



Winter 2011 — Kinship One



Kinship One

The Official Publication for District One of Kin Canada

ISSUE 2 – WINTER 2011



this issue

Governors' Message... P. 3
New Member Profiles P. 5
Membership Focus P. 7
VG's Report P.15
Coming Events P.16

DISTRICT 1



WELCOME NEW MEMBERS

In this edition of Kinship One, we're in the spirit of not only the Happy Holidays, but also of celebrating our new members!

Inside these pages you'll see tons of profiles of our new members. Featuring new members was the idea given to K1 Editors by your Deputy Governors, who have worked hard to retrieve the profiles and get them in by the publish deadline.

If your Club has a new member that you want featured, contact your Deputy Governor or the K1 Editors.

No Duct Tape Spared, Neither Was The FUN!

Congratulations to Mount Forest Kin for hosting an incredible Fall Leadership Conference with the "Duct Tape Forever" theme. It was amazing to see District One's spirit and creativity all weekend. Governors Colleen and Dan and District Council kept business moving quickly as the focus of the weekend was learning and fun.

With nine excellent workshops, each very well-attended, there was no shortage of learning. Highlighted seminars based on feedback included National President Dave Ronson's Public Speaking, DMD Marty's Branding Your Club and Woolwich Kin Bill McBay's Sponsorship & Marketing. Thank you to all seminar facilitators who put in the time and effort to prepare the best education for District One.

The Awards Gala was a wonderful affair. Past Governors Elaine and Odette took great care to bring us an evening of celebration and excellence – congratulations to all award winners and participants!

Thank you to all those who attended FLC 2011, especially our new members and first-timers. It was a great weekend – can't wait to see what K-W Kin come up with for 2012!

Governors' Holiday Message

Hello District One !

Warm Holiday wishes from us to each and every one of you this festive season. We are confident that Santa will be filling your stockings as we just know each of you has been nice, after all you are District One Kin!

We are now in mid-race form and are thrilled to say, thank you to all of you who have gotten REV'd up and made a conscious effort to adopt this program, embrace it, instill it into your club and to spread the message. You are making a difference in shaping this District into a positive, respectful one. From the immense feedback we have gotten at every turn already, the dividends are starting to show in our attitudes and in our clubs. As we continue laying rubber to the track, let's not let up on this fellow Kin, keep your foot to the floor and keep that REV meter red lined!

We need to thank everyone who attended an incredibly successful Fall Leadership Conference. Mount Forest Family of Kin, we shall always remember to carry duct tape, thank you. It truly was an incredible weekend of education and awareness. From personal skills to new "green" club project ideas, to National activities and information, to having not only President Dave Ronson present, but also our 2 National Vice-President Candidates Melodie-Morgan Lemoelgou & James Doerr.

We have been quite busy throughout the District this year already and as such need to also take a moment to say a very heartfelt congratulations to some special members who have now had the ultimate bestowment of Life Membership placed upon them; Life Members Kin Wayne Mick (Drayton) and Kin David Proudlove (St. Marys) Your dedication to this Association, to your club, and to your communities has not gone unnoticed and each of these is better because of you; for that we are eternally grateful.

We as an Executive have been working diligently to not only assist you in overcoming any difficulties, but also to help in any way we can to provide you with the knowledge and education you wish to acquire. Please do not hesitate to ask us for help assistance no matter how big or small it is. We are here to help you in any aspect, whether it be rolling up our sleeves and helping in a club project, to helping or facilitating such things as a new members' seminar, a club charter, a membership drive, anything. We want you to succeed and will do everything in our power to help make that happen.

Fellow Kin, we wish you all the best over the holidays. Take a deep breath, pat yourself on the back. We are all family here in Kin and share the same desire to make this world a better place for our families, so in striving to ensure that take. Let's all take the time to tell our families how much we love them.

Happy Holidays

Yours in Kin,

Dan & Colleen

District One Governors

"REV" it up !



DISTRICT 1 IS REV-ING

Clubs get happier & healthier when they REV

On a cold and rainy Sunday afternoon in November, the Hanover Kinettes were pleased to be warmly welcomed as guests at the home of the Chesley Kinsmen for an afternoon workshop with District Governor Colleen. Having faced the challenges of rebuilding our club since September 2010, our club approached Deputy Governors Karen and Mark to see what resources were available to help us. The DGs suggested a workshop with Governor Colleen to focus on the District 1 **REV** goals - Respect, Education and Vision.

The day started with covering the basics of a good meeting process, addressed how to chair a meeting, how to report on projects and focused on how returning to a formal structure will allow the Kinette Club of Hanover to easily bring respect back into the club. The workshop gave us a chance to raise issues and concerns around format and structure, (how long do typical meetings last and what should standing agenda items be), featured tips and tricks (like a time keeper to help us make the most of our precious and limited time) and allowed us to come together as a team through role playing while learning how to implement new skills.

We left feeling revitalized, empowered and looking forward to a successful Kin Year! Thank you very much to DGs Karen and Mark for suggesting and arranging the workshop, thank you to District Governor Colleen for making the trip up to Chesley to facilitate and to former DG and Chesley Kinsmen Life Member Bill Gardhouse and Chesley Kinsmen President Mike Walsh for hosting and lending their experience to support Governor Colleen's workshop.

~ Submitted by Hanover Kinette Chantal LaDuke



Season's Greetings – Zone A

“And the Grinch, with his Grinch-feet ice cold in the snow, stood puzzling and puzzling, how could it be so? It came without ribbons. It came without tags. It came without packages, boxes or bags. And he puzzled and puzzled 'till his puzzler was sore. Then the Grinch thought of something he hadn't before. What if Christmas, he thought, doesn't come from a store? What if Christmas, perhaps, means a little bit more?” - Dr. Seuss

As the Holiday Season is upon us, we find ourselves reflecting on the past year and on those who have helped to shape our zone in a most significant way. We value our relationship with you and look forward to continuing to work with you in the months to come. We wish you a very happy Holiday Season and a New Year filled with peace and prosperity.

DG Melissa, Joanne, Sharon and Erin



New Member Profiles

Who are they? Where did they come from? How did they get to Kin?

CLUB: Preston Kinettes
Name: Ashley Drumm (Little)
DOB: February 12 1985
Lives in: Cambridge Ontario
Marital status: Married to R.J. Drumm
Occupation: Work at Jenuine Care as a footcare nurse
Interests: Reading, music, spending time with family
How did you get into Kin? - Mostly have heard through R.J., which was originally brought to R.J.'s attention by Eric Ramljak. I heard about the kinettes through some of the activities I have helped the kinsmen with by the kinsmen members.



Michelle Galbraith is the newest member of the **Tara & District Kinettes**. This married mom of 5 kids (ranging in age from 2 to 21) started her Kin career with a trip to visit the Portraits of Honour with a whole busload of Zone J Kin in April. Apparently we didn't completely scare her off, because she decided to stay!

She chaired the Kinette entry for the Santa Claus parade this year, which included not only a float - complete with Grinch, but also their annual food drive for the local food bank. She is very enthusiastic about visiting other clubs, and checking out other Kin opportunities.

When asked why she joined Kin, this is what she had to say: *"I joined Kinettes because initially I wanted something to get me out of the house as I am a stay at home mom. From Kinettes I have not only been able to contribute to my community it has also given me a chance to get to know my community. Through Kinettes I met my current boss that allows me to work from home, which is something I never thought I would be able to do."*

Oh, and if you're looking for some yummy Christmas treats - she's your gal... she's forever posting pictures of her creations on Facebook, and not inviting me over to eat them...

SUBMITTED BY DG KAREN

CLUB: Preston Kinettes
Name: Gail Kelly
DOB: 45 yrs ago
Marital Status: Married
Occupation: I work part-time as a supervisor and office clerk at Zehrs.
How did you get into Kin? I am married and have 3 beautiful daughters and 2 wonderful grandchildren. I decided to become a kinette for a couple of reasons. One, because my daughter Erica is a Kinette and I have watched how much fun she has being a member. Another reason is because I wanted to become more active in the community. I enjoy being a part of a club that does such wonderful things. I hope to be a member for many years to come. I look forward to doing such great things for the community in the future.

CLUB: Preston Kinettes
Name: Rachel Becker
DOB: March 5th '85 (North Bay, ON)
Family: Sharon Rae-mum, Ed Becker-dad, Geoff Becker and Tim becker-brothers
Occupation: Metal smith, Work @ ATG Diamond Outlet in Cambridge
Marital Status: Eric Ramljak is my boyfriend and the reason I heard of Kin
How did you get into Kin? You and Deedee gave me my invitation! Thanks!

(ALL 3) SUBMITTED BY DG MELISSA



C-SONS

GREETINGS DISTRICT ONE ..

From all of us in **Zone**
C to all of you, we
wish you **PEACE**,
LOVE, JOY and special
time with **FAMILY**
over this wonderful
Christmas season and
the very best in 2012.

Yours in Kin,
Monika McKean,
Deputy Governor
Barb McArthur
Zone Membership & Awards
Lisa Burechails,
Zone Cystic Fibrosis & Service
Katie McKean,
Zone Secretary

New Member Profiles

Who are they? Where did they come from? How did they get to Kin?

CLUB: Shelburne Kinettes

Name: Jeannie Cocomile

Joined: March 11, 2011

Occupation: Sales associate in Shelburne Foodland

Status: Lives alone with her cat, who rules the house

Kin-ing It: Is right on track for her Rookie of the Year Award. Joins in everything, and always there to help out when we are short on man power, does that little bit extra that the club really appreciates.



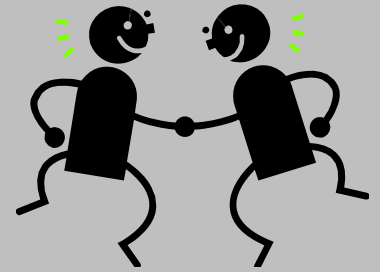
This year we did something different and didn't do regular profiles (thanks to Kinete Katie McKean – Collingwood - for this great idea). Instead we asked random questions of our members, so here are Jeannie's answers.

1. Last time you swam in a pool? *4 years ago*
2. Type of music you like most? *Western (new)*
3. Type of music you dislike most? *Heavy Metal*
4. Are you listening to music right now? *Yes*
5. What color is your bedroom carpet? *Egg Shell White*
6. If you could change something about your home, without worry about expense or mess, what would you do? *Laundry Room*
7. What was the last thing you bought? *The Little Couple*
8. Have you ever ridden on a motorbike? *Yes*
9. Would you go bungee jumping or sky diving? *Yes*
10. Do you have a garden? *No*
11. Do you really know all the words to your national anthem? *Yes*
12. What is the first thing you think of when you wake up in the morning? *Turning off the alarm*
13. If you could eat lunch with one famous person, who would it be? *Carol Cote, Shelburne Kinettes*
14. Who sent the last text message you received? *Don't text*
15. Which store would you choose to max out your credit card? *Walmart*

Submitted by DG Monika

CLUB: Harriston Kinsmen

Name: Chris Langridge



Fellow KIN, it is with great honour that I have the opportunity to submit this profile about Fellow Kin Chris Langridge.



Kin Chris is the newest member of the Harriston Kinsmen Club, and brings into this association a lot of good spirit, drive, and opportunity.

Kin Chris, coming from a family background, now has his own wife and 3 kids, (pictured above) and is also a very energetic people person. He has brought these morals, background, and skills all together, to form LakeRidge Heating & Cooling Inc. Chris and his family, as well as his business all reside out of Harriston, ON, which marks his home for his immediate family, as well as his KIN family.

I am quite positive, that with no doubt in my mind, Chris will find a second home here, in this Association called KIN CANADA. If you get the chance to meet Chris, be it a club visitation, or a convention, please – offer him a sincere warm welcome.

Visit www.lakeridgeheating.ca or email Chris at lakeridge@wightman.ca

Submitted by DG Tyler

CORRECTION

The previous issue of Kinship One had incorrectly identified the Listowel Kinettes as organizers of Listowel's Summerfest. Summerfest was organized by the Listowel Kinsmen Club. We apologize for the error.

District Membership Director – Focusing On Each Other

Usually around this time of the year, you would expect to hear something more in tune of “Happy Holidays, Joyeux Noel or Merry Christmas” and while I would like to echo those sentiments to every member of District 1, I have something else I’d like to say to everyone.

When I first came into the Association of Kin, I was told about our origins. How a young man named Hal Rogers had come back from fighting in the war and missed the camaraderie that he had experienced in the trenches.

This had me believing that being a member of Kin was based in fellowship and in friendship. Service work gave us form and function, but it was the relationships that you cultivated while doing service work that really made the ties that bind Kin all that much stronger.

I guess this is what drew me to Kin, a place where everyone belongs and is part of a larger family. Someplace I would know that my brothers and sisters would have my back when everything is falling down around me.

It is this that has me troubled with Kin at this time. With the economic climate and people having to shift their priorities to survive in these times, how many times do we do something for our own members?

I remember hearing about socials that clubs did for members of their own clubs, kidnap breakfasts and redoing a porch for someone while they were away on vacation. These stories are rare in this day and age and maybe it’s something that we should put more focus on.

Everybody loves doing something that produces a tangible result. A Cystic Fibrosis speaker seems to always produce a feeling of accomplishment and motivation to go right back out and do more.

So why don’t we do this for the people that work right beside us at projects?

I was fortunate enough to do something like this over the summer. A member of District 1 decided to do something for another member of another club, and proceeded to make a backyard makeover a District-wide project for this person. It will always be one of my treasured memories of being in Kin. Not only for the reaction of the individual who received this gift, but for being included in something like this that I can impart onto future generations of Kin.

It’s the bonds of friendship that this association has given me, and I start to think during this holiday season, what can I give back to my fellow members and friends?

I guess that is the question that I put to the members of the district, what can you do to help your fellow club members during this time of year? Shovel their snow for them? Bring over some Hot Chocolate and visit with them? Why are our club members becoming strangers instead of best of friends?

Fellow members, please take this opportunity to spread some cheer during the holiday season. Make it something personal for one of your club members. Make a lasting impression on someone who is going to be your brother or sister through good times and bad.

The impression you would make on these individuals will even make a Grinch’s heart grow 3 times its’ size. What better immediate, long lasting impact could you make, than being a secret Santa to one of your own club members?

Happy Holidays Fellow Kin, and remember the ties that bind us together will only get stronger with your assistance.

***District One Membership Director
Marty Makins***

BEFORE



AFTER



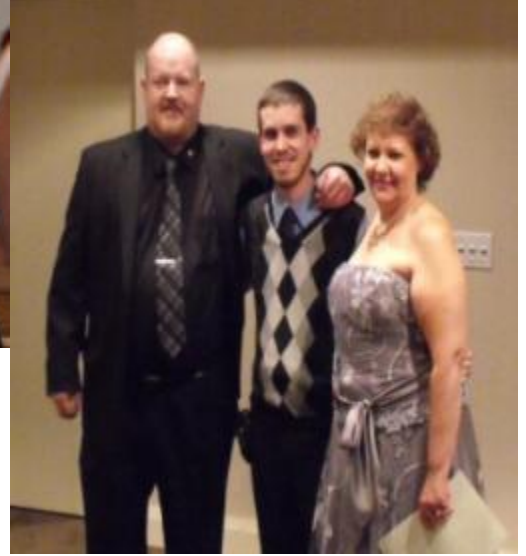
See more photos on next page

District Membership Director – Focusing On Each Other (cont'd)

One idea. 2 days. \$250 to work with and a group of Kin family volunteers. While Governor Colleen was away at National Convention, a group of Kin and their family replaced her back porch & stairs and did a complete backyard makeover, because they wanted to do something to make Colleen's world brighter as thanks for her dedication to Kin. Thanks to some monetary donations from fellow Kin, discounts at local businesses and all of these volunteers and their HUGE hearts, mission accomplished.

THANKS TO: Marty Makins, Terri Iredale, Holly Bradford, Cheryl McTeer & Family, Karen Lemieux & Family, Erin Britton, Earl Cabana, Cheryl Bridges, Brad Bedford, Dave Proudlove, Colleen's "boys" and the local businesses who gave us discounts.





FLC 2011

Duct Tape Forever



More New Members!

CLUB: Hensall Kinettes

Name: Erin Campbell

Erin Campbell: I tried out the Hensall Kinettes club last year a few times but because of work was unable to fully commit. This year I decided to join as my work schedule had changed and was able to commit. The big reason I joined was to see things happen in my community.

I think I have lots of good ideas and like to see the smiles on faces when people are having fun. I have taken on Treasurer, Bulletin Editor and doing the Scrapbook. I enjoy doing these things and like to keep things organized. I like the ladies in our Kin group and look forward to recruiting new faces!

I have a niece and nephew that take up a lot of my time and LOVE every minute of it. I spend all the time I can with my family but also enjoy spending time with friends.

I enjoy playing volleyball, baseball, ball hockey and ice hockey. I am very excited about the new endeavours for our club this year and look forward to making the events hosted by the Kinettes grow!

Submitted by DG Sue

CLUB: Garden City Kin

Name: Heather Paterson

Heather is married to Kin Kid/Kinsmen Bryan Paterson of Garden City.

Upon becoming a new Canadian resident in 2010, I pushed my mother-in-law, Cheryl Huston into getting The Kin Club of the Garden City active again. I had been inquiring about Kin Canada for years before and was very interested. Starting with an informational meeting we grew the club from 2 members to 8! The reason I was so interested in the group's regeneration is that I wanted to have a feeling of togetherness; a close-knit

group working toward a common cause. The drive to help raise awareness, and much-needed funds, to continue the research for a cure for Cystic Fibrosis became even clearer to me when a friend from High School recently passed away due to complications of this disease. I enjoy the family that we have and the social events that we hold. I look forward to meeting new people and sharing new stories and opportunities. The community that is Kin is what I joined for.

Heather Paterson
Garden City Kin Club.

Submitted by DG Tracy

CLUB: Preston Kinettes

Name: Pam Berry

What to say about me. HMMMM. My name is Pam Berry and on December 30 I will be 40 years old. Lucky me.

When wearing my mom hat I have 3 boys; Austin (16), Luke (9) and Patrick (3). My amazing boys keep me running, but that's what a mom does. I love them and their varied personalities.

Wearing my wife hat I am married to the very talented Kinsmen Paul Berry. We are a strong team and try to keep our family moving in the right direction. When wearing my work hat I am a Children's Service Library Assistant all though most of the children just call me the Library Lady. I have been with the library for 12 years. It's a wonderful job and will probably be with the library for another 12 years.

To round my life out I love to travel, do fundraising events, read great books, eat great food, drink great wine and spend time with friends and family.

Oh and to balance all the eating, drinking and to keep me fit and healthy I am an active member at our local YMCA.

In a nut shell that's me!

Submitted by DG Melissa

SEASON'S GREETINGS



Wishing a very Merry Christmas and Happy New Year to the one and only Sexxy Beast! May all your wishes come true this coming year!

YIK, Gord



DEAR BARB MCARTHUR, I hope you have a fabulous holiday season.

Enjoy lots of time with friends and family. Merry Christmas and Happy New Year!!!

Love, Your Secret Sister

Zone G is doing Grrrrrrreat!

All clubs in zone G are preparing for the new year:

The kinsmen club of Merlin have raised over \$13,000 for new playground equipment for their Park. They are currently raising funds to the tune of \$140,000 to install the splash pad for their Park. They are currently raising funds through a four wheeler draw and recently had a golf tournament to raise funds for the splash pad.

The Kinsmen Club of Wallaceburg have just completed their community centre and gym, they spent 1.5 million to complete this project. Opening Ceremony will be held Nov. 17.

The Kinette club of Chatham are pleased to report that they have successfully paid \$19,000 for the vests to be used by the twins. Bingos continue to be a main source of fundraiser for the club. They had a successful year last year and hope to continue that success as they have a few more perspective members out there meetings.

The kinsmen club of Dresden have sponsored a local young gentleman with cystic fibrosis as he is currently on the list to receive a double lung transplant. They are also in the process of plans to expand their clubhouse. They recently visited a new canning plant in Dresden and are

hoping to partner with them for a community festival.

The kinsmen club of Blenheim are planning to do their cystic fibrosis fundraiser which is a dance and elimination draw. The date for this will be January 28 in Blenheim. Congratulations to life member Dave Walters for winning the zone G Perc Dawson tournament.

The kinsmen and Kinette clubs of Dover are recovering from a long and busy summer of festivals and food booths. They are planning a few fish fries in the upcoming months.

The kinsmen club of Sarnia in conjunction with the Goderich kinsmen are had a fundraiser October 22, which was a Monte Carlo night in Sarnia. All proceeds went to the town of Goderich. Sarnia is planning the annual Christmas parade of lights, which will be held Saturday, December 3.

Christmas is upon us and then we begin a new year ! I would like to take this opportunity to wish all of you a Very Merry Christmas and a New year full of health and happiness!

Yours in Kin,
DG Bruce Moulton



SEASON'S GREETINGS

On behalf of our Zone B Executive, I would like to wish you all a very very Merry Christmas.

We wish your holiday season and the New Year be filled with joy, happiness, and success.

ZONE B DG TYLER

Quickie Club FUN Project

The Kidnap Breakfast. Once very common, a few clubs still conduct one and it's always a hilarious, fun way to get to know your members and surprise them with fellowship.

It requires a small planning committee to contact those their fellow members live with to warn them of the event. They then go around the morning of, wake up their fellow, unknowing members, give them very little time to get out of the house and away they go to the next member's house until all are included in the convoy.

At some point, the entire club sits down for breakfast and enjoys fun & fellowship, maybe even a good fines session.

There are numerous versions of this event – what will your Club's version be?

Zone D Report

Fellow Kin, I can't believe we are already in the holiday season! Zone D is so busy with all of their Christmas service projects, which are so important to their communities. From tree lightings to food and clothing for those in need, The Kinsmen and Kinettes of Zone D are working to make their towns a better place. Our first round of visitations is almost completed and we are looking forward to the new year.

Founders night will be on February 21, 2012, hosted by the Kinsmen Club of Fort Erie.

Lets use this time of year to show our communities, clubs, family and friends just how much they mean to us, by keeping up the good work that we all do!

On behalf of LM Denny , Shane, Kathy and myself I would like to wish the clubs of Zone D and the entire District, a Merry Christmas and a Happy New year!!

Yours In Kin,
Deputy Governor Tracy



AROUND THE DISTRICT – Zone B

Zone B Clubs are REV'd up and ready for Zone Conference

Fellow KIN, welcome to the KINSHIP ONE, Winter Edition. First off, I would like to congratulate each and every club President, their executive, and their members, on an excellent job well done to date. When I say "Excellent Job", I mean anything from initiative, to service projects, to public relations, to risk management deadlines. Cheers!

I would like to congratulate the newest KIN club in our Zone (B) – The Mount Forest Kin Club, for an outstanding job hosting this year's Fall Leadership Conference - my eyebrows still hurt from the duct tape! This also extends to our District Executive and Council, for their amazing selection of seminar speakers and of course the organization of everything else behind the scenes.

Zone B is still full of enthusiasm, with our membership and our service projects growing, the future is looking bright! If anyone would like information on clubs within Zone B, (i.e. Meeting times, President contact info, etc.) please do feel free to contact me.

Our Zone Conference, hosted by our newest Kinette Club (The Centre Wellington Kinettes) is March the 4th, with an 8AM breakfast, and 9AM Call to Order – SHARP!

Sincerely,
Tyler R. Struyk
Zone B, Deputy Governor
2011-2012

tstruyk@tdtechinc.ca
519-590-2695 (c)



Quickie Club Projects

Need a little help paying for your dues? Try the Zehrs tapes or Shopandsupport programs.

ZEHRS TAPES – Check with your local Zehrs to ensure they participate in the Zehrs tapes program. If they do, the project is easy and doesn't involve extra time! Simply do all your shopping at Zehrs, keep your receipts, and once you have a big stack, mail it in to the address the store provides. Zehrs will donate back a small percentage of the receipt totals – voila! A boost for your General Account.

Shopandsupport.com – another easy program and like the Zehrs tapes, it's all about doing your regular purchasing, but with one extra step. Whether you do this as a club every few months or you involve the community in a pre-Christmas blitz, gift/shopping cards purchased through the program will net the Club with a small percentage (between 2-15%) of the card's worth. The card still keeps its purchased value, and the Club gets a kickback from the sale!

www.shopandsupport.com for more information.

Dearest Sandy,

This has been such a hard year for you, but know that you are adored and loved, we are just a phone call or email away and our hearts are with yours this Holiday Season.

Translation: You dial our number, we'll bring the wine!

Merry Christmas & Happy New Year

*Love,
Palmerston Kinettes*



**FLC FIRST-TIMER... and
DISTRICT ROOKIE OF THE YEAR**

**LAST YEAR: NEW MEMBER
THIS YEAR: DISTRICT ROOKIE OF THE YEAR**



**She came to FLC 2011. In 2012,
she'll bring 15 other women into
Kin to charter a new club.**

WANT NEW MEMBERS?

**BRING THEM TO FLC AND CONVENTION.
YOU GET THEM THERE;
WE'LL TAKE CARE OF THE REST.**

NEW MEMBER A YEAR AGO

PROSPECTIVE MEMBERS

**WHO WILL
YOU BRING TO
CONVENTION?**



Zone K Report

Hello everyone and welcome to the holiday season. I hope everyone is enjoying all that the season has to offer. First off I would like to congratulate Dave Proudlove of the St Marys Kinsmen Club on receiving his Life Membership. Next I would like to congratulate Hensall Kinsmen on receiving the Ken Pierce Membership Award. Hensall had 11 new members last year. I encourage all clubs to try and increase their membership as well.

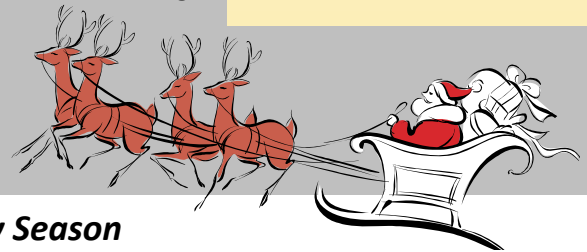
The Goderich Kinsmen just had their Cystic Fibrosis Night back in November. Our guest speaker was Lovisa McCallum from Toronto. Once again we used Skype to allow our guest to speak to the club. The Kinsmen Club of St Marys had their annual Mystery Tour. I had the privilege of joining them for the evening. It was a lot of fun. This year St Marys also did a bottle drive for Cystic Fibrosis. It was very successful for its first year and they are planning to do it again next year. I want to wish everyone a Merry Christmas and a Happy New Year. I look forward to seeing everyone in the New Year.

Zone K Deputy Governor Dave Van Beers

Rick Hansen, HRF



Rick Hansen is our newest Hal Rogers Fellow recipient. On hand to present it was Diane Rogers, Arlene Gray and Sean Thompson.



Be Safe this Holiday Season

The snow is starting to fall, the stores are packed and the holiday decorations are everywhere. The joy of the season should not be dampened by the risk of fire. Christmas trees add a special touch to the holiday season, but they also can be a fire hazard.

Here are some helpful tips to reduce the risk of fire:

- Check your tree lights for broken or frayed wires and loose connections.
- Replace non-working light bulbs.
- Avoid decorating Christmas trees with candles.
- Make sure live Christmas trees are fresh. Don't buy trees with brown needles or dry limbs.
- Give the tree plenty of water. Never let the base holder dry out.
- Don't place the tree near a heat source, open flames and room exits.
- Keep light strings and other electrical decorations out of children's reach.
- Always unplug the Christmas tree lights when you leave or go to bed.
- Don't burn the Christmas tree or package wrappings in a fire place or wood stove.

Have a safe and happy holiday season.
Please Do Not Drink and Drive.

Terri Iredale

Risk Manager/Treasurer



Vice Governors' Report

Congratulations to Mount Forest Family of Kin for hosting a fabulous; REV'd up Fall Leadership Conference. It was great spending the weekend with all our fellow KIN.

We wish to thank all of you who have returned our Vice Governor Survey – either through Survey Monkey, email, mail, or fax. We have received some GREAT feedback to date!

The KIN DO Crew wishes to welcome Joanne Bint from the Kinette Club of Oakville to our Crew. Joanne will be Co-Cystic Fibrosis/ Service Director with Adrian Helm. We welcome Joanne to our Crew and hope you will too. Welcome Joanne!

From all our families to yours:

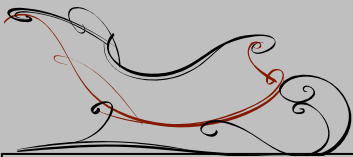
Wishing you a Festive, Safe and Joyous Holiday Season!

Happy Holidays,

Marty, Terri, Karen, Don, Glenn, Monika, Russ, Joanne &

Adrian

KIN DO-CREW



Governor Colleen,

***Wishing you and your family
a very Merry Christmas and
all the best for 2012.***

***Your friendship, mentorship
and all that you sacrifice for
Kin and our friendship mean
more to me than words can***

say.

Love,

"Muffin"



District 1 – Cystic Fibrosis Service Directors

"Steering Toward A Cure"

WOW, we can't believe how quickly the time has flown by. It's already December, and that means CHRISTMAS... Shopping, Santa, and Service! Yes that's right, Christmas is the perfect time for your club to do some service work in your community. Offer your services to your local food bank, purchase items for an Angel of the Wish Tree, contact your local firefighters and see what they need for their baskets. This list goes on, so get out there, do some service work, and let us know about it!

90 for 90 is an opportunity for all clubs to celebrate Founder's Day and the Association's 92 years of service by doing a 90-minute service project February 18-19, 2012. Check out the district web site for more information. Let's show Kin Canada what District 1 is made of.

Shoot For A Cure - We are excited to announce that Cystic Fibrosis and the Toronto Marlies have teamed up to bring you Shoot for a Cure. District 1 has the opportunity to raise funds by selling tickets to the Hamilton Bulldogs vs. Toronto Marlies Game to be held on Feb 26, 2012 at the Ricoh Centre in Toronto. Tickets are available at a reduced rate of \$25 per ticket, and for every ticket sold, the Toronto Marlies will donate \$5 to Cystic Fibrosis Canada. Please join in, sell tickets and let's all Get On Board and Shoot for a Cure.

Terracycle - We would like to thank everyone that brought yogurt containers to FLC; they have since been boxed up and sent out. Please remember that as a district we, (your District 1 Cystic Fibrosis Service Directors) are ONLY collecting yogurt containers. The information you received in the last newsletter regarding the Shampoo containers was strictly for your club to investigate. Again, please do NOT send these items to us, we only want yogurt containers. As the Yogurt brigade is now full, there are many other options for your clubs to collect. www.terracycle.com to read all about it.

Dwayne and I are looking forward to getting out to your Cystic Fibrosis Nights, your Fund-raisers, and your service projects. But we can only get there if you let us know about it! So send us a message so we can get you into our schedules.

From our house to yours...

Merry Christmas and Happy New Year!

Yours in KIN and in Friendship

Deedee & Dwayne



Shoot For A Cure

Hello District 1 Kin

On February 26th, the Toronto Marlies would like to extend a warm welcome to all members of Kin District 1 & 8! This event is one where all members can enjoy an evening of socializing with fellow Kin members and enjoy a Marlies game at a discounted price! To make things better, \$5 from every ticket purchased will go towards Cystic Fibrosis Canada. This game has also been chosen because it is against the Hamilton Bulldogs. Regardless of which side of this classic rivalry you are on, you have the chance to cheer your heart out!



We will also be holding a friendly competition to see which district can bring out. We encourage all to wear your district colors to make your support obvious! If the winner isn't clear, we can determine by ticket sales!

We encourage all to purchase your tickets early to ensure you get tickets! This match-up is always a popular one, so fast action is required. If tickets sell out, or for further information, please contact Eric Hansler at 416-263-3908 or e-mail at ehansler@torontomarlies.com

District 1 can order online from the following link:

<https://oss.ticketmaster.com/html/go.html?l=EN&t=marlies&o=12829028&g=2268>

Promotion Code: **one**

Thank you all and I look forward to seeing you there!!!



Hockey Night in Sarnia for Kin To Support Cystic Fibrosis

Saturday, January 14, 2012

Sarnia Legionaires Vs Leamington Flyers

Game starts at 7 pm

Sarnia Arena - 134 Brock St Sarnia, ON

Tickets are \$5.00 each

Contact Paul Van Beers @ 519-330-9573

prestigeheritagelimo@hotmail.com

OR Dave Van Beers – dvbeers@hurontel.on.ca

Get together afterwards at the Sarnia Kinsmen Center

656 Lakeshore Rd Sarnia



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