

November 22, 2014 • Volume 2 • Issue 3



The Kinettes Donate!

What's inside:

- President Greeting Pg. 2
- Calendar of Events Pg. 3
- Social Activity schedule Pg. 3
- Roster & Just for Laughs Pg. 4
- Kin Education Pg. 5
- Treasurer's Report Pg. 6
- General Mtg Mins Sept Pg. 7
- General Mtg Agenda Pg. 10
- Inside the Kinette Kitchen Pg. 12
- Bulletin Editor's Report Pg. 13
- In the Zone Pg. 14
- Around the District Pg. 16
- National News Pg. 16
- Club Christmas Project Pg. 17
- CF News Pg. 18
- Membership Pg. 19
- Diamonds and Denim Fundraiser event recap Pg. 20
- Cover Story Pg. 24
- Cash Calendar Fundraiser Pg. 25
- Time to Celebrate Pg. 26
- Closing Thoughts Pg. 27



Proud Members of District 1, Zone F



Kin Canada

**Kinette Club
of St. Thomas**

WE INVITE YOU TO JOIN US!

Next General Meeting

Date: Tuesday, Nov 25, 2014

Time: 6:30pm, Call to Order: 7pm

Place: Knights of Columbus Hall

265 Wellington St. St. Thomas

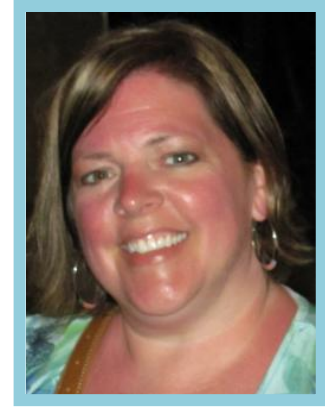
Club President:

Jodi McLaughlin

(e): president@stthomaskinettes.com

Bulletin Editors: Melissa Bishop and Jodi McLaughlin

From the Desk of Our President



As I take a moment to recover, reflect and reminisce on the past weekend I spent at FLC in Windsor, I can't help but feel so very thankful to be a part of this amazing "Canadian" organization. As we all stood to sing our national anthem and club song, there was a constant sense of pride felt in the room. This being my first convention as a member of Kin Canada, and President of the St Thomas Kinette club, I was welcomed publically by the organization and received special recognition for attending this convention along with several others. As our names were called, we all stood as our family members were clapping to welcome us. Seeing my fellow Kinette Terry Baldwin receive the Rookie of the Year award for her commitment and dedication to our club and Kin Canada was truly an awesome moment. Witnessing the Kinsmen club of St Thomas give their presentation as a club bidding to host FLC 2015, was humbling. I was giggling inside, knowing that the men standing before me were part of my family. As several of us stood before our Kin family being recognized for all our hard efforts in completing the Diane Rogers award together was truly another highlight for me and our club.

Great food, amazing socials, lots of laughs and many stories shared by other clubs in our zone and district, I really felt each club's individualization being expressed, yet still remaining loyal to the founder's traditions along with allowing the "seasoned members the opportunity to mentor the younger generation and their new ideals.

As many clubs in our district are thriving, these clubs were there to encourage other clubs to embrace change that new, younger members are bringing to their clubs. While remembering that new members are important for club growth, maintaining our roster with

our current club members is also very important to consider your club to be healthy and thriving.

I look forward with great anticipation for the Spring Convention, in Sarnia next May. I know that every member has been encouraged to attend a convention in the past and there really isn't any way for me to express to you what you will feel and learn from attending, except to encourage you to attend and experience it for yourself. Spring Convention is approximately 6 months away, start planning now to invest in your future growth and development in our own life and in our club. I'm feeling truly blessed to be the President of this amazing group of friends, I call my KIN family.



Calendar of Events

General Meeting – Tuesday, November 25/14 - Social 6:30pm, Call to Order 7pm, Knights of Columbus Hall, 265 Wellington St, St. Thomas

St Thomas Optimist Santa Claus Parade – Saturday, November 22/14, Parade starts at 6pm, If you are wanting to ride or walk with the Kinsmen & Kinette float, please meet at First Ave – Timken at 4:30pm

Executive Meeting – Tuesday, December 9/14 @ 6:30pm at Anne Marie's Salon – 167 Erie St.

Kinette Christmas Social – Tuesday, December 9/14 @ 7pm at Anne Marie's Salon – 167 Erie St.

St. Thomas Kinsmen Christmas Draw – Saturday, December 13/14, 12:00pm-4:00pm Ollie's Bar & Eatery, 146 Fifth Ave

Social Activity Schedule

Kinette Club of St. Thomas – Social Schedule		
October 2014	Jodi	Anne-Marie
November 2014	Lori	Sandra
December 2014	Anne Marie	Jennifer
January 2015	Chantelle	Jodi
February 2015	Alicia	Paul
March 2015	Brittany	Deb
April 2015	Karen	Terry
May 2015	Melissa	Lisa
June 2015	ALL KINETTES	ALL KINETTES

2014/2015 St.Thomas Kinette Club Roster

	Club Member	Position		Club Member	Position
1	Terry Baldwin	Past President	8	Lori McClymont	Treasurer & Registrar
2	Jennifer Barned	Secretary	9	Chantelle McGuffin	Active Member
3	Melissa Bishop	Communications Director	10	Jodi McLaughlin	President
4	Karen Coutts	Vice President	11	Deborah Murphy	Active Member
5	Sandra Craig	Active Member	12	Lisa Muxfeldt	Risk Manager
6	Brittany Galenkamp	Active Member	13	Alicia Peters-Smith	CF/service Director
7	Paula Hill	Active Member	14	Anne-Marie Vallee	Awards Director

Just for Laughs



Treasurers Report



It's that time of year again....

MEMBERSHIP DUES

Are

DUE

National Dues - \$75.00 per member – is due to Head Office by

November 15, 2014

Please speak with Lori McClymont about payment arrangements ASAP

Kinette Service Account

Date		Withdrawls	Deposits	Balance
19-Jul	Opening Balance			2977.29
31-Oct	Service Fee	2.50		
23-Oct	Ck 18 Float for D&D Dance	100.00		
23-Oct	Ck 13 Paula	5.65		
28-Oct	Ck 17 Lottery Licence	120.00		
4-Nov	Deposit D&D Dance		2991.25	
4-Nov	Ck 21 Levy to Gen Account	297.92		
	Closing Balance			5490.67

Kinette General Account

18-Oct	Opening Balance			2473.1
	CK 19 DOWT London			
23-Oct	Kinettes	42.50		
31-Oct	Service Charge	2.50		
4-Nov	Deposit Levys & Fines		301.67	
5-Nov	Closing Balance			2729.77

Kin Education

The Portraits of Honour – Kin Canada National Project



The Portraits of Honour Tour was a Kin Canada National Project.

The mural was created by Cambridge (Preston) Kinsman and artist Dave Sopha. It took over 6,500 hours to paint.

Fundraisers are currently in progress to fund sending the POH mural to the Canadian Juno Beach Centre in France.

The tour began on May 28, 2011 in Kitchener, Ontario and the last stop was on December 10, 2011, in Cambridge, Ontario. The mural traveled 47,000kms, paying respect to Canada's 158 fallen soldiers, sailors and aircrew from 120 different locations across the country who lost their lives serving in Afghanistan. The hand-painted mural is 10' x 50'. The tour stopped at an astounding 118 communities but its impact did not end there; countless other Canadians who weren't able to see the mural in person followed the story and sent their heartfelt words of encouragement and thanks. This recognition has continued long after the tour's final stop.

Newlyweds Prince William and Duchess Catherine viewed the mural during the Calgary stop of their visit to Canada. The Royal Couple laid a wreath at the base of the mural and talked to Dave Sopha and the tour's organizing committee. The Portraits of Honour tour raised \$200,000 to support the Military Families Fund and established military charities that assist families of the fallen and the thousands of military personnel returning home with physical or emotional injuries.

Aside from the monetary impact of the tour, it touched thousands of Canadians' hearts, educated the young and old, brought national attention to recognize our country's heroes, forged partnerships from coast-to-coast and brought the family of Kin together again. There simply is no measure for the impact the Portraits of Honour mural and tour has made. Like the heroes the mural honours, we, in Kin, will never forget.



Kin Canada
Kinette Club
of St. Thomas

Agenda - General Meeting

Tuesday, November 25, 2014 -Knights of Columbus Hall, 265 Wellington St., St. Thomas

Social: 6:30pm - Call to Order: **7:00pm**

Call to order at _____ by President Jodi

O'Canada led by _____, Kin Song led by _____

Address to the Chair: "President Jodi, guests and fellow Kin, its' WINTER again "

Introductions of any guests _____

Sergeant-At-Arms: Lisa

Registrars Report – Lori – Present: _____

Absent: _____

Secretary's Report & Correspondence – Secretary Jennifer

Minutes from October 28, 2014 General Meeting - Motion _____, Second _____, the minutes be adopted as circulated/amended.

Correspondence:

Treasurer's Report – Lori McClymont

General Account - _____ Service Account - _____ CF Amount - _____

Outstanding Bills: _____

Motion _____, Second _____, the Treasurer's Report be accepted as presented. Carried/defeated

Directors Reports & updates:

- Communications Director: Melissa
- Membership: Jodi/Karen
- CF/Service director: Alicia
- Awards Director: Anne-Marie
- Risk Manager: Lisa

Old Business:

- Woolwich Lottery update – Karen
- Cash Calendar update-Jennifer
- FLC update – Karen
- Santa Claus Parade – Karen
- Smoothie Update – Jodi
- Christmas Project – Second Stage Housing – Terry
- P.O. Box update – Karen/Jenn
- Big Cheque update – Karen
- Samko/Miko Receipts – Terry

New Business:

- London Kinsmen/Kinette – Sugar Bush help – February 16, 2015 (Family Day) – Jodi
- National Day of KINdness – Saturday, February 21, 2015 - Jodi

Sergeant-at-Arms Report

Motion to close the fine session: Moved by _____seconded by _____

Fines collected: \$_____

Announcements:

Next Executive Meeting – Tuesday, December 9th at 6:30pm at Anne Marie's, 167 Erie St.

Christmas Social – Tuesday, December 9th at 7pm at Anne Marie's, 167 Erie St.

Next General Meeting – Tuesday, January 27, 2015 @ 6:30pm, Knights of Columbus Hall

For the Good of KIN:

Motion by _____, second by _____, the meeting was adjourned at ____pm.



Minutes - General Meeting

Tuesday, October 28, 2014 -Knights of Columbus Hall, 265 Wellington St., St. Thomas

Social: 6:30pm - Call to Order: **7:00pm**

Call to order at 7:02pm by President Jodi

O'Canada led by Jodi, Kin Song led by Karen

Address to the Chair: "President Jodi, guests and fellow Kin "

Introductions of any guest's Carol Van Rooy, Yvette Locke, Marg Back (from meet and greet at the Beanery), and Carol Watson (from the STEPP)

Presentation by Carol Watson – St. Thomas elevated park project

Sergeant-At-Arms: Terry, fine session open

Registrars Report – Lori – Present: Jen, Jodi, Lori, Terry, Melissa, Anne Marie, Sandra, Paula, Karen
- Absent: Alicia, Lisa, Deb, Chantelle, Brittany

Secretary's Report & Correspondence – Secretary Jennifer

Minutes from September 23, 2014 General Meeting – Motion Lori, Second Sandra, the minutes be adopted as circulated/amended. Motion accepted.

Correspondence: HREF (Hal Roger's Endowment Fund) application, National Dues (due Nov 15th), Insurance forms for both members and volunteers (risk management)

Treasurer's Report – Lori McClymont

General Account - \$2430.60 Service Account –\$ 2919.84 CF Amount – \$62.65

Outstanding Bills: national dues and insurance, \$120.00 Lottery license

Motion Jodi, Second Sandra, the Treasurer's Report be accepted as presented. Carried

Club dues are \$75 and are due by November 30th unless arrangements have been made with Lori.

Directors Reports & updates:

- Communications Director: Melissa—in the bulletin there is a link for a survey. 212 likes on Facebook page. Social media seems to be working (Yvette and Carol). Looking at maybe doing prizes for sharing. 3 names were added at the Diamonds and Denim dance of ladies we can send newsletter to.
- Membership: Jodi/Karen—the meet and greet at the Beanery went well. 2 of the attendees also at general meeting. Plan on doing quarterly so the next one would be in Feb.
 - TD Connector Days-Alicia/Brittany/Henk—Went well. Lori made cupcakes. Received a \$5 donation from a bank customer.

- Membership Recruitment – The Beanery-Jodi---Plan on doing quarterly but at different locations. Next one will be in Feb.
- CF/Service director: Alicia—Donation boxes for CF at her branch.
- Awards Director: Anne-Marie—in the first 2 yrs of membership you can earn your maple leaf badge (300 points). Anne Marie to read over new member kits and asks everyone refresh themselves on it. Karen gave Anne Marie the District awards package.
- Risk Manager: Lisa—ABSENT—insurance for both members and volunteers. Karen put a motion on the floor to get insurance for all members in addition to 5 volunteers. Terry seconded. Motion carried. Insurance to be paid out of service account.

Old Business:

- Woolwich Lottery update – Karen –no response from emails, Karen to call direct
- Diamonds and Denim Fundraiser (October 25) – Jodi---what an amazing night. 93 presold tickets (\$1860) 5 sold at the door (\$125) total \$1985, expenses were \$1046.45, profit of \$938.55. 62 service hours (7hrsx6 Kinettes, and 20 hrs planning)

Total of silent auction (39 items) \$1069 (\$914 cash, \$155 cheques) Jodi put forth a motion to round up to \$1100 for donation to Women against Violence, women's place. Karen seconded. Motion carried.
- Cash Calendar update-Jennifer—being printed and ready to sell at FLC.
- Club Socials – Karen—bowling, darts, Christmas caroling, Ronald McDonald baking parties, From the Meadow nature walk. After the parade on Nov 22, invited to celebrate Terry's bday, more information to follow.

New Business:

- DG Activity with Karen –(The GO Team) Jodi was given District house Rules. Focus on membership and what it takes....1)club identity 2) retaining members 3)recruiting
- Plan for the year – Karen - Paula to get more information for our club regarding Grace's kitchen, to be considered for future projects.
- Fonthill Kinette Charter Night – Nov 4 – Jodi—Donation cheque and letter have been mailed.
- London Kinette's Bazaar is November 22 if anyone is interested in manning a table and selling smoothies and calendars, Jodi has a registration form available tonight
- Yvette mentioned there is an event on Nov 21st 5:30pm at St. Anne's Centre. Fundraiser for a young mom who passed away in July and left 3 small children.
- Nov/Dec donations (food and clothing) to be collected for Second Stage housing. Motion made by Karen to make Second Stage housing our Christmas Service with a budget of no more than \$200 club budget. Melissa seconded. Motion carried. Terry to contact Second stage to see what is needed.
- Karen made a motion to get a corrugated cheque for presentations up to a max of \$50. Melissa seconded. Motion carried.

- Any fundraising ideas please bring to club
- Simcoe Kinsmen are hosting a membership drive tomorrow. Shane membership director for the zone will be doing a workshop similar to the one he is presenting at FLC. All clubs in attendance will become part of the rejuvenation train.

Sergeant-at-Arms Report

Motion to close the fine session: Moved by Karen, seconded by Jodi Fines collected: \$3.75

Announcements:

Next Executive Meeting – Tuesday, November 11/14 @ 6:30pm, Jodi's Residence, 52 Sparta St

Next General Meeting – Tuesday, November 25/14 @ 6:30pm, Knights of Columbus Hall

Fall Leadership Conference – November 7-9/14 in Windsor

For the Good of KIN: Terry Baldwin - Saturday was an amazing event. People were really impressed and are looking forward to next year, Fabulous job Jodi.

Jodi thanked Terry for running the silent auction and also thanked Anne Marie and Terry for doing the swag bags.

Motion by Jodi, second by Lori, the meeting was adjourned at 9:05pm.

PRIZES for Costumes - 1st place - Terry Baldwin, 2nd place - Jodi McLaughlin, 3rd place - Carol VanRooy, Most original - Lori McClymont, Scariest - Paula Hill

Smoothie sign outs - bags of 10, please see President Jodi

Inside the Kinette Kitchen



If you like stuffed Cabbage Rolls, then your gonna LOVE this dish!



The whole pot is only 15 Weight Watchers Points Plus! At least 6 or 8...servings.

Ingredients:

- 1 1/2 to 2 pounds lean ground beef or turkey
- 1 tablespoon oil
- 1 large onion, chopped
- 1 clove garlic, minced
- 1 cup rice
- 1 small cabbage, chopped
- 2 cans (14.5 ounces each) diced tomatoes
- 1 can (8 ounces) tomato sauce
- 1/2 cup water
- 1 teaspoon ground black pepper
- 1 teaspoon sea salt

Preparation:

In a large skillet, heat olive oil over medium heat. Add the ground beef and onion and cook, stirring, until ground beef is no longer pink and onion is tender.

Add the garlic and continue cooking for 1 minute.

Add the chopped

cabbage, tomatoes, tomato sauce, pepper, and salt. Bring to a boil. Cover and simmer for 20 to 30 minutes, or until cabbage is tender.

Enjoy!

Cabbage is a superfood with lots of nutrients! Among many other health benefits, it is known for healing stomach ulcers and preventing cancer - especially colon cancer. It is a very alkaline forming food. Eat it often!

Recipe submitted by ~ Terry Baldwin

Bulletin Editor's Report

Announcing a NEW topic added to our bulletin line-up! As a result of the bulletin survey, there was a positive response to the idea of a new topic, called **The Crafty Kinette!** Please submit any pictures of DIY projects or crafts you are proud of (don't forget the details)...even budget friendly fashionista tips will work!

Our first submission is from Past President, Terry Baldwin, a 3-minute Facebook video titled:

4 Scarves 16 Ways!

To view it [CLICK HERE](#)

Lastly, please consider and encourage Kin Kids submissions. Do you need an idea for the next issue? How about a letter to Santa?

Due to the Christmas Holidays next month, the **next bulletin content submission deadline: Sun Nov 30th**

Our [Facebook Page](#) is really making an impact! We are now at **261** Likes! Remember, this is a venue for us to reach others in our community and an opportunity to share exciting and upcoming events with those who aren't members YET! Keep sharing our Page updates and commenting on posts!



@StTKinettes

In the Zone

RHEO THOMPSON *Mint Smoothies* NOW AVAILABLE!

Stocking stuffers!
Hostess Gifts!
Secret Santa!

Only \$2.00 ea
Get them from...

Kin Canada
Kinette Club
of St. Thomas

St Thomas Kinsmen Club Annual Christmas Draw

Hello everyone,

It's that time of year again.... The Kinsmen Club of St. Thomas is having our annual Christmas Draw. Tickets are available from any Kinsmen Club member or at Ollie's Bar. The draw will be held at Ollie's Bar & Eatery 152 Fifth Ave. in St. Thomas on Saturday, December 13th at 5pm. We will also be having a "FREE TO ATTEND" party, with the Rail City Kings providing music all afternoon, noon until 5pm, AND a Turkey Raffle (Turkey vouchers from Oegema's Turkey Farm <http://www.turkeyshoppe.com/>). Food is not included BUT Ollie's has a GREAT menu and the servers would love to help you with your food and beverage needs.

Remember that all the money raised goes back into YOUR community to those that need it most, so PLEASE come out and support us by coming to Ollie's, buy a turkey raffle ticket or purchase a draw ticket.

THANKS in advance for your support!!!



ST. THOMAS KINSMEN CLUB ANNUAL CHRISTMAS DRAW

Draw Date: December 13th, 5pm
Ollie's Bar & Eatery, 152 Fifth Ave St. Thomas
Turkey Raffle from 12-5pm with the Rail City Kings! Free Event!

OVER \$3000 IN PRIZES

- | | |
|--|--|
| 1 - 50" Samsung LED Smart TV (\$900 value) | 1 - JBL Pulse Bluetooth Speaker (\$230 value) |
| 1 - Microsoft Surface Pro 3, 64gb (\$800 value) | 1 - Cortex 1.6Ghz Android TV Box (\$200 value) |
| 1 - Soundcast Melody Outdoor Bluetooth Speaker (\$500 value) | 1 - Samsung Smart Blu Ray Player (\$120 value) |
| | 1 - \$300 CASH PRIZE |

Tickets
\$20 each
Only 350 Tickets

In Memory of Kin Russell Forbes Jr. Proceeds to Community Service

Lottery Lic. # M694947

REJUVENATION STATION Simcoe



Thanks to all of the clubs that came out to our Zone Membership Night in Simcoe! Remember that you're not on your own to figure out your club's membership issues - there are lots of resources and supports available (including us!). All you have to do is ask! We're here to help!

~DG's Karen Coutts & Darryl



Kinette Club of London's Annual "Christmas Bazaar"

Crafts, Vendors and more! Shop for the Holidays with the Kinette Club of London! SATURDAY, NOV 22, 2014
10am - 3pm at the Canadian Corps Legion
1051 Dundas St, London, ON N5W 3A4
Door Prizes!! Admission: Free will donations
Vendors - Please contact Kim Crowley @ londonkinetteevent@yahoo.ca

District News



Kin Canada
Kinsmen Club
of Fort Erie

PLEASE SUPPORT THE FORT ERIE KINSMEN GIFT OF LOVE CAMPAIGN
SANTA CLAUS PARADE- NOVEMBER 22ND @ 12:00 PM



We will be collecting
along the parade
route
Watch for our float !!!

Help put a smile on a child's face this Christmas by supporting the Fort Erie Kinsmen Gift of Love Campaign, now in it's 34th year. Your donation of a \$20 or more gift or toy will help those families and children feel the spirit of Christmas right here in your community who otherwise would have gone without.

Way to go!
Way to give!

Kinsmen club of Fort Erie – 2014 Gift of Love Campaign, now in it's 38th year running! Click [HERE](#) to find out more about their work!

National News



**Congratulations and
welcome to the family
University of Ottawa Kin!**

Are you a student attending a Canadian university or college who loves volunteering and are interested in helping your community? Consider joining or starting a Kin Canada Campus Club! Click [HERE](#) to learn more.

Second Stage Housing

**15 Golding Place,
St. Thomas, Ontario.
N5R 6B6**

Phone: 519-637-2288

Fax: 519-637-2213

Toll Free: 1-877-396-2288

www.secondstagehousing.net

Email: secondstage.stessh@rogers.com



General

- twin sheet sets
- toilet paper
- paper towels
- dish soap
- kleenex
- shower curtains and rings
- large Ziploc bags
- feminine products
- laundry detergent
- liquid hand soap
- Energy efficient light bulbs
- bus tickets
(St. Thomas Transit)

Maintenance

- garbage bags
- toilet plungers
- bleach
- large storage containers
(ie. Rubbermaid)
- floor cleaner
- oven cleaner
- antiseptic cleaner
(Lysol, spray & wipes)
- carpet spot remover
- ice salt
- vacuum cleaner bags
(Eureka "V")

Our Wish List 2014 - 2015

Children's Program

- juice
- cookies
- fresh fruit
- cheese & crackers
- fruit snacks

Crafts

- white craft glue
- hot glue sticks
- paint- fabric & acrylic
- paint brushes
- felt & ribbon
- craft foam
- pipe cleaners
- googly eyes
- popsicle sticks
- tissue paper
- glitter
- magnet strips
- washable markers
- scrap booking supplies
- Play dough

Office

- postage stamps
- #10 envelopes
- 9 x12 envelopes
- 8.5 x 11 white paper

Emergency

- AA batteries
- "D" batteries
- 9V batteries

Financial Donations

Charitable tax receipts will be provided for any financial contribution of \$10 or more.

The St. Thomas Kinettes 2014 Christmas Project

On December 16th, the St. Thomas-Elgin Second Stage Housing will hold a Christmas Pizza Party for the women and children residing with them. They hope to hand out stockings for 20 children filled with candy/chocolate, crayons, mitts/hats and things like that. Our club has chosen to arrange for donations to contribute towards the stockings for the children, support from all members and the public would be greatly appreciated. Listed above is the wish list of items they are in need of for their program as well.

Members: please bring your donation items to the November 25th General Meeting, we will be arranging to drop-off the items collected shortly thereafter.

For more information, please visit their website: <http://www.secondstagehousing.net/index.html>

Cystic Fibrosis News



We are continually amazed by your support! Here is a quick update from our CF/Service Director, Alicia Peters-Smith

"Grand total from 2 weeks for our "mini" One Dime at a Time Campaign being held at the TD Downtown branch is...drum roll please....**\$105.60**

Thank you St Thomas for your support of Cystic Fibrosis Canada

CF NEWBORN SCREENING

Newborn screening for cystic fibrosis is a vital tool to help slow the progression of this fatal genetic disease. Newborn screening is the process of testing newborns for specific disorders. Shortly after a baby is born, a doctor or nurse takes a small blood sample from the heel of the baby's foot. The sample is sent to a laboratory, where it is tested for a number of disorders. One of the tests detects cystic fibrosis.

IMPORTANCE OF SCREENING FOR CYSTIC FIBROSIS

Early diagnosis for cystic fibrosis through newborn screening allows for immediate intervention and treatment. Early interventions have been shown to result in improved height, weight, and cognitive function, help maintain healthy respiratory function, and may reduce hospitalizations and increase life expectancy. Ultimately, newborn screening can lead to longer, healthier lives.

Without newborn screening, irreversible damage to the lungs and digestive system may occur. Parents and families endure months or years of anguish trying to understand their child's health condition before cystic fibrosis is finally diagnosed.

NEWBORN SCREENING FOR CYSTIC FIBROSIS IN CANADA

Currently, seven provinces have implemented CF newborn screening:

Alberta, Ontario, British Columbia, Saskatchewan, Manitoba, Nova Scotia & New Brunswick

On March 27, 2014, the Government of Newfoundland and Labrador announced that the province will be expanding the Newborn Screening Program to include cystic fibrosis.

Membership



Here we 'grow' again!

The St. Thomas Kinettes began the new Kin year with the installation of a new member. Please give a warm Kin welcome to Paula Hill!

UPDATE:

The Beanery – Membership Recruitment Night

What a HUGH success! Our first membership recruitment night was held at the Beanery in St. Thomas on Thursday, Oct 9th. We had 5 Kinettes (Jodi, Lori, Jen, Anne-Marie & Terry) present and full of excitement to share about our club to 5 new ladies who have shown interest in our club from past events, or word of mouth, or from our social media advertising.

These 5 ladies were all very interested in what our club is all about, they asked GREAT questions, and a few we had to think about how to answer, but we all had a great time and the desserts were AMAZING!

Our next Membership recruitment night will be in February 2015, same location (the atmosphere is wonderful at the Beanery).

Hey Kinettes, start thinking now of whom you would invite out to our next Membership recruitment social night.

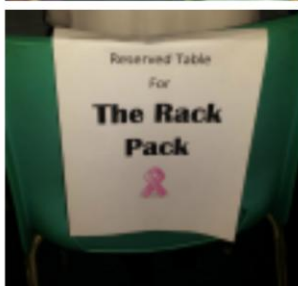
Club Membership is EVERYONES RESPONSIBILITY! We are here to serve our Communities greatest need, and to accomplish that task, we are looking for motivated and like-minded members! Let's keep growing this amazing club so that we can have a greater impact on our community!



Diamonds and Denim Fundraiser Dance



Setting up for the crowd, polishing the jewels, testing the tunes, we're ready to go!



The ladies who gathered 9 of their friends were able to reserve a table and named their group.



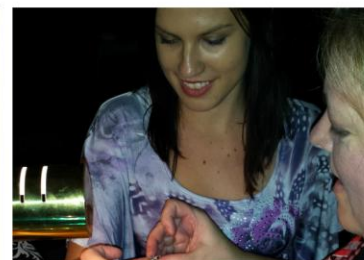


The ladies didn't stay in their seats for long...



...they came to enjoy a girls night-out!

Diamond Tennis Bracelet Winner!



What an amazing night at our 1st Annual Diamonds and Denim fundraiser dance!

With close to 100 Ladies in attendance, the dance floor full of excited dancing ladies, Silent auction items and bidding, lots of 'selfies' and group pictures, everyone had a blast. As a result of our Silent Auction, run by Terry and the other Kinettes, we were able to raise OVER \$1,000.00 for the Violence Against Women - Women's Shelter last night. Thank you to each and every one of you for your generous bids, especially those who donated the items!

Congratulations to Allison Peters, lucky winner of the Diamond Tennis Bracelet (valued over \$450USD!)

The Kinettes, along with others in attendance, kept mentioning to me that "this night is just what they needed - time with friends". I'm so thrilled and proud to be the President of such an amazing group of ladies. We are grateful for your support in making this such a successful evening last night - there will definitely be a 2nd Annual Diamonds and Denim dance! ~ Jodi McLaughlin, club President

"Meeting the Community's Greatest Need"



As a result of the club's 1st Annual Diamonds and Denim Dance and Silent Auction, we were able to present a cheque for \$1,100 to Executive Director Liz Brown. These funds will be used for the VAWS transportation service which provides women, who live beyond the city limits, a way to access the facility at no additional cost.

A HUGE heart-felt thank you to all the businesses who donated silent auction items and to those of you who came out to support this amazing cause – this wouldn't have been possible without you!



CASH CALENDAR FUNDRAISER

Secret Santa

Stocking Stuffers

Kin Canada
Kinette Club
of St. Thomas

2015 N^o 0174 N^o 0827
\$ Cash Calendar \$ Draw
Please print clearly

Name _____ Seller _____
Address _____ City/Town _____
Postal Code _____ Phone _____

Kin Canada
Kinette Club
of St. Thomas

2015 N^o 0174 N^o 0827
\$ Cash Calendar \$

Lottery Licence: M894946
\$20.00 each
\$4000 prize board
Early Bird Draw \$250
December 25, 2014

Win the prize on each calendar date (121 cash draws).
Winning tickets are re-entered for each draw.
A cheque will be issued and mailed to each daily winner.
The Ontario Pick 3 evening winning number will be used to select the winner each day (when possible).
Winners will be posted in the St. Thomas Weekly News, and at www.StThomasKinettes.com

Serving the community's greatest need.

Thank you for your support!

January							February						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2	1	2	3	4	5	6	7
					\$25	\$50	\$25	\$25	\$25	\$25	\$25	\$25	\$50
4	5	6	7	8	9	10	8	9	10	11	12	13	14
\$25	\$25	\$25	\$25	\$25	\$25	\$50	\$25	\$25	\$25	\$25	\$25	\$25	\$50
11	12	13	14	15	16	17	15	16	17	18	19	20	21
\$25	\$25	\$25	\$25	\$25	\$25	\$50	\$25	\$50	\$25	\$25	\$25	\$25	\$50
18	19	20	21	22	23	24	22	23	24	25	26	27	28
\$25	\$25	\$25	\$25	\$25	\$25	\$50	\$25	\$25	\$25	\$25	\$25	\$25	\$50
25	26	27	28	29	30	31							
\$25	\$25	\$25	\$25	\$25	\$25	\$50							

March							April						
S	M	T	W	T	F	S	S	M	T	W	T	F	S
1	2	3	4	5	6	7	1	2	3	4	5	6	7
\$25	\$25	\$25	\$25	\$25	\$25	\$50				\$25	\$25	\$25	\$50
8	9	10	11	12	13	14	8	9	10	11	12	13	14
\$25	\$25	\$25	\$25	\$25	\$25	\$50	\$25	\$25	\$25	\$25	\$25	\$25	\$50
15	16	17	18	19	20	21	15	16	17	18	19	20	21
\$25	\$25	\$25	\$25	\$25	\$25	\$50	\$25	\$25	\$25	\$25	\$25	\$25	\$50
22	23	24	25	26	27	28	22	23	24	25	26	27	28
\$25	\$25	\$25	\$25	\$25	\$25	\$50	\$25	\$25	\$25	\$25	\$25	\$25	\$50
29	30	31					29	30	31				
\$25	\$25	\$25					\$25	\$25	\$25	\$25	\$25	\$25	\$50

The St. Thomas Kinettes already have their next fundraiser under way! Your \$20 investment gives you **121 chances to win CA\$H**, while at the same time helping us raise money to contribute toward community programs and services!

***** \$4,000 Prize Board *****

Early bird day for \$250 is December 25th and daily draws run January 1st to April 30th. Grab the details inside the [St. Thomas Kinettes Cash Calendar Facebook event](#),

Did you know? You can now purchase your Cash Calendar online with Paypal, [CLICK HERE](#)





**Upcoming Birthdays
&
Celebrations!**

November Birthdays
Brittany Galenkamp - Nov 22
Terry Baldwin – Nov 23


"Happy Birthday!"

Closing thoughts...

“I’ve learned that people
will forget what you said,
people will forget what you did,
but people will never forget
how you made them feel.”

Maya Angelou
1928 - 2014



 half the sky
movement