that way) Still feel free to bargain with them if you feel they could do better on an item. If they offer \$5 for something suggest maybe \$7. Towards the end of your sale if there's still lots left then it's fill a bag/box for \$5ish. After your sale is over, place the items at the end of your driveway for free and leave it till the next day (you'll be surprised what "vanishes in the night") recycle what you can at metal places, reuse it centers, goodwill etc. After that it's going to the dump or someone's dumpster.(we are fortunate enough to have a member with an automotive business who has a dumpster she allows us to add to) Pay your dumping fees, count up the money and rest your feet and knees till the next event.



Why: many people do not have enough items to run a successful yard sale on their own. So put out a call to the public to ask for donations to your yard sale(we had a car port that people could drop off in any time so no one has to be there to accept the items)

Why else: everyone loves to give to charity especially if it doesn't cost them money, gets rid of items deemed good but unneeded, keeps said items out of the landfills, allows someone else to get the items.

Why else again? For CF. nuff said.

When: we have held this event 2 times in July and once in May so far. I think perhaps it depends on what your club members want. But in July it's really really hot, in May there's a chance of rain. So roll the dice and take your chances but don't do it too late in the summer as yard sale season ends around the end of July or so (at least around here it does)

Results: We made just over \$800 for the couple days work with \$0 investment and probably \$20 in expenses. The rest is sweat equity. We also helped raise awareness about our club since we handed out our membership postcard with each purchase and a CF Daisy Pin.



Incoming & Outgoing District 1
Cystic Fibrosis Service Directors:

Dan Strugar, Bill Harris,
Tiffany Allen & Katie McKean



Projects: Mount Forest Kin Club

Mount Forest Kin Club Road Toll taken place at the corner of Hwy 6 & 89 in Mount Forest.



We had a great day despite the cold temperatures. Our road toll is one of our biggest fundraisers of each year. We meet many travelers heading to Sauble Beach.

The pictures don't appear to have much traffic as I was playing safe and waiting for a break in traffic.

On another note our club has been invited to participate in the 1st Annual Community Connections on May 31st. This event is an opportunity for service and volunteer groups in the Mount Forest area to showcase what they have to offer individuals in the community that may be interested in volunteering.

We are planning to raffle Mount Forest Kin Club stemless wine glasses (leftover from our 50th anniversary) and pens - with our club information on them. We plan to use the information provided from the raffles - name, address phone # of individuals - as a means of contact/invitations to our Kin events with the possibility of gaining new members.

We intend to show the video we put together for our 50th celebrating "50 Years of Kin in Mount Forest". We will also have for viewing several Zone and District award winning projects our club has been received from the last few years.

One of our biggest projects was the Fire Safety House used to teach children safe exit strategies from their home during a fire. The Fire Safety House will also be on display during this event. Another opportunity to showcase what Kin can do for the community.

I plan to take pictures and will send to you the next day (June 1st) with a short blurb of the event.

Lynn Williamson
Mount Forest Kin Club



Projects: **Dresden Kinsmen Club Pet and Hobby Parade.**

The Parade was started in the depression by a local minister to raise spirits in the community during the tough times of the dirty thirties.

Dresden Kinsmen Club was chartered (1939) after the event was established but took over the running of the parade in the mid 1940's. Parade has been an annual event.

There is a theme to each parade, this year being "Down on the Farm". The parade has had numerous routes over its long history but it always makes its way down main street and ends up at the original town square which is now Jackson park just down from the street lights.

At the end of the parade there has been hot dogs and refreshments served for all attendees and horse drawn wagon rides. For the past several years the Club has hosted a small fun fair with bounce toys and other carnival games at the park.



Projects: Dresden Kinsmen Club 2014 Kinsmen Cup

Annual bantam and novice house hockey league tournament. Tournament is hosted by the Dresden Kinsmen Club as a fundraiser for Dresden Minor Hockey.

Our club sponsors the event, runs the event with some parent volunteers for scorekeeping and check-in counter. We feed the participants and supply the trophies for the event. This year was the 11th annual. To date the tournament has raised over \$50,000.00 for Dresden Minor Hockey.

2014 Novice Champions - Mont Brydges Cougars

2014 Bantam Champions - West Lincoln Wrath

Dustyn Pumfrey

Dresden Kinsmen Club

Deputy Governor - Zone G



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Stephen.Bronn@holliswealth.com

<http://www.StephenBronn.com>

Projects: **Kinette Club of London Presents Blood Pressure Cuffs**



The Kinette Club of London met at University Hospital, on the 5th Floor Cardiac Care Wing to present, Jo-Ann Richardson, Coordinator 7 large sized blood pressure cuffs.

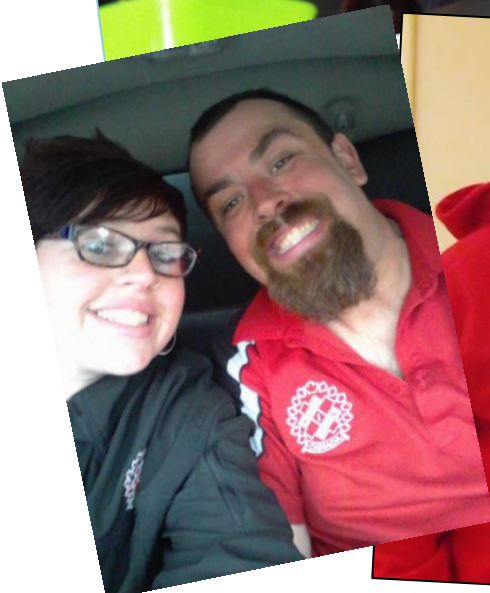
The funds were raised for the blood pressure cuffs by the Kinette Club of London at their Valentine's Dance chaired by Kinette Kym Teetzel and Sarah Hallam.

On hand to present the blood pressure cuffs were Nurse Mark Studenny, Patient Ty Fieldhouse and Kinettes: President Beatrice Crowley, Sarah Hallam, Carol Cooper, Cheryl Brydges and Esther McKenzie.

Kinette Carol Cooper, club historian and media relations chair, said that, "The Kinette Club of London has donated equipment or raised funds for equipment for the London area hospitals since forming in 1940. The Kinette Club of London is part of Kin Canada, an all Canadian Service that serves the community's greatest needs."



Don't Stop having Fun !!!



Projects: Collingwood Kinettes My Friends House

The Kinetite Club of Collingwood invited a guest speaker to our meeting from My Friend's House, which is the women's shelter in our area.

This twelve bed facility serves the entire Georgian Triangle which includes Collingwood, Creemore, Wasaga Beach and Stayner.

Although I knew that My Friend's House has been operating here for a long time, I didn't realize just how important a facility like this is to our area. In 1 year they have helped over 600 women and taken 1200 crisis calls. There is staff there 24/7. They also helped council 50 children last year in schools. Some of these women and children often leave with nothing but what they are wearing and often in the middle of the night.

We had heard about a project from another club that collected purses and toiletries to donate to shelters. We gratefully took the idea to our club members and decided that My Friend's House would be a place that we would like to help.

Club members put the word out and over the next few months we started collecting items. With the help of our members, family and friends we collected items such as toothbrushes and toothpaste, soaps, shampoos, body lotion, hand creams & anything we could think of that could be used at the shelter.

It was a very proud moment at our meeting when we presented 2 baskets and a box full of items to help out the shelter. This is a very easy project and I think that this can be an ongoing one for our club to do.

YIK,

Debbie Hodgkinson
Kinetite Club of
Collingwood



Projects: **Hamilton Kinsmen Club Great Strides Walk**

On Sunday May 25th, the Hamilton Kinsmen hosted their 4th Annual Great Strides Walk at Hamilton's Bayfront Park.

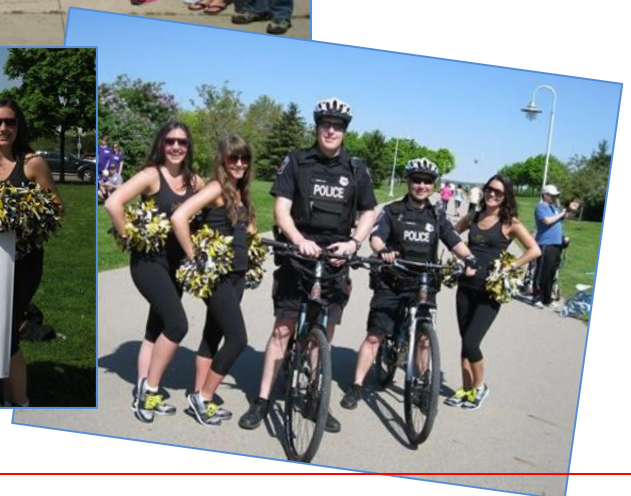
The weather was perfect for the walk along the picturesque harbour view. This event attracted over 700 participants, about 100 more than the previous year. There were giveaways and numerous events for children along the 2 kilometre route.

To help cheer on each of the teams, the Hamilton TiCat Cheerleaders, Hamilton Firefighters and Hamilton Police Dept were on hand to help brighten the day. The numbers aren't official, but it appears that our total pledges to-date are \$131,500, exceeding last year's \$127,000.

In our 4 years of running this event, our Club has raised over \$375,000 for Cystic Fibrosis.

Special thanks this year goes to Curtis Thoms and the over 40 volunteers we had on the day.

Chuck Russello, BA, CPA, CMA
Event Chair
Past President
Kinsmen Club of Hamilton





District 1 is helping to make Great Strides...

ONLINE SERVICING REPORTING

2013 - 2014 Kin Year (as of 06/06/14)

District	Total Clubs	Total Clubs Reporting	Percentage of Clubs Reporting	Total Community Service Dollars Raised	Total Community Service Hours Worked
1	101	14	13.9%	\$48,884.22	2810
2	45	5	11.2%	\$19,730.83	3453
3	78	8	10.3%	\$58,855.47	4656
4	80	13	16.3%	\$444,836.39	9492
5	38	1	0.03%	\$80,000.00	1408
6	26	4	15.4%	\$28,564.31	1771
7	63	15	23.8%	\$232,946.00	10666
8	39	7	18%	\$14,346.54	768
Total	470	67	14.3%	\$928,263.76	35,024

WITH ONLY 13.9% OF CLUBS REPORTING IN DISTRICT ONE, COULD YOU IMAGINE OUR TOTALS IF ALL CLUBS WERE REPORTING THEIR PROJECTS?

POTENTIAL REPORTING STATISTICS

COMMUNITY SERVICE HOURS WORKED: WITH CURRENT STATS, APPROXIMATELY 201 HOURS WORKED PER CLUB WOULD EQUAL 20,301 HOURS

COMMUNITY SERVICE DOLLARS RAISED: WITH CURRENT STATS, APPROXIMATELY \$3492 RAISED PER CLUB, WOULD EQUAL \$352,692.00

TIPS FOR ONLINE SERVICE REPORTING:

1. DELEGATE ONE MEMBER OF YOUR CLUB TO COMPLETE ALL ONLINE SERVICE REPORTING (I.E. YOUR VICE PRESIDENT)
2. HAVE THIS PERSON FOLLOW UP AFTER AN EVENT WITH THE PROJECT CHAIR TO ENSURE A PROJECT REPORT HAS BEEN COMPLETED – PLEASE SEE NEXT PAGE FOR A PROJECT REPORT EXAMPLE THAT INCLUDE ALL QUESTIONS YOU WILL NEED TO FILL OUT THROUGH ONLINE SERVICE REPORTING (**NOTE:** CONTACT YOUR DEPUTY GOVERNOR FOR AN ELECTRONIC COPY OF THIS FORM)
3. DON'T FORGET TO SUBMIT SERVICE ONLY PROJECTS TOO (I.E. KINDNESS DAY, DELIVERING MEALS ETC.)

ENTERING YOUR PROJECTS ONLINE WILL NOT ONLY GIVE US MORE ACCURATE TOTALS, BUT IT WILL ALSO HELP YOUR CLUB WHEN WORKING ON THOSE PROJECTS THE FOLLOWING YEAR. LET OTHERS LEARN THROUGH YOUR REPORTS AND MAKE SURE TO INCLUDE ALL DETAILS. HAPPY REPORTING!

How Awards Make Clubs Healthier

“I’m not in it for the awards.” “We don’t do awards.” “We like just doing stuff for our own community.”

There are some signs of a Club that stands in its own way between the Club they are now, and a Club of “awesomeness”. Here are some of those signs:

- Clubs that use the above phrases
- Clubs that have low membership or high turnover in membership (members always coming/going)
- Clubs that have members who don’t stay very long or who burn out
- Clubs that never/rarely leave the four walls of their Club or lack Kin education or connection
- Clubs that frequently complain about dues (or... the lack of value for their dues)
- Clubs whose membership has become stale and/or old (no new members, no young members) or who don’t have new leaders stepping up.



What if we told you that something as simple as participating in the Kin awards, could help resolve those issues?

Maple Leaf/Founder’s Awards – these are awards for individual members to strive to achieve. Here’s how they help boost the Club:

- The criteria for both require a member to explore Kin beyond just being a member. Attendance at Kin events outside the Club, visiting other Clubs, etc., are all points to be earned. Statistically, members who explore Kin outside the Club tend to stay in the Association longer and want to explore leadership opportunities, professional growth and new friendships.
- Both awards have a balance of service and membership aspects – from bringing in a new member to chairing a project to participating in Kin Education; all of these are a direct benefit to that member’s Club.
- Both awards are “forever” awards. That member can forever say that they are a Maple Leaf and/or Founder’s Award recipient. The level of pride and sense of accomplishment tends to give that member a big boost and new level of confidence. Such positivity and confidence usually leads to a higher quality member for the Club.

Other Individual Awards – awards for things such as writing, public speaking, joke-telling, Cystic Fibrosis awareness, etc. are all about personal and professional development. But, they also improve Club health:

- Any member who throws themselves into these awards will grow personally and professionally. They can become candidates to be a spokesperson for the Club at events, contribute humour to the Club’s meetings, write articles that will be accepted and used by local media to promote the Club and its projects, and can become a confident, knowledgeable next Club President.
- New or newer members who are encouraged to participate in the awards program will benefit from the growth and learning curve. The awards give them something to do right away and provide that sense of accomplishment. These people will stay longer and will have that “let’s exceed expectations” attitude toward your Club and the work it does.

Club Awards – from the Boake Efficiency to Bulletins to Bill Skelly, the participation in Club awards has numerous benefits for better Club health:

- Compliancy – there isn’t a more effective “panic button” than when a Club gets the letter informing them that they’re not compliant with Kin Canada, or worse, in danger of being Not In Good Standing. Awards like the Boake promote compliancy and will keep your Club well away from that panic button.

- Communication – bulletin, website and public relations awards are all about internal and external communication. A club that has an award-worthy bulletin is a Club that keeps its members informed in all aspects of the Club and Kin. Those Clubs that follow awards criteria for their website and/or public relations are Clubs that have excellent external communication. They're the Clubs that establish strong relationships with local media to promote their Club and its projects/events or that have a website worth visiting again and again. Having a strong, solid presence in the community via these avenues is crucial to Club health.
- Club Pride & Recruitment – winning an award is a wonderful moment, but it can have a more lasting effect, too. Award-winning Clubs can use their award to promote the Club and its success in local media, within the Club and in its recruitment campaigns. Given the choice between a service club and an “award-winning” service club, people will choose the winners!
- It just feels good – having that external validation that your Club was the best at something just feels good. It's a sense of accomplishment. It's that feel-good feeling to know that when your Club makes a difference in the community, it does so with excellence – it raises the bar and exceeds expectations.

All Kin Awards – whether it's a group effort or an outstanding individual's contributions, Clubs can reap so many benefits to participating in awards:

- There is always that one member who is a total work horse, who rolls up their sleeves and is there whenever the Club needs them. Sometimes that member is already a Life Member or doesn't qualify for a Life Membership... wouldn't it be grand to bestow an honour on that member by submitting them for an award?
- Awards give the “Been there, done that” members something new and fresh to focus on. Ask those super-experienced members to work with a newer member on an award submission. Or maybe challenge those super-experienced members to do Speak-off or submit a Quill. You would be amazed how quickly awards participation can renew energy or find a new niche.
- Club Unity & Pride – ask any Club how they felt when they found out they won an award together. Ask any member how they felt when they were surprised with their Founder's Award, or how a newer member felt to know they had achieved their Maple Leaf. That sense of accomplishment can't be bought. It can only be earned.
- It's a pure and simple way to gain positive exposure in the community. When the community sees or reads that your club is an award-winning one, it can't help but boost the Club's image. It makes people want to be a part of it. You never know who is watching/reading – maybe your Club winning a Bill Skelly Award will prompt that 23-year old graduate to check you out online, realize your Club doesn't have a website and thinks, “Hey, I can design a website... I wonder if they'd let me do one...”

What many Clubs and members don't realize is that a lot of the criteria for awards can be fulfilled without doing much differently, especially the ones for service. A club that starts its Kin year by comparing the awards to what the Club and its members plan to do throughout the year is a Club that gets a head start on award eligibility.

Awards are more than holding a certificate or banner in front of a camera. Awards are more than a spotlight. Awards can be a Club's journey to stronger, healthier membership or can be the final step to awesomeness.



Tanya Bettridge
National Membership Committee

Odette Houle
District 1 Awards Chairperson
2013-1014

Now you are saying:

We want to get involved with some Awards..

Where do we start?

- Does your club have an Awards Chairperson?

Where do we find all the Awards and the Criteria?

<http://www.district1kin.ca/index.php/DistrictTeam/Awards>

<http://www.kincanada.ca/awards?na=5>



Who can we ask for help?

- Your incoming District Awards Chairperson Wendy Rolfe
- Your incoming Zone Deputy Governor
- Your Governors
- Past District Council members are great resources ☺



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Celebrating Life Memberships

Tom Neilands
Marvin Taylor
Neil McAllister
Kinsmen Club of Hensall
April 24th 2014



Larry Charlong
Kinsmen Club of Hamilton
May 10, 2014



John Danbrook
Kinsmen Club of Tillsonburg
April 18, 2014

Russ Jackman
Kinsmen Club of St Thomas
June 14th, 2014



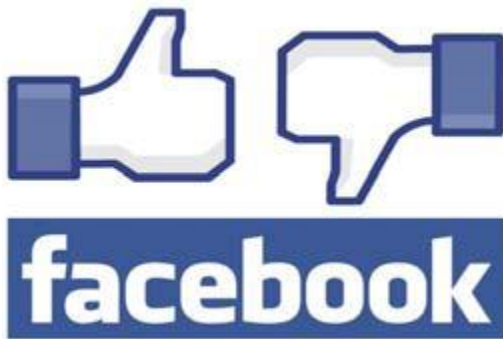
“ I endorse the use of **Facebook** for a number of purposes; Kin Canada and its clubs can benefit greatly by advertising upcoming fundraising projects and events, highlight successes and accomplishments, advertise for new members and sponsors, and share information on our association’s purpose and goals, as well as upcoming club, zone, district and national business and conventions.

If your club chooses to have an account it should be maintained by an assigned responsible club member who is willing and able to administer the account. The responsible member should ensure information posted on such a site represents Kin Canada, clubs and members in a respectful manner and that all information is factual, well-written and will benefit our aims. The member should also ensure photos of events, projects and socials present us all in the best light, without advertising a ‘beer bash’.

Such a site can be invaluable to us by providing a connection to our members, other clubs, community, benefactors, partners and politicians.

Use of your personal Facebook account is another matter altogether. If you enjoy your time with Kinsmen, Kinette, Kin Clubs, Zone Teams, District Teams and National Teams, we are happy; however, we should be aware that our readers understanding of what the Kin Canada Association stands for and does could be misinterpreted depending on your pictures and statuses.

Often we make comments, that when taken out of context, can cause those not familiar with Kin to shake their heads or make them think things that could be damaging to us. Comments made regarding Kin events, socials, projects or other members require each of us to consider any ramifications they could create. After all, more than your Kin friends see those comments.



If there is a need for constructive criticism regarding a Kin event or individual, please rethink your delivery mechanism, perhaps a face-to-face, telephone call or an email to the proper Kin authority, project chair, club executive member, deputy governor, governor, etc., would be more appropriate than on social media.

I realize that we don’t intend to sabotage our Kin Canada colleagues or ourselves but on occasion, we do it, often without realizing it.

Why? I believe that in today’s world, instant communication often makes us forget to take that extra few seconds to rethink what we say or reread what we write **before** we press say it or press that send button. Ask yourself, **“Is this the right venue for this?”**

In the distant past before instant communication, when commenting on a controversial topic, we would draft a memo and put it in a drawer overnight. In the morning, we would take it out and edit it or tear it up. This often saved us, and the object of our comments, a good deal of stress.

We ask you to be aware of our online reputation. See you on Facebook”

Taken from the Kin Canada CYA October 16, 2013 edition

Friday the 13th in Port Dover



District 1 Kin

Please join your 2014-15 District 1 Service Reps Dan & Tiffany for a day of fun, learning and friendship

July 5th at 10:30am we will be departing from
3734 King St E Kitchener

Bused to Breaslau

And then canoeing back to Kitchener

Trip is approx 2 hours

Followed with an all you can eat BBQ

Cost is \$45pp for the day

There will be fun team building tasks along the way

There is no skill level

Canoes, Paddles & Life jackets are provided

Bring friends & family

Ages 6 and up

RSVP Tiffany Allan – tiffanyallan@yahoo.ca

By June 23rd please

CAMPING FOR A CURE

**Purchase your raffle ticket for \$10 and you could
win a package including...**

- 2 Adult Registrations for Kin Kamp 2014
 - *Donated by the Meaford Kin Family*
 - Kin Canada & CF Logo Fire Pit
 - *Donated by the Cayuga Kinsmen*
 - 2 Pasta Dinners (Saturday at Kin Kamp)
 - *Donated by the "Misfits" Campsite*
 - 2 Roast Beef Dinners (Sunday at Kin Kamp)
 - *Donated by Cambridge North Dumfries Kinsmen*
 - A cooler of beverages for the weekend
- All proceeds going to help find a cure
or control for Cystic Fibrosis**



Cystic Fibrosis
Canada



Kin Canada
Kinsmen • Kinettes • Kin

Together for life®

Lottery License #M718646

Draw Date – July 1, 2014



D1 Misfits

Pasta Bar

Tickets are \$10 per person. Tickets available until NOON on Saturday at Kin Kamp. Please swing by and see Bill Harris to get your ticket!

Your dinner includes pasta (with all the fixings) and garlic bread.

****Bring Your Own Plate
& Cutlery****

***SATURDAY
NIGHT***

5 - 7pm

SITE 129

KIN KAMP

2014

Proceeds going to help find a cure or control for Cystic Fibrosis



TORONTO ARGONAUTS FOOTBALL CLUB

- 2014 TICKET ORDER FORM -

Full Name: _____

Billing Address: _____

City: _____ Province: _____ Postal Code: _____

Phone (day): _____ Phone (evening): _____

Email: _____





SECTION	PRICE* (per ticket)	REGULAR PRICE	# OF SEATS (please indicate)	TOTAL COST
SILVER	\$58.37	\$64.02		

*Prices include applicable fees and taxes

Select
preferred
game(s)

KIN CANADA - GAME NIGHTS

	DATE	OPPONENT	KICKOFF
<input type="checkbox"/>	TUE. AUGUST 12 th	 WPG	7:30PM
<input type="checkbox"/>	SUN. AUGUST 17 th	 BC	7:30PM

Return this form with cheque or payment to:
TORONTO ARGONAUTS FOOTBALL CLUB
212 KING ST W - SUITE 501 TORONTO, ON M5H 1K5
or fax credit card information to: (416) 341-2714

☐ Option #1 - Cheque made payable to "Toronto Argonauts Football Club"

☐ Option #2 - Charge my: ☐ MC ☐ Visa ☐ American Express

Exp Date

1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
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month	/	year
-------	---	------

Name on Card: _____

Signature: _____



For more information, contact: **DAVID LONTINI**
(416) 341-2715 or dlontini@argonauts.ca



HOLLYWOOD NORTH 2014 REGISTRATION FORM

KIN CANADA NATIONAL CONVENTION

AUGUST 14 - 16, 2014

www.kincanada.ca/national-convention



MEMBER INFORMATION

Name: _____
(as it will appear on your badge)

Is this your first National Convention? ☐ Yes ☐ No

Club name: _____

Home address: _____

City: _____ Province: _____ Postal code: _____

Day phone: _____ Evening phone: _____

Email: _____ Fax: _____

Food allergies: _____ Special needs: _____

GUEST INFORMATION

Name: _____
(as it will appear on your badge)

Is this your guest's first National Convention? ☐ Yes ☐ No

Club name: _____

Food allergies: _____ Special needs: _____

TRANSPORTATION FROM PEARSON AIRPORT

The Airport Express service is ideal for people arriving at the airport at different times, from different flights. Each guest can make their way to the bus departure area upon arrival. Buses are wheelchair accessible, with leather seating and laptop plug-ins at every seat, with free Wifi, so guests can sit back and enjoy the ride downtown. The bus stops directly at the front door of the Sheraton Centre Hotel.

Buses run every 40 minutes. Visit www.kincanada.ca/national-convention for where to access the buses.

Round Trip (group rate): \$38 (tax incl.)

Each guest is responsible for booking their seat online via this link:
<http://www.torontoairportexpress.com/reservation/portal.aspx?portal=kin>



HOTEL INFORMATION

Sheraton Hotel & Resorts
123 Queen Street West
Toronto, Ontario M5H 2M9
www.sheratontoronto.com

Delegates are responsible for making their own reservations. To reserve a room at our special rate, book online or call 1-888-627-7175 and say you are a part of the KINvention Annual General Meeting or quote the group code KIH11A.

Single & double rate:
\$169.00/night
Triple rate: \$199.00/night
Quad rate: \$229.00/night

Reservations must be made by **July 11, 2014** to qualify for group rates.

**Avoid disappointment -
reserve early!**

REGISTRATION PRICES

#	Type of Registration	Cost before June 30/14	Cost after June 30/14	TOTAL
	Full Registration Includes: Friday and Saturday evening activities and six meals (Friday breakfast, lunch and dinner; Saturday breakfast, lunch and dinner; all coffee breaks). <i>NOTE: Thursday Night, special events & tours are <u>NOT</u> included.</i>	\$350	\$365	
	Partial Registration Includes: Saturday evening activities and three meals (Saturday breakfast, lunch and dinner, and all coffee breaks) . <i>NOTE: Thursday Night, special events & tours are <u>NOT</u> included.</i>	\$305	\$320	
	Wednesday afternoon optional HQ Tour We welcome members to join us for a tour of Kin Headquarters in Cambridge , followed by a leisurely lunch.* <i>*Participation of at least 40 people required, register by June 15th, 2014</i>	\$35	\$35	
	Thursday Night Special Event <i>Mariposa Cruise Night:</i> Take in dinner and Toronto's beautiful skyline with a charming cruise. Mariposa ships are first class venues, tastefully decorated, fully licensed, have full-service kitchens/galleys with a dedicated culinary team, indoor and outdoor promenade decks, dance floors, and sound systems.	\$77	\$85	

Please note: there will be no on-site registration.
All registration forms must be received at the National Office no later than August 1, 2014.

BANQUET ONLY

	Friday Dinner ("Speak Off" Competition and Hollywood-themed costume event)	\$65	\$70	
	Saturday Dinner (President's Ball)	\$70	\$75	

OPTIONAL SITE-SEEING HIGHLIGHTS

Toronto Argos Game: Special Offer for Kin
 Hockey Hall of Fame
 CN Tower
 Ripley's Aquarium of Canada
 Eaton's Centre
 Royal Ontario Museum
 Toronto Islands

For details on these activities, visit www.kincanada.ca/national-convention

PAYMENT INFORMATION

☐ VISA ☐ MASTERCARD

Card # _____ Expiry Date: _____

Cardholder Name: _____ Signature: _____

Completed forms can be mailed to:
 Kin Canada
 1920 Rogers Drive,
 Cambridge, ON N3H 5C6
 Fax: 519-650-1091 Phone: 1-800-742-5546 ext. 215
 Please make cheques payable to 'KIN CANADA'

*On behalf of Kin Canada Headquarters, we look forward to
hosting you this year!*

