



*Fall
Edition*

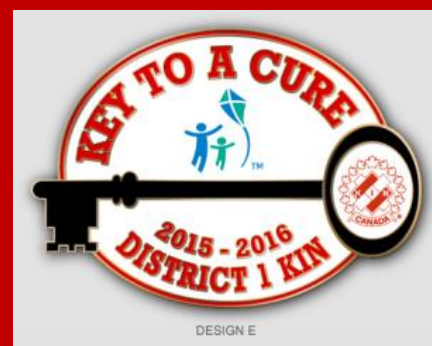
KINSHIP 1



Kin Canada

Kinsmen • Kinettes • Kin

District 1



2015-2016



Hello District One!

Welcome back to another Kin year! We hope you are as excited, rejuvenated and refreshed as we are entering the 2015-2016 year. Although not all of you had a quiet summer and kept busy with events, we hope you took some time for R&R over the past two months as we know every club is going to be busy serving their community's greatest need.

As we're sure you've seen, this year's theme is Back to the Future. Why? Here it goes... This year our team wants to focus on YOU the members and bring back some of the basics – education, professionalism and fun. The BTTF team is not reinventing the wheel, we are simply re-working it to bring you new opportunities and value to your Kin career. By the end of the year, we hope that each member has a positive Kin experience and is eager to continue on this path with the Back to the Future Part Deux team.

We would like to send a huge thank you out to everyone who attended the first ever Successful Kin Seminar on Saturday September 12th. The SKS was attended by over 60 members of District One! A thank you as well to our presenters who enlightened us on the voting procedures, website, rules of order, executive positions and the model of human behaviour. Overall the day was a huge success!

There are a few SAVE THE DATES we would like you to jot down right now!!!

1. Fall Leadership Conference – hosted by the St. Thomas Kinsmen – November 6th to 8th, 2015
2. Spring Convention – hosted by the Fort Erie Kinsmen – May 6th to 8th, 2016

We know you'll be hearing about these two events quite a bit, however both clubs are working very hard to give you a phenomenal weekend. Please remember that Fall Leadership Conference is an education weekend – we will be having breakout sessions for all members to attend. Although similar to our SKS weekend, we will have a few different topics covered that you won't want to miss – as soon as seminars are finalized, they will be blasted all over Facebook and the website. If you are unable to join us for the entire weekend, do not hesitate to register for the day to attend the seminars.

As we are heading into the year, please do not forget to invite either of us or any of our executive members out to your events. We really want to see what you do and help wherever we can – flipping burgers, bar tending, selling tickets, you name it and we'll be there.

Best of luck during your first few months, we look forward to seeing all of you at FLC in November!

To close, enjoy this edition of Kinship One and never forget in the wise words of Doc Brown – “If you put your mind to it, you can accomplish anything!”

YIK

Kat McKean & Curtis Thoms

Governors 2015-2016

Back to the Future



Greetings Fellow Kin,

I hope that you all had a great summer, even if it did go by way too fast! On a positive note, the end of summer means that we get to dive into another fun filled Kin Year. As a member of the Back to the Future Team, I am really looking forward to working everyone, to help our District and your club attain the membership goals that we have set for the year.

Our teams main Membership focus for the 2015-2016 Kin year is one that has been on the radar for several years now...**RETENTION!** I am sure that it is a word that you are more than a little familiar with. In Kin, we use it a lot when talking about Membership...along with the words Recruitment and Rejuvenation. All three are important, when it comes to our clubs, but the numbers really show us why Retention is so important.

As of June 30, 2015, District 1 had a total of 1434 members. In the 12 months preceding that date, our clubs recruited 185 new members, and reinstated 35 former members. That looks pretty good, until you hear that we also said good bye to 248 members during the same period.

One thing that we are really good at is recruiting new members....which is fantastic! Along with the members that we already have, new members are the future of this wonderful Association. The question is - How do we go about keeping the valuable members that we already have, so that they can help us develop and mentor the new members that we are so good at recruiting?

Some of the things that immediately come to mind are *respect, education, fun, efficiency in meetings, personal development and fellowship*. Those are all things that are part of what makes a great Kin experience for our members. If we work to check off all of those 'boxes', we can show our members how valuable and rewarding being a part of Kin can be. We show that aspect to our potential and new members....but we also need to remember to ensure that our existing members are getting the same experience.

There are a couple of ideas that we are working at putting into play this coming year:

- First of all, we would like to get feedback from the members themselves, on what they think is and is not working for their club. This is going to be done via survey, and will be a combination of Club Identity questions and opportunities to provide feedback – anonymously, but specific to your club. A hard copy of this survey will be included in the upcoming District mailing, and an electronic version will be sent out via email. We are hoping that this information, combined with the statistics and information from past Deputy Governors and visitation reports compiled by the NMC and the Go Team last year, will help us to get a better picture of what is going in the clubs of District 1.
- Secondly, the Back to the Future Team is committed to providing your club with whatever support you feel that you need...from Kin Education to Membership Plans to Conflict Resolution to name a few. All you have to do is ask!

Our Kinsmen/Kinette/Kin Clubs have a huge impact on our communities, and in order to ensure that continues to be the case, we need to ensure that we are keeping the members that are the life blood of this Association. Our members are the key to our success!

Yours in Kin,

DMD Melissa



Reminder from the District Treasurer ..

WELCOME BACK! To a new Kin year!

I hope the summer treated you all very well.

As always... **DUES ARE DUE** .. but in this case, dues are **OVERDUE**.

As well, we need to inform you of a clause in the National Policies and Procedures that needs to be followed:

- *National Policy 3.04 Appointment, Certification and Registration of Accredited Delegates, c) Certification process*

(xii) The Club must be In Good Standing as of thirty-five (35) days prior to the date of submission; otherwise the Club shall forfeit its votes at the District/Zone convention or conference to which the Form applies.

With this in mind, and the deadline for submission of your Accredited Delegate Form being October 31st,
dues MUST BE REMITTED NO LATER THAN SEPTEMBER 27th ..
for you to be in good standing and able to vote at Fall Leadership Conference.

We have 68% of our clubs currently in good standing with dues having been remitted. If you are one of the dangling clubs, please ensure that you pay your invoice asap.

If you are missing your invoice, drop me a line and I'll make sure that I get one out to you right away.

As we get back into the swing of all of the necessary evils of club organization and operations, I just wanted to remind all clubs that as per our House Rules,

ARTICLE 14 – Finance

Section 2 – Financial Reporting

4. Each Club shall forward a reviewed financial statement of all of the Club's accounts for the preceding year ending June 30th, and the Clubs approved budget for the current year, to the District Treasurer and their Zone Deputy Governor, not later than October 31st.

It is important that club finances are kept in check and up to date. I look forward to receiving your documents by end of October. Please also note, that "reviewed" means that your books should be looked at and signed off by someone outside of your club. If you are struggling to find someone, check with your Deputy Governor or myself for suggestions.



If you have any questions, please do let me know.

Yours in Kin

Monika

Cystic Fibrosis/Service Update

Welcome back to another Kin year. As your Cystic Fibrosis/Service Directors we are looking forward to a year filled with service work and fellowship.

As we roll into September, there are a few things we'd like to talk about. First, USE US! We really want to come out and support you at your service projects, info nights, etc. We have an entire District Team who can't wait to get out and meet your club members and help with your projects. In addition, we want to hear about your successes! Please send us information on projects, big and small, that are unique and successful so that we can share those ideas with other clubs in the district.

We know that now is the time when clubs are working on developing their budgets for the year. We kindly ask that you considering building donations to both Cystic Fibrosis and HREF into your budgets. Any donation, large or small, is greatly appreciated.

Did you know that HREF reached \$1 million in donations at National Convention. This is a great accomplishment but more is always needed. The costs associated with post-secondary education are rising and students are under more financial pressure than ever. The Kin Canada Bursary program provides much needed bursaries. We have a few recipients amongst our members - including Governor Katie McKean. Talk to her about how much she appreciated receiving a bursary.

Watch for us at FLC as we have lots of great items for sale raising funds for Cystic Fibrosis. This year's pin looks amazing, and we even had a few of them turned into keychains! On top of that we have amazing Cystic Fibrosis watches and suit bags. We will have samples of all the items at FLC for you to view and purchase. And don't forget this year's Cystic Fibrosis Trip to Panama, taking place February. The original spots have all been filled, so now it's subject to availability. Talk to Deputy Governor Terry Baldwin about availability and pricing.

Please make sure you are using Kin Canada's Online Service Reporting Form, found under the Member Centre at www.kincanada.ca. It only takes a minute or two to fill out and helps both your club and the association keep track of service hours and funds raised.

Once again, PLEASE USE US! We want to come out and help! Here's to a successful year full of service!

Yours in Kin,

Wendy Rolfe and Stewart Ruffley
District 1 Cystic Fibrosis/Service Directors



CALLING ALL DISTRICT ONE MEMBERS

Conflict resolution is a way for two or more parties to find a peaceful solution to a disagreement among them. The disagreement may be personal, financial, political, or emotional. When a **dispute** arises, often the best course of action is negotiation to **resolve** the disagreement. Each year the District Executive forms a Conflict Resolution Team. This team is responsible for assisting any individual members or clubs with Kin issues that may arise throughout the Kin year. We are also hoping to create a policy / procedure to use moving forward in the District.

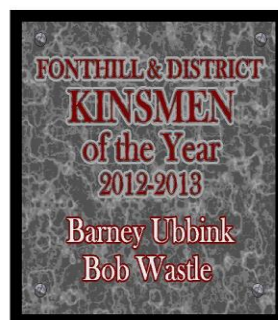
The Back to the Future Executive is hoping to broaden this team by finding one or two members in the district who have a background in conflict resolution. Is this you? And are you interested in sitting on the District Conflict Resolution Team?

If so, contact Governor's Katie and Curtis by October 30th. Please include a brief description of your skills related to conflict resolution.

Thank you in advance,

Back to the Future Executive

Email – governors@district1kin.ca



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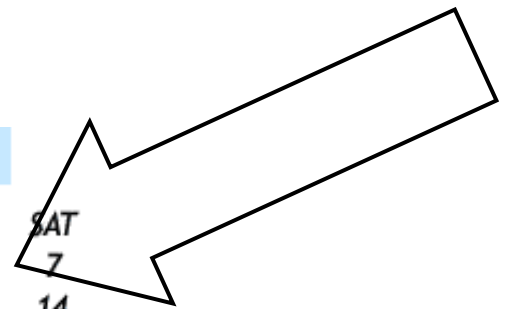
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- LM Doug Freeland



THERE'S BEEN A CHANGE ...

**THE ANNUAL DISTRICT MEETING
HAS BEEN MOVED**

MAY 2016						
SUN	MON	TUE	WED	THU	FRI	SAT
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31				



Due to a conflict with Cystic Fibrosis Canada's Annual General Meeting, the Fort Erie Kinsmen have managed to move our Convention to May 6 – 8th.

The District Executive would sincerely like to thank Chair Dan Strugar and his club for their efforts to make this possible!





Zone A Kinettes

I am honoured to serve as Zone A Kinette Deputy Governor for 2015-16. After a busy summer I am looking forward to getting back into a new Kin year. Governors Curtis and Katie have put together an awesome team, and I am excited to be a part of Back To The Future District Council.

I will be completing Club Executive Installations in September, and will be installing 1 new member in Guelph, and 3 in October in my home club – K-W. That will complete my first round of club visitation.

By the time you read this the First Annual Royal Ball, hosted by K-W District Cystic Fibrosis Chapter will be history. Next issue I will report on the success of this great project. Zone A and District 1 Perc Dawson Golf Tournaments will also be in the past. Looking forward to next year's editions.

Some of you may be aware that Kin Canada is partnering with Canadian Blood Services. Please look for more information on this in the next edition of Kinship 1, Kin Canada Cybernews, and October edition of Kin Magazine. I will be speaking on this subject at Fall Leadership Conference, however in the meantime you can register online as a blood donor for District 1 by going to www.blood.ca/joinpartnersforlife and use the District 1 ID# 110223. Any donations you have made in this calendar year will be credited to District 1 Kin. Your friends and family can also register under this ID # - they do not need to be Kin. The goal is 50 blood donations for this year, and with your help, that is easily achievable.

Yours in Kin,

Elaine Couch

Zone A Deputy Governor





Another successful fundraiser by the Kinsmen Club of Hamilton. The Club ran the beer tent for the Annual Lively Dragon Boat Races at Hamilton Bayfront Park on Saturday July 4/15. The races are a fundraiser for the Bay Area Restoration Council. 34 boats entered this year....great time had by all.

June 18, 2015



Congratulations Life Member Dale Nethercott

Dorchester Kinsmen Club



Kin Canada
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Canadian Blood Services
it's in you to give

Hello from your Canadian Blood Services National Committee!

Canadian Blood Services (CBS) has joined forces with Kin Canada. The new committee is now in full swing with monthly conference calls and we have a lot of exciting things to share.

Canadian Blood Services is the national, not-for-profit, healthcare organization that manages Canada's blood supply in all provinces and territories outside of Québec. They also administer the OneMatch Stem Cell program and Marrow Network & the National Public Cord Blood Bank.

Partnering with CBS helps to fulfill a huge national need while providing Kin Canada an avenue to raise our service profile through large reaching, non-monetary service projects. The best part of a KIN-CBS partnership is that it is a great compliment to the Kin-Fibrosis Canada partnership, as well as Organ Donation Awareness Campaign Canadian Blood Service's role in providing national leadership and awareness for organ, eye and tissue donation.

Did You Know? 52% of Canadians say a family member have needed blood. than 80,000 first-time blood donors are this year to meet hospital demand. how Kin can help decrease that number!

The staff at Kin Headquarters have come old pictures of Kin giving blood dating the 1960's. District 2 has had great success, with 192 units of blood donated this year alone. In the past 3 years, CBS has already had past and/or current relationships with 36 clubs across Canada.

Blood donation and working together is a cause that runs deep in our veins. We hope to help inspire more Canadians to join this vital cause.

How can my club help?

If you are interested in participating as a club, whether to give blood or help with a local clinic, contact **Elaine Couch, your District 1 Champion**, at recouch@rogers.com. If you plan to give blood, it is very important to use your District Partner ID number (KINC110223) to track your donations with the rest of your district. You must register this number online at www.blood.ca/joinpartnersforlife.

On behalf of the Canadian Blood Services Committee, I look forward to connecting with you soon!



Cystic
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NATIONAL CONVENTION 2015

BACK TO THE FUTURE BRANDON, MANITOBA

From August 20th to 22nd we were fortunate enough to attend National Convention in Brandon, Manitoba. There were many District One members at convention, and it was so wonderful to share this experience with all of them. Also, thanks to technology, it was great to have some District One members “tune in” throughout the weekend via adobe connect.

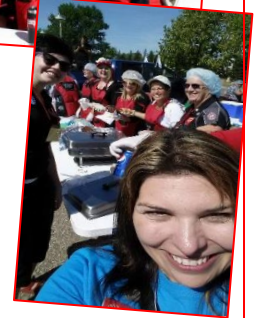


First and foremost, a huge congratulations to both Lori Schnarr and Mathew Lobb on their outstanding job with their speeches. Although neither District One representative won the speak off competition, you were both winners in our eyes and we are so very proud of you!

Thank you to Colleen Wake for her dedication to our District over the past two years as our National Director. It was such a great opportunity to be at Convention to support our newly elected National Director, Brenda Dineen – best of luck over the next two years!



We were very lucky to have sat through a presentation by our new Executive Director Grant Ferron. A while ago Grant sent out a survey to all members of Kin Canada – he was able to share with us some of the findings from this survey. We also learned more about the structure of our national committees and how they will be changing over the next while. Please keep your eyes on the national website, www.kincanada.ca, for further updates. We will do our best to share any news with you as well. Thank you Grant for sharing your insight and ideas with us – welcome to Kin Canada!



As part of the Cystic Fibrosis & Service luncheon, we were presented with the totals for the 2014-2015 Kin year... Below are District One's totals, and all we can say is WOW!!!! District One you never cease to do an incredible job for your communities. Thank you for everything you do and continue to do.

Announcement of 2014-2015 Totals

District One Service Hours – 51,882 Hours (Kin Canada Total 516,292 Hours)

District One Total Dollars – \$1,231,740.00 (Kin Canada Total \$20,440,978.00)

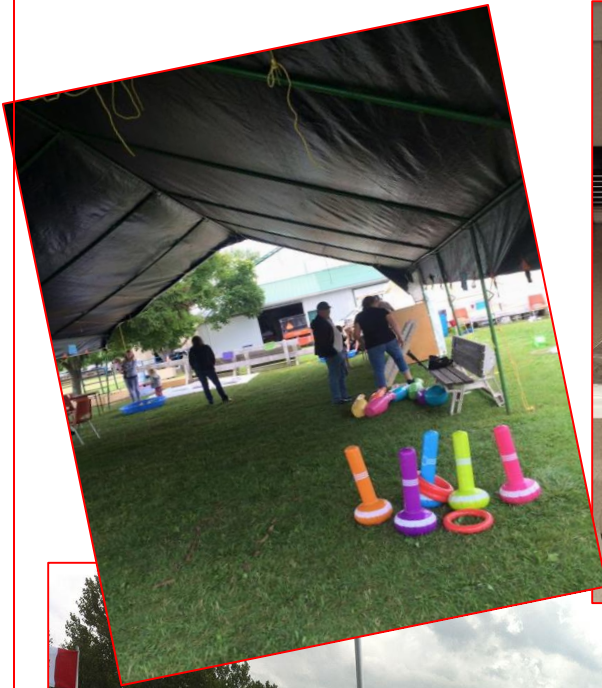
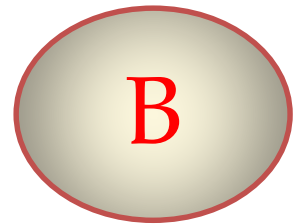
District One Community Service Dollars – \$886,747.00

District One Cystic Fibrosis Dollars – \$344,993.00

We urge you to save your pennies and join us August 18-20, 2016 in Edmonton for Sin City National Convention. As shown by their hospitality suite in Brandon, the Edmonton Family of Kin have a fantastic Convention planned for us and you don't want to miss it!

National Convention was such an incredible experience... Not only do you get to meet new friends from across the country, but you leave Convention feeling rejuvenated and pumped up for the new Kin year. You will definitely grow, learn, make friends and have fun!

YIK
Katie & Curtis
Governors 2015-2016



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Kin Canada

Family Kin Clubs

Benefits of Family Kin Clubs

Mentorship, a sense of belonging, community awareness and quality family time.

Role of Kin Kids (up to grade 9) and Kin Juniors (up to age 19)

Kids and Juniors will participate in the planning of events with other club members. They will host at least one event per year with the guidance from adult members. They will learn age appropriate logistics of events, club administration and have fun!

What is the Minimum Number of Families Required to Charter a New Club?

A new club must have a minimum of 10 families or 12 adults. If your existing club would like to become a Family Kin Club no minimum is mandated.

Family Club Membership Structure

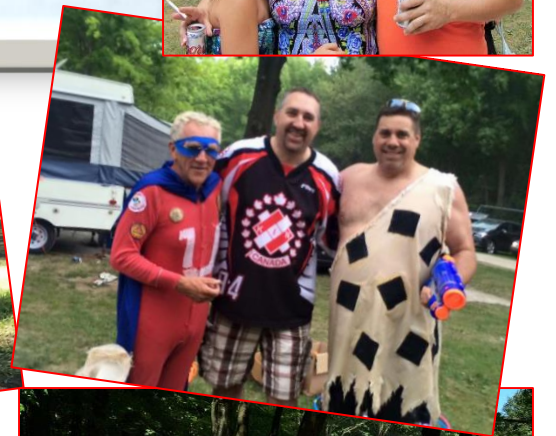
- All events or fundraisers **MUST** include the family and be *family friendly*.
- Any adult can join even if they don't have children.
- Once a Kin Junior turns 19, they will be required to pay the same dues as a Campus Club Member, if they are still a student. Once they are no longer a student, they will be required to pay the same dues as adult members within the club.
- The legal guardian of the child must be a registered Kin member of the family club. Legal guardianship can be given to another adult member by way of consent.
- Any club may adopt and be recognized as a Family Kin Club as long as they meet the full mandate.
- Existing clubs are only required to change their name if they are not already a Kin Club. The word family will not appear in the legal name of the club as it will only be a designation.
- Family Club Executive Members will be responsible for advising their District and Zone teams if they are planning to attend their events to ensure they are *family friendly*.

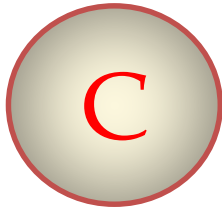
Family Club Member Dues

Kin Kids and Kin Juniors will not be required to pay dues, however, there is a one-time fee of \$5 for their Kin participant name badge.

The first adult of each family, within the club, will pay 100% of regular Kin member dues. Second and third subsequent family members (who must live within the same household) will receive a 15% rebate.

**For more information please visit our website at
kincanada.ca/family-clubs or call 1-800-742-5546, ext. 208**





Well Zone C is off to a great start for the Season ahead. After getting some great information from both SKS on Saturday & Council Meeting on Sunday, I am looking forward to meeting with my Clubs & sharing some information with them.

A few happenings in our Zone are Sept. 30 Collingwood Kinettes are hosting a Meet & Greet for people in our Community to come & see what we are all about. Then on Oct.25th they are having an "All about Me" Ladies Day. This will include a wide range of Vendors & Services offered in & around our area. The Wasaga Beach Kinettes are doing their box lunches again this year along with some other catering and they are also gearing up for their annual House Tour Nov.14th.

Meaford Kinettes are having a Roast Beef Dinner on Sat. Oct.3rd. this is the weekend of the Annual Meaford Craft Show, so I'm sure they will be busy.

Beaver Valley, Flesherton & District and Shelburne Kinettes also do catering in their areas along with a variety of other events.

I'll be visiting these Clubs & getting updates on their projects so I can let others in our District know what's going on.

It looks like it is going to be another great year in Kin & I'm so glad to be a part of it.

YIK,
Debbie Hodgkinson
Deputy Governor
Zone C Kinettes

~~~~~

## STAYNER KINSMEN BUSY DURING THE SUMMER

The Town of Stayner has been home to a weekly Music in The Park every Thursday evening during the summer. Last year a farmers market and a classic car show were added. Both have met with tremendous success. This year they wanted to add something more. The Stayner Kinsmen stepped up and have added a beer and wine garden. Even though it's only for a few hours every Thursday evening it has been extremely successful. The club is making a little money but more importantly the exposure for the club has been outstanding with comments such as: "about time someone did this - thanks" ; "what is the Kinsmen Club?"



## Meet the Back to the Future Executive



Debbie Ruffley  
District Secretary



Wendy Rolfe & Stewart Ruffley  
Cystic Fibrosis Service Directors



Russ Jackman  
District Webmaster



Marty Makins  
Risk Management & Past Governor



Terri Iredale  
Communications Director


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## Kin Education

### Name Badges and Dinner Pins; the Do's and Don'ts

Hello Fellow Kin. It's a new Kin year and time for a bit of Kin Education. There are two very important items you received in your new member's kit. Now, that may have been in this past Kin year or it may have been many moons ago, either way, these two items are still just as important in our Kin lives.



Your dinner pin and your name badge are two treasures that should always be with you at all Kin events. I have noticed through my travels that a great number of members don't always wear them as they are intended to be worn. If you wear your name badge on your left side two finger widths above your heart and your dinner pin on your left lapel or two finger widths above your name badge then you're in the minority and doing great! Here's a quick list of "do's and don'ts" that you can reference if you're ever in question and if you don't find the answer you're looking for here, please don't hesitate to call on any number of seasoned Kin who take an interest in protocol.

Do - Wear your dinner pin at all Kin functions including club projects, meetings, special Kin social functions such as life memberships, anniversaries and charter nights, FLC, Zone Conference and District Convention.

Do - Wear your name badge at all Kin functions including club projects, meetings, special Kin social functions such as anniversaries and charter nights, FLC, Zone Conference and District Convention. *\*Note: only Life Members should wear their name badges when attending a life membership celebration.*

Don't - ever, under any circumstances pierce your name badge to put your dinner pin through it. Though this may be a convenient way to remember to wear both, it is a definite no-no.

Don't - wear your name badge on a lanyard with many different pins. This may be a great personal reminder of all the things you've done, but it doesn't provide a professional appearance for meetings and meeting new members and the public.

Do - wear the name badge add on of your current position and special awards you may have received such as Maple Leaf, Gem or DLS Graduate. Only your current position should be on your name badge. This makes it clear to potential members, guests and the general public as to which position you currently hold.

I hope you have found this list helpful. One last request I have is that going forward, if your club is looking to order new Kin shirts, please strongly consider having the Kin crest placed on the right breast so that you have plenty of room on your left side for the proper items.

Have a fabulous Kin year and I look forward to seeing you all, following the do's.

Yours In Kin

Colleen Wake

Past National Director





**Davina Thuroo**  
**National Service Director**  
 275-10th Street SW  
 Medicine Hat, AB T1A 4R3  
 (403) 548-0188 Cell  
[davina.thuroo@prrd.ab.ca](mailto:davina.thuroo@prrd.ab.ca)



**Kin Canada**  
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Salutations from the sunniest city in Canada - Medicine Hat Alberta! I'd like to introduce myself, my name is Davina Thuroo and I am the National Service Director for 2015-2017. I am extremely excited to work with our team of Service Directors, clubs and all of you from all over our beautiful country. My goal is to provide monthly newsletters to remind you of upcoming Kin Canada National initiatives & Service events in an effort to communicate with you our most valuable asset the "member". I'm hoping these newsletters will be able to reach District Council; respective District websites and club members so everyone has the same opportunity to be on the same "Service" page.

Our team of **Service Directors** will be introducing themselves to you, our role as "Service Directors" is to help educate you and provide you with support, resources and help with initiatives. Provided below is a contact listing for your respective Districts:

| Role                           | Name                           | Email                                                                                                                                                |
|--------------------------------|--------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|
| National Service Director      | Davina Thuroo                  | <a href="mailto:davina.thuroo@prrd.ab.ca">davina.thuroo@prrd.ab.ca</a>                                                                               |
| Kin/CF Liaison Committee Chair | Helen Meinzinger               | <a href="mailto:hmeinzing@rogers.com">hmeinzing@rogers.com</a>                                                                                       |
| District 1 Service Directors   | Wendy Rolfe<br>Stewart Ruffley | <a href="mailto:wendy.rolfe@mohawkcollege.ca">wendy.rolfe@mohawkcollege.ca</a><br><a href="mailto:stewartruffley@live.ca">stewartruffley@live.ca</a> |
| District 2 Service Director    | Tammie Corbett                 | <a href="mailto:t-corbett@shaw.ca">t-corbett@shaw.ca</a>                                                                                             |
| District 3 Service Director    | Kim Lowe                       | <a href="mailto:kimirva@hotmail.com">kimirva@hotmail.com</a>                                                                                         |
| District 4 Service Director    | Angela Jenkins                 | <a href="mailto:angelajenkins@shaw.ca">angelajenkins@shaw.ca</a>                                                                                     |
| District 5 Service Director    | Kelly Woywitka                 | <a href="mailto:four.kids@shaw.ca">four.kids@shaw.ca</a>                                                                                             |
| District 6 Service Director    | Amy McMahon                    | <a href="mailto:amymcmahon09@hotmail.com">amymcmahon09@hotmail.com</a>                                                                               |
| District 7 Service Director    | Jennifer Burry                 | <a href="mailto:jenniferburry@gmail.com">jenniferburry@gmail.com</a>                                                                                 |
| District 8 Service Director    | Doug Robinson                  | <a href="mailto:dougrobinson@cpa.com">dougrobinson@cpa.com</a>                                                                                       |
| National Kin contact           | Lisa Thompson                  | <a href="mailto:lthompson@kincanada.ca">lthompson@kincanada.ca</a>                                                                                   |
| National CF contact            | Alice Awweh                    | <a href="mailto:aawweh@cysticfibrosis.ca">aawweh@cysticfibrosis.ca</a>                                                                               |

Our goal is to have "Service" on your monthly club meeting agenda's; whether it is talking about upcoming projects in your club, possible service education sessions or guest speakers to gain further knowledge, or scheduling a hands on service event.

Clubs are officially starting up, so you know what that means...BUDGET time!!! We are asking you to please consider the following "beneficiaries" to be included in your annual budget.

- **Hal Rogers Endowment Fund** - bursary applications are due to club by February 1<sup>st</sup>, due to National by March 1<sup>st</sup>. At National Kinentation in Brandon in August, members of Kin Canada were able to raise over \$31,000 for HREF - impressive.
- **National Day of KINdness** February 20<sup>th</sup>, (same as Founder's Day this year). *Goal this year is to have 10 more clubs per District participating who haven't participated before.*
- **Cystic Fibrosis** - scheduled annual donation, there will be a summary of project ideas on the national service webpage to help give you ideas of attainable projects to suit your clubs size and abilities. An easy but profitable project could be CF coin boxes, place boxes at businesses in Sept and collect in April. Please also consider either participating in or hosting a Great Strides Walk on Sunday, May 29, 2016. For further information please contact Alice Awweh at [aawweh@cysticfibrosis.ca](mailto:aawweh@cysticfibrosis.ca).
- **49<sup>th</sup> Parallel North Fund** - The creation of the 49<sup>th</sup> Parallel North Fund was to recognize and honour our military and first responders and to provide assistance to those they left behind. See more at: <http://kincanadafoundation.ca/the-49th-parallel-north-fund/#sthash.eJCYBldQ.dpuf>

→ **National Disaster Relief Fund** - this fund provides short-term immediate financial assistance to both national and international areas declared a disaster area. If you would like to make a general donation to this fund, please make your cheque payable to National Disaster Relief Fund. If you want your donation to be put to a specific cause, indicate the name of the disaster on the memo line of your cheque. Examples of some beneficiaries have been: 2002 Hay West, 2003 Fire Relief in BC, 2011 Slave Lake fire in AB, and 2011 tornado relief for Goderich.

While you are doing your fundraising, please keep in mind the **Kin Foundation** - the Foundation assists Kin members' work by providing funding for their local service projects. The Foundation is supported by voluntary contributions from Kinsmen, Kinettes and friends of the Foundation. Numerous Canadian charities also directly benefit from the Foundation's funds.

**Service Awards** - while doing your yearly project planning, now would be a great time to keep in mind the criteria for applying for awards, use this as a guideline to plan the perfect project, making sure to take pictures and videos so we can use them for various things! Our goal is to list the award winners and submissions on the website in an effort to share ideas and successes, but we NEED more submissions; we want to showcase you, there's nothing wrong with "Blowing your own horn".

**Canadian Blood Services** It's in you to give. Roll up your sleeve and put your wallet away as this is a non-monetary service project. More than 80,000 first-time donors are needed this year to meet hospital demand. Giving blood, recruiting blood donors in our communities, and hosting and promoting blood drives for CBS support CFC as CF patients require blood if they receive an organ transplant. We encourage you to connect with "District Champion" to see how you can help. *Goal this year is to have Kin Canada members donate 500 units of blood.*

| District   | District Champion | Club, Location                                 | Partner ID# | Email                                                                |
|------------|-------------------|------------------------------------------------|-------------|----------------------------------------------------------------------|
| District 1 | Elaine Couch      | Kinette Club of Kitchener-Waterloo, ON         | KINC110223  | <a href="mailto:recouch@rogers.com">recouch@rogers.com</a>           |
| District 2 | Tammie Corbett    | Kinette Club of Fort City Thunder Bay          | KINC010789  | <a href="mailto:t-corbett@shaw.ca">t-corbett@shaw.ca</a>             |
|            | Kim Lowe          | Kinette Club of Regina Queen City              | KINC110247  | <a href="mailto:kimirva@hotmail.com">kimirva@hotmail.com</a>         |
| District 4 | Cameron Kemp      | Kinsmen Club of Medicine Hat, AB               | KINC110253  | <a href="mailto:cameronkemp@cjklaw.ca">cameronkemp@cjklaw.ca</a>     |
|            | Angela Jenkins    | Kinette Club of Edmonton, AB                   | KINC110253  | <a href="mailto:angelajenkins@shaw.ca">angelajenkins@shaw.ca</a>     |
|            | Penny Lees-Smith  | Kinette Club of Drayton Valley, AB             | KINC110253  | <a href="mailto:kinpenny@telus.net">kinpenny@telus.net</a>           |
| District 5 | Kathy Miller      | Kinette Club of Duncan, Cowichan Bay, BC       | KINC110257  | <a href="mailto:kath5miller@gmail.com">kath5miller@gmail.com</a>     |
|            | Todd Frykas       | Kinsmen Club of Duncan, BC                     | KINC110257  | <a href="mailto:toddf@shaw.ca">toddf@shaw.ca</a>                     |
| District 6 | Melodie LeMoelgou | Kinette Club of Cornwall, South Glengarry ON   | KINC110261  | <a href="mailto:kinmelodie@hotmail.ca">kinmelodie@hotmail.ca</a>     |
| District 7 | Craig White       | Kinsmen Club of St. John's, Conception Bay, NL | KINC110265  | <a href="mailto:kinsmenccraig@gmail.com">kinsmenccraig@gmail.com</a> |
|            | Chris Hodgson     | Kinsmen Club of Charlottetown, Stratford, PEI  | KINC110265  | <a href="mailto:chodgson13@hotmail.com">chodgson13@hotmail.com</a>   |
| District 8 | Gayle Dorey       | Kinsmen Club of Oshawa, ON                     | KINC110279  | <a href="mailto:gmdorey@bell.net">gmdorey@bell.net</a>               |

**KIN- ODAC** - National Organ Donor Awareness Campaign - 3<sup>rd</sup> week in April, reminder to sign your donor cards and make your wishes known to your families. This fits into our relationship with Canadian Blood Services & Cystic Fibrosis Canada as many CF patients require lung transplants along with various other organs because of the damage their bodies endure from the disease.

**On-line Reporting** - you may want to designate someone in your club as the "Reporting Chair" or even make the project chair be responsible for the detail entry. On-line Reporting form can be found at <http://www.kincanada.ca/service-reporting-form> on the National website under service. By completing this procedure with all of your projects, you will NOT be required to fill out the year-end reporting form. If you were to report on a monthly basis, this gives us an idea of the kinds of projects are out there - *Goal this year is to have 10 more clubs per District reporting who weren't before.*



Stay tuned for updates on our Kin Canada national website under "Service". Keep in mind projects like the **Vesey's Bulbs**, one of our National fundraising partners where you can earn 50% on every sale you make, shipping is free, all products are guaranteed and they're ready to help - an example of an easy fundraising opportunity. Call 1-800-363-7333 to get started.

We would like to say Thank you for all you do under the Kin Canada umbrella and in addition to all the wonderful organizations you support in your Districts like; Multiple Sclerosis, Kin Foundation, Telemiracle, and STARS to name a few. You continue to make an impact in your communities while *"Serving the Community's Greatest Need"*. Continue to do what you're doing...we are here to help you be as successful as you can be.

*"The way a team plays as a whole determines its success. You may have the greatest bunch of individual stars in the world, but if they don't play together, the club won't be worth a dime".*

**Babe Ruth, Legendary Baseball Player**

**Davina Thuroo**  
**National Service Director 2015-2017**

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## Save the Dates:

September 25<sup>th</sup> ~ Update Club Roster on file at National Headquarters

November 6, 7, 8<sup>th</sup> 2015 ~ Fall Leadership Conference

November 15<sup>th</sup> ~ First National Dues Billing due

November 15<sup>th</sup> ~ Club Insurance Reporting Due

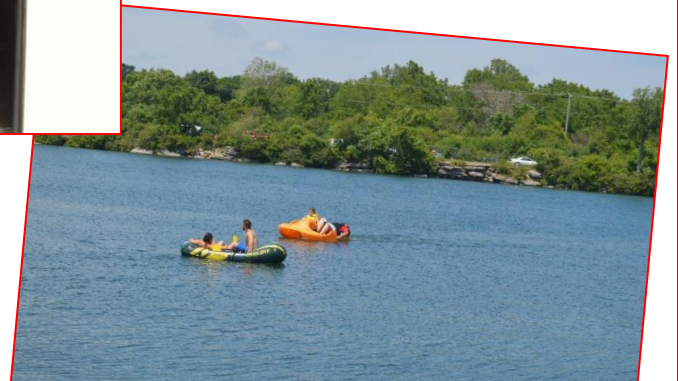
February 20<sup>th</sup> 2016 ~ National Day of KINDness

May 6, 7, 8<sup>th</sup> 2016 ~ District Convention "Legends of 80's TV"

May 29<sup>th</sup> 2016 ~ Great Strides Walk



D





## Volunteers and Risk Management

Volunteers are one of the most important assets of non-profit and charitable organizations in Canada. They bring time, enthusiasm, and skills to the organization. They can also make the delivery of programs far more cost-effective. Many programs would fold if they did not have the support of volunteers.

### You can't escape risk

Running a service project will inherently result in risk. Many clubs are dealing with some of the most difficult issues facing our country and our world. If you want zero risk, you might as well dissolve the organization today. However, ignoring risk or throwing up one's hands and claiming that reducing risk is futile is also not helpful. Trying to manage and reduce risk is a very important and worthwhile activity for any club that is striving to run an effective operation and is working to preserve its reputation and assets.

Good volunteers are hard to recruit and often organizations accept anyone who offers to help. Having no standards, procedures, and policies can diminish the organizations programs and create unintended liabilities.

Risk management is an important part of proper stewardship of the assets of a club. Failure to manage risks can result in damage to the club including injuries to people or assets, financial costs to the club, and perhaps most importantly, loss of reputation and goodwill. Goodwill for most clubs is their most important asset. Without goodwill, it would be very hard to raise funds, attract volunteers, and implement your program.

### Insurance vs. risk management

For some, the words "risk management" and "insurance" are synonymous. Actually, insurance is only a very small part of risk management. Insurance is ostensibly "risk transfer". You are paying an insurance company, often an exaggerated amount, to transfer some of the economic consequences of certain very narrowly defined risks to the insurance company. Insurance is a business. There is nothing wrong with business. However, many insurance policies have huge exclusions, and some only cover liabilities that are very unlikely to happen or where the cost of them happening is nominal. They exclude the common problems and often cap the serious liabilities. In addition, insurance only covers some of the financial costs of a liability or lawsuit. It does not cover the damage to one's reputation and goodwill or the stress on volunteers or members. Therefore, while insurance can provide certain advantages, it is only a very small piece of the puzzle of avoiding risk.

What is appropriate risk management for one large club with lots of resources may not be the same for a smaller club that lacks those resources. The best part of risk management is that many risks can be easily reduced without costing lots of money or impairing the ability of the organization to conduct its programs.

### Twenty-Nine ideas for reducing risk when using volunteers

1. Have a club risk management policy in place, which sets out some procedures and policies to reduce risk.
2. Create a volunteer handbook with all policies that members need to be aware of and comply with.
3. Assign someone or a committee to review risk management procedures in your club, including policies and procedures for non-member volunteers.
4. Have a volunteer coordinator.
5. Think about all the activities of the club and the risks that your club can face and make a list of them.
6. Prioritize the risks in term of likelihood and effect.
7. Think of ways to deal with risk and decide on timelines for dealing with different types of risk.
8. Different member opportunities may have vastly different levels and types of risks associated with them.

9. Consider eliminating an excessively risky program or temporarily stopping that program until some of the risk can be dealt with or minimized. Sometimes the executive must draw lines about what activities are too risky to involve the club or to involve volunteers.
10. Have members complete a written application form with all necessary information about themselves including contact information, background, skills, references, consent to check references, etc.
11. Interview volunteers, preferably face-to-face, to ensure they understand their responsibilities and that they would be a good fit for your club or event.
12. Have volunteers and members sign a written volunteer agreement, which states they are not an employee, and include a code of conduct, risks associated with activity and waivers, and expectations you have of the volunteer, etc.
13. It is acceptable to reimburse volunteers for reasonable out of pocket expenses, but if you go beyond that you may have a risk that the "member" or "volunteer" could make a claim that they are an "employee" with all the associated rights.
14. Conduct reference checks.
15. If the volunteer or member will be working with youth or vulnerable persons, then consider doing criminal background checks and far more vigorous background checks.
16. Have an orientation program for new volunteers and members.
17. Train volunteers in their specific duties with an emphasis on risk management.
18. Create a job description for each volunteer position that identifies the title, purpose of the position, scope of position, expectation, reporting relationships, time commitment, length of appointment, if there are any required qualifications, etc.
19. Insurance - check what insurance you have and what insurance you should have. Discuss with Melanie Nieson at Kin HQ your requirements and whether or not you will be covered or will need additional coverage. Insurance may be helpful in covering harm to volunteers and harm caused by volunteers and members.
20. Respond appropriately to inappropriate or illegal behaviour by members and volunteers. Fire members or volunteers who seriously misbehave or abuse others. For those who do not do what is reasonably expected from them and outlined in their volunteer contract or the code of conduct of the club, consider discussing their shortcomings with them or reassignment. But if neither is feasible, consider terminating. It is best to have a policy that deals with how problems will be handled and to uniformly apply such policy.
21. Have plans in place to deal with different contingencies or disasters. Although plans rarely work perfectly, having a plan, training on it, and practicing it will make people more likely to understand some of the variables even if they need to adopt the plan on the spur of the moment.
22. Is the physical space in which your members are working safe?
23. Is adequate security in place?
24. Are dangerous items appropriately stored?
25. Do volunteers have access to appropriate safety equipment?
26. Be prepared to turn away volunteers if you do not require their services or if they do not have the right skills or "fit" with the organization.
27. Provide guidance and supervision to volunteers and members.
28. Have policies that clarify the appropriate use of the organization's equipment, including vehicles and computers.
29. Risks change and evolve - review your organization and risks every year or two.



# BACK TO THE FUTURE PART DEUX

## WELCOME BACK!!!!



The *BTTF Part Deux* team is excited to be embarking on this year of growing, learning, making friends and having fun! As members of the current council, Bill and I have had the wonderful opportunity of being on the inside of all of the exceptional events that the BTTF team have held thus far. DLS / Preterm in June was inspiring and the most recent Successful Kin Seminar and September Council meeting had everyone leaving on a super high note! Our KINGRATS to Governors Curtis and Katie and their team, for all of their hard work. It certainly paid off!!

We would love to hear from those members of District One that attended the Successful Kin Seminar to let us know if there is ANYTHING different they would like to see, as we were so impressed with the agenda and participation that we're certainly going to be holding that same event next year!

Part of our responsibilities this year is to encourage "replacements" for the current Deputy Governors for the 2016-17 year. Those Deputy Governors will be part of the *BTTF Part Deux* team. We are here for you if you would like to chat about the roles and responsibilities if you are considering stepping into that next level of Kin. It is SUCH a rewarding move, and we promise you will not be disappointed.

We are looking forward to seeing you all in November at Komic Kin! Until then ..

**"Your future is whatever you make of it, so make it a good one"**

*Doc Brown*

Vice Governors Bill Harris & Monika McKean

Saturday September 12<sup>th</sup> the Back to the Future Executive hosted the District's **Successful Kin Seminar** in Cambridge. Despite a major hiccup first thing in the morning, members attending were understanding and as Kin do; went with the last minute change and handled it in style.

Topics covered that day included Voting, Website, Rules of Order, Model of Human Behavior. Breakout sessions included: President/Vice President, Secretary, Treasurer, Cystic Fibrosis/service, Communications and Membership. All materials covered can be reviewed on the District News page of our District Website [www.district1kin.ca](http://www.district1kin.ca)

Attendee's provided excellent feedback with a survey handed in at the end of the day. The Back to the Future team thanks everyone for coming out that day and taking the time to education yourselves and your club with the information received.

Hello Fellow Kin,

If you haven't met me yet my name is Mathew Lobb and I am a 2nd year member of the Clinton and District Kinsmen Club and I was the District 1 speak off representative for the Kinsmen.

I have been asked by our District Governors Kat and Curtis to give my experience of the 2015 National Kinvention in Brandon, Manitoba.

This Kinvention was my first and I hope not my last.

Since this was my first Kinvention I didn't know what to expect. Who would I meet, what would we do, where we were going?

With those three questions I was not disappointed on what Brandon had to offer.

My wife Jessica and I flew in the Wednesday and were greeted at the Winnipeg Victoria Inn, by Kat, Curtis, Brenda Dineen and Alice Aweeh.

I can admit I have met each one before at the District 1 spring convention but I didn't really know them, and by the time the Kinvention was over they were very good friends.

The Thursday morning we were given a chance to do some community service at a Local Food bank. Jess and I felt that this would be a good opportunity to get out and meet the Kin family doing what the Kin family does best, Helping the community.

This was a fantastic Idea we instantly met a new Friend on the Bus over. he was from Medicine Hat. If you have ever been to a Kinvention you know that when I say the words Medicine Hat then you know right away I met Cameron Kemp. He was our first outside the district friend.

Thursday afternoon was a BBQ put on by National and it wasn't too bad, just a plain old burger and a pop. It was the car show and the live band that made it neat.

Thursday night we were treated to a dinner and a show at a local road house/ country bar. The food was fantastic and the entertainment was even better. Serious what is better than an 85 year old lady that can yodel. We also got to hear some great singing and see some great dancing, but the old lady stole the show.

Friday morning all the first timers got to meet in a room and we were welcomed to Kinvention with a nice shirt that said we were first timers and then were paraded into the Grand Meeting room. True fact, there were 90 newcomers to this Kinvention so it was a long awkward walk through the crowd.

After that we got to attend little information sessions on different parts of Kin. We learned how to address awkward moments in meetings, what the Kin foundations are all about, and How to use the media to better sell our club and events. And those were just three of the many available.

Friday at lunch is when we were given the numbers from the past year. The Kin Family Raised over 20 million dollars for the community and over a million dollars for CF. The food was crap, and there are a lot of people still waiting for their salad and garlic bread. But hey, good job to us for the awesome amount of dollars raised.

Friday evening was dinner and speak off. I don't know how the food was at this dinner since I didn't eat any of it. My nerves were a little on edge so I decided to not upset my tummy with a dinner.

There were 12 speakers from all over the country and I pulled number 11. So I got to sit and listen to almost everyone speak before I had to. Special Congrats to D1 Kinette Lori, you did a fantastic job.

This experience was one I probably won't forget any time soon, I walked up on stage looked at my wife and I said the speech the best I could. I had everyone locked on my every word, the room was silent with little

sniffles of tears amongst the crowd. When I was finished I thought that I had a chance at bringing the title back to District 1.

After the speeches was the costume party, a lot of people dressed up. But not district 1. We kinda party pooped the costumes but a select few D1 ladies decided to spit ball other kin members to make the time go by. Ain't that right good Kin Kat.

Saturday was business day, which did not have any business what so ever. It was more like a who can donate the most money and introduce people from national kind of day. I think Edmonton Kin club won with the most money donated. It was a lot of thousands of dollars.

Saturday night was the Presidents Gala and awards. This was again a nervous moment waiting to find out the results. Congrats to Contestant 7 Palma for winning the speak off. Good Job my friend.

So over all I would have to recommend a National Kinvention to anyone that wants to go. My self was a bit of a different story since my experience was paid for by National and My wife's Registration and flight covered by the Clinton Kinsmen and Kinettes. So we got to experience this with little out of pocket other than Jessica's hotel costs.

If we had not been funded this trip would of cost over a \$1000.00 each to go, which would of meant us not going unfortunately. So if you do have the time and the money to go, do it you won't regret it.

If you wish to see a national Kinvention but don't have that kind of funds please consider participating in the speak off at your next Zone Convention. I took a chance and it got me trip of a life time. I am a better person for the experience and I made a few friendships along the way.

I would like to end this now by giving a special thank you to Curtis and Kat. Even though this was your first time at Kinvention as well you guys welcomed Jess and I at every corner. You had a big smile and an open seat waiting for us at every step. You guys really know how to make your D1 team feel like a family. Good luck in the coming year, you will do great.

Yours in Kin,

Mathew Lobb.



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# Top 10 Web Strategy Tips for Kin

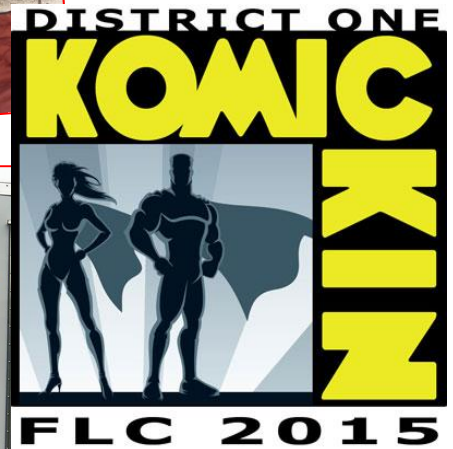
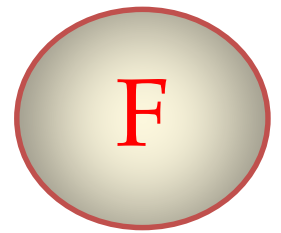
*Russ Jackman, District 1 Webmaster – September 12, 2015*

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1. Your Club website (or Club page on the District website) should be the authoritative source of information about your Club. Any posts on external websites, including social media platforms, should direct traffic back to your website.
2. Request links to your Club website from community partners and groups you support.
3. Combine the best of your website (a stable, consistent, accessible platform) with the best of social media (engagement) by including “share” buttons, comment boxes, etc. on your website. Many social media sites have tools or “widgets” that incorporate the social aspects of their platform on your site.
4. Social media success is based on engagement, not broadcasting. Like any relationship, it takes time and effort to build those relationships and engage more and more people through social media.
5. Have a plan, including the purpose and objectives of your social media activities. If you’re going to do something, be sure you understand why you are doing it and what “success” looks like. Your social media goals could include increased “likes” or “retweets”, additional ticket sales or participants for a project, donations of prizes or supplies, or new members.
6. Your Club should have a communication strategy, outlining who will be responsible for posting certain types of information or posting on certain platforms. Make sure everyone who needs to be is “in the know”. Have a plan and a designated person to deal with negative posts, complaints, or bad news relating to your Club. It is always best to respond openly, honestly and transparently with a consistent message from one designated person. Nothing can turn simple mistakes into scandals faster than conflicting reports, cover-ups, differing opinions from within an organization, or getting into a public argument on social media.
7. Create an “editorial calendar” to make sure social media and website updates are part of every project and event checklist. This process will also help you plan out ideas for other posts to engage your supporters, whether it be Member or partner profiles, photos or articles of past events, or “human interest” photos showing the fun, fellowship, and hard work that goes on behind-the-scenes.
8. Make sure your posts are a combination of content from others (curated content, sharing), recognition of partners, members and supporters, and “self-serving” posts (recruitment, event promotion, ticket sales).
9. To help engagement, make sure a number of your posts end with a “?” Ask questions to elicit feedback, ideas, begin conversations and build relationships.
10. Include photos or videos where possible. Visual elements will help your post stand out in the reader’s overcrowded feed, and increase the chance of your post being shared. Make sure that you have permission from the photographer or original source of the photo if you are uploading it (as opposed to sharing or retweeting their post), or use a stock image website to purchase photos. If using a “free” source, always keep a paper trail by printing off the page and license details, or saving a copy of the page.

## **Bonus Tip:**

Include paid advertising (“pay per click”) on social media platforms to increase the number of people you can connect with quickly. This is especially helpful for promoting events or ticket sales, and can either target people currently engaged with your Club or help you reach a larger audience.



#### Kinettes executive



CONTRIBUTED PHOTO  
Pictured are members of the 2015-2016 executive for the Elgin-St. Thomas Kinettes. Front row, from left – Jennifer Bamed, vice-president/treasurer; Sandra Craig, registrar; Brittany Sharpe, risk manager; Anne-Marie Vallee, membership director. Back – Carol Van Rooy, communications director; Jodi McLaughlin, president; Yvette Locke, secretary; Terry Baldwin, deputy governor; Lisa Muxfeldt, CF/service director. Absent – Paula Hill, awards director. The next general meeting is at the Knights of Columbus Hall, 265 Wellington St., St. Thomas, 7 p.m. Sept 22.



CONTRIBUTED PHOTO  
From proceeds of their popcorn sales at the Kinsmen's annual Easter Egg Hunt, the Elgin-St. Thomas Kinette Club were able to donate \$100 to The Grace Cafe in St. Thomas. Pictured from left – Marg Back, Jodi McLaughlin, Raymond (grandson of Marg), Stan (The Grace Cafe volunteer) and Melissa Bishop.







## Yarn Bombing in Listowel Ontario

Yes, I said yarn bombing! The North Perth Chamber of Commerce 1<sup>st</sup> Annual #YarnBomingListowel happened August 10-20. The Chamber of Commerce challenge all of Listowel to take part in this experience.

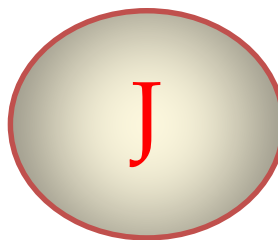
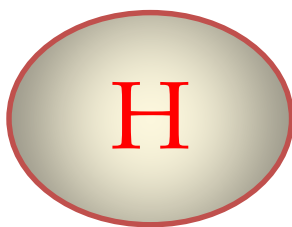
The Listowel Kinette Club took on the challenge. What is yarn bombing you ask? Well, I asked the same thing... My take on yarn bombing is that you take anything crochet, knitted or has yarn on it can be used and bomb away.

Listowel had tractors, street cleaners, cars, benches, trees, fences, fire hydrants, you name it, it was yarn bomb. It was a fun experience and the Listowel Kinette Club are planning on doing it again next year. I hope many more communities can get involved. This year we Yarn Bomb the Listowel Kinette Club splash pad.

Submitted by:

Melissa Penner

The Listowel Kinette Club





## Risk Management

### Are you playing safe?



The “**Making Ontario Roads Safer Act**”, or **Bill 31**, was approved unanimously in June and came into effect Sept. 1 – meaning some new rules for drivers and, in many cases, heavier penalties for breaking them.

Here is a look at five new traffic laws that are most likely to affect your everyday driving.

**Distracted driving:** If you’re caught looking at your phone, texting or talking on your phone while driving, you will face much bigger fines and more demerit points, the province is warning. The current fine for distracted driving is approximately \$200. As of Tuesday, Sept 1 those found guilty of distracted driving will face an increased set fine of \$490 and three demerit points upon conviction. Drivers with G1 or G2 licenses could have their permits suspended on the spot.

**Pedestrian crossovers:** Drivers will have to wait until pedestrians have completely crossed the road at pedestrian crossovers and school crossings before proceeding. About half of all fatal traffic accidents involving pedestrians occur at intersections, the Ministry of Transportation said. The new law is an attempt to make roads safer for pedestrians. This change will take effect in January.

**Passing cyclists:** Drivers will have to give cyclists at least one metre of room wherever possible. The fine for breaking this rule has not yet been set. Motorists who open the door of their vehicle into the path of a cyclist without checking will face increased set fines of \$365 and three demerit points upon conviction.

**The “move over” law:** As for Sept. 1, drivers will be required to slow down and move into the next lane whenever they see a stopped emergency vehicle with its red and blue lights flashing. This will apply to stopped tow trucks that have amber lights flashing. The fine for breaking these rules will be \$490 and three demerit points.

**Alcohol and drugs:** Those caught driving under the influence of drugs will now face the same penalties as drunk drivers, the ministry said. These include between a three and 90-day license suspension and a week-long vehicle impoundment. More than 45 per cent of drivers killed in Ontario were found that have drugs or alcohol in their systems.

(taken from: [www.mto.gov.on.ca](http://www.mto.gov.on.ca))



# National Award Winners

**Hal & Elspeth Rogers National Service Award**  
Christmas for Families in Need Project, Kinsmen & Kinette Clubs of New Glasgow, D7

**Founder's Award for Achievement**  
Dave Michael Roberts, Kinsmen Club of the Pas

**Decew-Phee Outstanding District Award**  
District 4 - Allan Martin and Cathleen Cooper-Martin, Governors, and their District Team

**Diane Rogers Kin Pride Award**  
Diane Therien, Kinette Club of Flin Flon, D2  
Shane Walsh, Kin Club of Ancaster, D1

**Founding Members Public Speaking Award**  
Palma Champoux,  
Kinsmen Club of Bridgewater & Area, D7

**National Kin Quill Award**  
Krista Conrad, Kinette Club of High River, D4

## GEM Award

(Awarded to those who sponsor 3 new members in the year).

Cedric Tomico, Kinsmen Club of Tillsonburg  
Melissa Bishop, Kinette Club of Elgin-St. Thomas  
Greg M. Bonito, Kinsmen Club of Fort Erie  
Shane A. Walsh, Kin Club of Ancaster, 3 GEMS  
Elaine Couch, Kinette Club of Kitchener-Waterloo  
Noel Labelle, Kinsmen Club of Ste. Rose  
Raquel Scheidt, Kinette Club of Tisdale  
Trevor S. Broker, Kinsmen Club of Saskatoon  
Chris Van Dorpe, Kinsmen Club of Nipawin  
Michelle Jandl, Kinette Club of Lloydminster  
Darlene Morris, Kinette Club of Calgary  
Trena Marthaller, Kinette Club of Calgary  
Lynn Croft, Kinette Club of Wetaskiwin  
Allyson Palaschuk, Kinette Club of Calgary  
Julie Redeker, Kinette Club of Calgary  
Jeanette Johnston, Kin Club of Fort St. John, 2 GEMS  
Collin Budd, Kin Club of Fort St. John  
Shelley Perkins, Kinette Club of Slave Lake, 2 GEMS  
Cyrille Barnabe, Kinsmen Club of Port Coquitlam  
Cameron D. MacKay, Kinsmen Club of Langley  
Doug James Anthony, Kin Club of Russell, 2 GEMS  
Mary Bursey, Kin Club of Conception Bay South  
Drew Douglas, Kinsmen Club of Bible Hill  
Susan Brooks, Kinette Club of New Glasgow  
Susan Mary Gallant, Kinette Club of Central PEI  
Donna Collens, Kinette Club of Mount Pearl  
Brent Greer, Kinsmen Club of Riverview  
J.D. Robinson, Kinsmen Club of North Bay  
Tammy L. Douglas, Kinsmen Club of Minden

## Maple Leaf Award of Distinction

*(Alphabetical by club within District)*

Cam Walters, Kinsmen Club of St. Thomas, D1  
Dave Martin, Kinsmen Club of Tillsonburg, D1  
Cedric Tomico, Kinsmen Club of Tillsonburg, D1  
Christine Brandt, Kinette Club of Walkerton, D1  
Lindsay Heath, Kinette Club of Boissevain, D2  
Vicky Longley, Kinette Club of Stonewall, D2  
Edith MacMillan, Kinette Club of Stonewall, D2  
Danny Halpin, Kinsmen Club of The Pas, D2  
Micheline Fay, Kinette Club of Winnipeg, D2  
Diane Theriault, Kinette Club of Winnipeg, D2  
Samantha Petrasko, Kinette Club of Winnipeg, D2  
Shelly Wilson, Kinette Club of Vermilion Bay, D2  
Jaclyn Gibson, Kinette Club of Assiniboia, D3  
Michelle Jandl, Kinette Club of Lloydminster, D3  
Allyson Palaschuk, Kinette Club of Calgary, D4  
Julie Redeker, Kinette Club of Calgary, D4  
Trena Marthaller, Kinette Club of Calgary, D4  
Tracey Benson, Kinette Club of Edmonton, D4  
Cathy Tse, Kinette Club of Edmonton, D4  
Shawn Huculak, Kinsmen Club of Edmonton, D4  
Dan McEleney, Kinsmen Club of Edmonton, D4  
Yannick Tchania, Kinsmen Club of Edmonton, D4  
Darren Quilley, Kinsmen Club of Edmonton, D4  
Tony Nguyen, Kinsmen Club of Edmonton, D4  
Jamey Lo, Kinsmen Club of Edmonton, D4  
Karen McBride, Kinette Club of Edmonton, D4  
Jennifer McLeod, Kinette Club of Fort McMurray, D4  
Timothy D. Frantz, Kinsmen Club of Lethbridge, D4  
Lisa Dixon, Kinette Club of Medicine Hat, D4  
Jaime Gale, Kinette Club of Medicine Hat, D4  
Barbara Sparling, Kin Club of Comox Valley, D5  
Marie Striker, Kinsmen Club of Kitimat, D5  
Heather DeRochie, Kinette Club of Cornwall, D6  
Robyn Rutherford, Kin Club of Russell, D6  
Perry Kohler, Kinsmen Club of Bible Hill, D7  
Jennifer Sutherland, Kinette Club of New Glasgow, D7  
Darryl Wood, Kinsmen Club of New Glasgow, D7  
Pat Bowers, Kinsmen Club of Sackville (NS), D7  
Sel G. Thomas, Kinsmen Club of St. John's East, D7  
Michael Mallowney, Kinsmen Club of St. John's East, D7  
Justin Ledoux, Kinsmen Club of Peterborough, D8

**Outstanding Maple Leaf Award of Distinction**  
Jaclyn Gibson, Kinette Club of Assiniboia, D3

#### Boake Efficiency Award

Kin Club of Ancaster  
Kinette Club of Collingwood  
Kinette Club of London  
Kinette Club of Stonewall  
Kinette Club of Calgary  
Kinette Club of Edmonton  
Kinsmen Club of Edmonton  
Kinsmen Club of Kitimat  
Kin Club of Russell  
Kinsmen Club of Sackville  
Kinsmen Club of Bible Hill  
Kin Club of Conception Bay South

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#### Outstanding Boake Efficiency Award

Kin Club of Ancaster  
Kinette Club of Collingwood  
Kinette Club of London  
Kinette Club of Stonewall  
Kinsmen Club of Edmonton  
Kinette Club of Edmonton  
Kinette Club of Calgary  
Kinsmen Club of Kitimat  
Kin Club of Russell  
Kinsmen Club of Sackville  
Kinsmen Club of Bible Hill

#### Outstanding Kin Award

Jody Foster, Kin Club of Florenceville, D7

#### Outstanding Club Award

Kinette Club of Collingwood  
Kinette Club of London  
Kinette Club of Stonewall  
Kinsmen Club of Edmonton  
Kinette Club of Calgary  
Kinsmen Club of Kitimat  
Kin Club of Russell  
Kinsmen Club of Bible Hill  
Kin Club of Conception Bay South

#### Outstanding Zone Award

Jan Sollows, 1A  
Derek Ciuciura, 1A  
Lisa Orth, 1B  
Fred Mollimon, 1B  
Debbie Hodgkinson, 1C  
Katie McKean, 1C  
Debbie Ruffley, 1D  
Darryl "Dutch" Van Moorsel, 1F  
Karen Coutts, 1F  
Dustyn Pumfrey, 1G  
Bob Fairhurst, 1H  
Elaine Johnston, 1J  
Darren "Aussie" Brunjes, 1K  
Betty Kelley, 1K  
Angela Jenkins & John Tse, 4B  
Patsy Inkpen, 7D

# Congratulations!!



Availability is on a request basis now.....



## District One Cystic Fibrosis Trip 2016 THE RIU PLAYA BLANCA RESORT IN PANAMA!

Make a minimum \$50.00 donation to Cystic Fibrosis Canada to experience an incredible vacation in PANAMA!



Exclusive group rate of **\$1463.00** (includes tax of \$235.00) for a vacation package to Panama, relaxing at the 5 star **RIU Playa Blanca Resort**

Enjoy seven nights (all-inclusive) departing from Pearson International Airport on **February 5th, 2016.**

To arrange for your donation to Cystic Fibrosis, please contact:

Wendy Rolfe  
wendy.rolfe@mohawkcollege.ca  
(905) 516-9847

You will be sent a confirmation email to proceed with booking directly through Terry Baldwin, Travel Advisor for TPI – Travel Professionals Int.

Non-refundable deposit of \$150.00 per person due August 3, 2015.

Balance due by the "Early Booking Bonus" date of October 24, 2015

*Please note that rates are based on double occupancy. Single, triple, child fares and room category upgrades are also available.*

*This is a limited time offer and can expire at any time based on availability.*



For more information please contact  
Terry Baldwin at [terrytravel@rogers.com](mailto:terrytravel@rogers.com) or 519-631-5431.

Is your club making a plan for National Day of KINdness?



National Day of  
**KINdness**

## IDEA BANK SAMPLER

**From your fellow clubs to Pinterest,  
there are many places to look for ideas that will leave an impression!**

Give hot drinks to road workers with a KINdness card.

Donate school supplies to a school in need.

Help out at a local school breakfast program, or donate food items.

Give blood!

"Keep going! It will be okay."

Put inspiration notes in random places, you never know whose day you'll make.

Give out blankets/ new shoes/ warm sweaters to people without shelter.

Purchase baby items for your local food bank: diapers, formula, baby food.

Volunteer with one of the charities your club supports.

Leave a bouquet at the hospital - the nurses will know who needs it the most.

If it's snowy, be 'snow angels' for the day and shovel the driveways of your neighbours.

Pick a few grocery stores and help people carry their groceries.

Pay for the coffee of the person behind you in line, or hand out gift certificates.

Send a charity in your area a thank-you message with a KINdness card  
to tell them how much you appreciate what they do.

Use a KINdness sticker on a baggie, fill it with candy or other goodies, and give away.

Hand out balloons with a KINdness card attached to children as they are leaving the mall.

Help organize an adoption day with a local animal shelter,  
where animals are brought to a public event to find a forever home.

Host a free dinner for members of your community who need either a free meal, some company, or both.

When in doubt, visit your local volunteer centre's website leading up to this event.  
Find the most-needed position and fill it for the day.

### FOR MORE INSPIRATION

follow our National Day of KINdness Pinterest Board @kincanada





**Kin Canada**  
**St. Thomas**  
**Kinsmen Club**

**Friday, November 6<sup>th</sup> and Saturday, November 7<sup>th</sup>, 2015**

The Kinsmen Club of St. Thomas invites you to Komic Kin, FLC 2015.

Komic Kin is our tribute to Comic Con, the comic and pop culture convention. It doesn't matter what you are a fanboy or fangirl of, you'll be at home at Komic Kin! Star Trek, Star Wars, Dr. Who, Batman, Superman, Zombies, Zombie Batman, Family Guy, Minions ... the list goes on!

Everything will be held under one roof at the Best Western Plus Stoneridge Inn and Conference Centre. Located right off the 401 in London, Stoneridge Inn has been recently renovated and offers comfortable, modern accommodations and great food. Most of the hotel's 72 rooms feature a single King-size bed, while some rooms come with two Queen-size beds. The hotel has one accessible guest room and three King suites. A limited number of cots are available. All rooms feature pillow-top mattresses, 37" flat-screen TV, mini fridge, and in-room safe. Overflow hotels are located just 8 minutes away.

Breakfast is included in the room rate for registered overnight guests, and is served at the hotel's restaurant, Pasto's Grill. Pasto's Grill has a 4.5 out of 5 star rating from 130 reviews on TripAdvisor.

Your full registration includes Stoneridge Inn's corporate conference package on Saturday, including early morning coffee and tea; mid-morning coffee break with pastries, coffee, tea, and juices; a deli sandwich lunch buffet with pasta salad and desserts; and, and afternoon beverage break with soft drinks, coffee and tea.

Saturday night's banquet will be a semi-formal affair, featuring a traditional buffet of chicken breast with tarragon sauce, roast beef carving station, cheese tortellini, roasted potatoes, and seasonal vegetables. Please be sure to list any special dietary needs on your registration form.

Magic Light & Sound will be rocking the main ballroom both Friday and Saturday night. Bar prices have been set with the hotel, and are \$5 for domestic beer and standard liquor.

When the party winds down, you can join us in the "Bat Cave". Instead of a traditional hospitality suite, the "Bat Cave" is our after-hours BYOB lair which will allow members to keep the fun and fellowship going in one location.

If we completely book the 72 rooms at Stoneridge Inn so all overnight guests are Kin, we will see the return of Wakey Wakey!

Full Early Registration (before October 15) is \$125. Individual event pricing is \$45 for the coffee breaks and lunch package (which is our cost), and \$80 for the Saturday night banquet.

More information and updates will be posted at [StThomasKinsmen.com](http://StThomasKinsmen.com). Online registration is also available on our site.

We look forward to seeing you at Komic Kin, FLC 2015!



# DISTRICT ONE KOMIC KIN FLC 2015



## FALL LEADERSHIP CONFERENCE

# "KOMIC KIN"

NOVEMBER 6-8, 2015  
LONDON, ONTARIO

HOSTED BY  
THE KINSMEN CLUB  
OF ST. THOMAS

## REGISTRATION INFORMATION

Name \_\_\_\_\_

Spouse / Partner \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ Postal Code \_\_\_\_\_

Telephone \_\_\_\_\_

Email \_\_\_\_\_

Home Club: Kinsmen / Kinette / Kin Club of \_\_\_\_\_

First Convention? Yes / No

Dietary Needs, \_\_\_\_\_

Other Requests \_\_\_\_\_

or Comments: \_\_\_\_\_

## FULL REGISTRATION

Early Registration  
if paid by October 15, 2015: **\$125** per person  
For late registration, please add \$10

Includes a Saturday Conference Package (early morning coffee and pastries, mid-morning coffee and juice, deli lunch buffet, and mid-afternoon refreshments) and the Saturday night banquet and dance.

Breakfast is included in your room registration, and is provided each morning for overnight guests in Pasto's Grill.

## INDIVIDUAL EVENTS

Saturday Conference  
Package only: **\$45** per person

Includes early morning coffee and pastries, mid-morning coffee and juice, deli lunch buffet, and mid-afternoon refreshments).

Saturday Night Banquet only: **\$80** per person

Includes Saturday night buffet dinner and dance.

Note: Breakfast is provided by the hotel for overnight guests in Pasto's Grill. For non-registered delegates, lunch can be purchased at the hotel restaurant, and there is a Tim Horton's and other dining options approximately 5 minutes away.

## HOTEL INFORMATION

**\$99** PER NIGHT PLUS TAXES

**Best Western Plus Stoneridge Inn & Conference Centre**

6675 Burtwhistle Lane, London, ON N6L 1H5

**Call now to book your room: 1-888-471-2378**

**Important:** Be sure to mention you are booking to attend the "Kin Conference", as all rooms in the hotel are reserved in our block until October 15th. For best selection, **book your room right away!** A limited number of rooms with 2 Queen beds are available on a first come basis, so book early! 1 accessible room available. Balance of rooms feature a single King bed. Only 72 rooms available in the hotel, there will be an overflow hotel 8-10 minutes away if needed.

For more information  
or to

**register online,**  
visit

[www.StThomasKinsmen.com](http://www.StThomasKinsmen.com)

Please make cheques payable to "St. Thomas Kinsmen" and mail to:

Russ Jackman  
10 Edgewell Cres.  
St. Thomas, ON N5P 4K7  
[russ@internetadvisor.ca](mailto:russ@internetadvisor.ca) | 519.782.7877