

# ON TRACK!

*With the St. Thomas*

# KINETTES!

December 31, 2014 • Volume 2 • Issue 4



## Special Christmas Edition

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**Proud Members of District 1, Zone F**



**Kin Canada**

**Kinette Club  
of St. Thomas**

### WE INVITE YOU TO JOIN US!

Next General Meeting

**Date:** Tuesday, Jan 27, 2014

**Time:** 6:30pm, Call to Order: 7pm

**Place:** Knights of Columbus Hall

265 Wellington St. St. Thomas

**Club President:**

**Jodi McLaughlin**

(e): [president@stthomaskinettes.com](mailto:president@stthomaskinettes.com)

**Bulletin Editors: Melissa Bishop and Jodi McLaughlin**

# From the Desk of Our President

Christmas time is a busy time of year, and with all the Christmas parties and school concerts and shopping trips and baking, it is nice once Christmas day finally arrives, so that once the meal is over and gifts are

unwrapped, you can just sit down and relax with your favourite drink and book or movie. When you have those few minutes (for some with small children) or few hours, take a moment and reflect on what an awesome part you played in your Kinette Club over the past 12 months. Whether it was collecting money

at the gates in the hot July sun, writing an article for the ON TRACK bulletin, selling Smoothies or Cash Calendars, making hundreds of bags of popcorn, chairing an event, or organizing a club social, or just being a friendly smile at anyone of our events. You DID AN AMAZING JOB representing

our club. People are being attracted to our club because of all the things mentioned above. People WANT to give back to their community, they WANT to feel involved, they WANT to make a difference,

and YOU HAVE. I just want to thank you, and say that as your President, I look forward to 2015, a year of exciting events, social activities and just becoming a closer knit group of amazing, talented and beautiful women, who are impacting their

communities in countless ways. Let's all have a SAFE and HAPPY holiday season, celebrating the birth of our Saviour, basking the warmth of friendships and the experiencing the joy of giving! Merry Christmas!



# Calendar of Events

**Executive Meeting** – Tuesday, January 13/15 - 6:30pm at President Jodi's home, 52 Sparta St.

**General Meeting** – Tuesday, January 27/15 - 6:30pm, Call to Order 7pm, Knights of Columbus Hall, 265 Wellington St, St. Thomas

**2<sup>nd</sup> Membership Recruitment Night** – Tuesday, January 20, 2015 at the Beanery @ 7pm

**FAMILY DAY AT THE KINSMEN FANSHAWE SUGAR BUSH** - Monday, February 16, 2015, 10am-3pm  
21201-C LAKESIDEDR THAMES CENTRE

**National Day of KINdness** – Saturday, February 21, 2015. More information to come.

**Zone F Conference set for March 1st in Aylmer** - Write it down, put it in your phone, write it on your hand!! More information to come soon!

## Social Activity Schedule

### Kinette Club of St. Thomas – Social Schedule

October 2014	Jodi	Anne-Marie
November 2014	Lori	Sandra
December 2014	Anne Marie	Jennifer
<b>January 2015</b>	<b>Chantelle</b>	<b>Jodi</b>
February 2015	Alicia	Paul
March 2015	Brittany	Deb
April 2015	Karen	Terry
May 2015	Melissa	Lisa
June 2015	ALL KINETTES	ALL KINETTES



## 2014/2015 St.Thomas Kinette Club Roster

	Club Member	Position		Club Member	Position
1	Terry Baldwin	Past President	8	Lori McClymont	Treasurer & Registrar
2	Jennifer Barned	Secretary	9	Chantelle McGuffin	Active Member
3	Melissa Bishop	Communications Director	10	Jodi McLaughlin	President
4	Karen Coutts	Vice President	11	Deborah Murphy	Active Member
5	Sandra Craig	Active Member	12	Lisa Muxfeldt	Risk Manager
6	Brittany Galenkamp	Active Member	13	Alicia Peters-Smith	CF/service Director
7	Paula Hill	Active Member	14	Anne-Marie Vallee	Awards Director

## Just for Laughs



# Treasurers Report



It's that time of year again....

## MEMBERSHIP DUES

Are

**DUE**

National Dues - \$75.00 per member

Thank you to all the Kinettes who have paid their dues in full or partial payments.

**Please speak with Lori McClymont about payment arrangements  
ASAP**



**Minutes - General Meeting**

**Tuesday, November 25, 2014 -Knights of Columbus Hall, 265 Wellington St., St. Thomas**

Social: 6:30pm - Call to order at 7:03 by President Jodi

O'Canada led by Jodi, Kin Song led by Karen

**Address to the Chair: "President Jodi, guests and fellow Kin, let the season of giving begin"**

**Introductions of any guests: Yvette Locke, Marg Back, Carol VanRooy, Tammy Bugg, Audrey Weaver**

Audrey was from a group called Tab Wagon. They collect the tabs off pop cans to be recycled and the money put towards purchasing wheel chairs. These tabs are worth more money as they are better quality and there is less cleaning to be done. So far there have been 40 children who have received chairs. Aurella Ripley is the person in charge of this area, she lives just outside Dorchester. Audrey stated if we wanted to collect tabs for them, she would come pick them up when needed.

Sergeant-At-Arms: Lisa , fine session open

**Registrars Report – Lori – Present: Jen, Jodi, Lori, Terry, Karen, Sandra, Anne Marie, Lisa**

- Absent: Alicia, Melissa, Deb, Brittany

**Secretary's Report & Correspondence – Secretary Jennifer**

Minutes from October 28, 2014 General Meeting – Motion Lori, Second Anne Marie, the minutes be adopted as circulated/amended. carried

Correspondence: Received a letter from head office regarding Melissa and earning the GEM award. Letter to be given to Jodi and Anne Marie so the award can be issued at Spring Convention

Anne Marie had spoken to her sister who thanked us for sending her a thank you card for her donation to the Denim and Diamonds dance.

**Treasurer's Report – Lori McClymont**

General Account - \$2250.85 Service Account - \$3835.57 CF Amount - \$183.50

Outstanding Bill: \$1100 cheque to Violence against Women shelter, \$250 to Shawn Holroyd for DJ at Denim and Diamonds dance to be paid out of Service account . Money to pay Jodi back for smoothies and FLC registration and room, cheque to Scott's printing for cash calendars, and cheque to Union Sports for shirts

Motion Terry, Second Karen, the Treasurer's Report be accepted as presented. Carried

Karen, Lisa and Lori to get together to do the taxes in December.

**Directors Reports & updates:**

- Communications Director: Melissa (absent) November 30<sup>th</sup> is deadline for bulletin
- Membership: Jodi/Karen Next meet and greet at the Beanery to be January as February is a bit busy with other events happening

- CF/Service director: Alicia (absent) --\$110 raised at bank branch for CF
- Awards Director: Anne-Marie --will have totals for next meeting so we know where we are in earning our Maple Leaf award

Those wanting to do Diane Rogers award the questions will be posted March 1<sup>st</sup> and answers have to be submitted by April 15<sup>th</sup>.

- Risk Manager: Lisa—nothing to report, online reporting is done and insurance cheques have been cashed.

#### **Old Business:**

- Cash Calendar update-Jennifer—sign off report to be done each night and 2 signatures required. Float of \$100 to be left in cash box at the end of the night. Money from sales put into an envelope and sealed which will be given to either Jen or Karen.
- December Christmas Event - Dec 9 - Anne Marie/Jennifer---630 meeting, 7pm social. Potluck snacks, gift exchange has to be either a regifted gift or homemade so nothing is bought! More details to be posted
- Smoothie update - Jodi/Lisa—3<sup>rd</sup> order of 200 is in. Will be ready December 1<sup>st</sup>.
- Santa Claus Parade – Melissa --It was wet! Committee agreed to split all costs between both Kinsmen and Kinettes. Kinettes had a \$100 budget to work with. Registration was \$35. We received many compliments on the float and the Kinsmen really liked it.
- Samko/Miko Fundraiser – Terry—receipts must be stamped for it to be valid.
- Christmas Charity - Second Stage Housing – Terry—December 16<sup>th</sup> is the Christmas party there. We will be delivering our donations on Tuesday night. The budget for this Christmas service project was \$200.
- P.O. Box – Jen will have information and forms for next meeting so it can be set up for January.
- Large Donation Cheque – Karen—waiting for replies from 2 different companies.

#### **New Business:**

- Highlights from FLC –Terry received Rookie of the Year. Karen introduced and lead explanations of new voting system. It was a great experience to see what other clubs are doing and to meet them. Spring Convention is in Sarnia.
- Zone conference is March 1, 2015 in Aylmer, times and location to be announced later.
- London Kinsmen have asked if we would be able to help out Family Day at the Sugar Bush. There will be lots of family activities (marshmallow roasting, build a birdhouse, behind the scenes tour. No wagon rides) They will be operating 11-2
- National Day of KINdness is February 21<sup>st</sup>. Last year we were at Freshco, bagging groceries and doing carry-outs.

Karen put forth a motion to go to a Committee as a whole. Jen Seconded. Motioned carried.  
Discussion regarding ideas of what to do for Day of KINdness 2015.

Karen put forth a motion to leave Committee as a whole. Lisa seconded. Motion carried.

**Sergeant-at-Arms Report** - Motion to close the fine session: Moved by Jen seconded by Karen

Fines collected: \$9.15

**Announcements:**

Next Executive Meeting – Tuesday, December 9/14 @ 6:30pm, Anne Marie's Home, 167 Erie St

Kinette Christmas Party - Tuesday, December 9/14 @ 7pm, Anne Marie's Home, 167 Erie St

Next general meeting will be January 27, 2015

Karen and Russ are having a New Year's eve get together, kids are invited.

**For the Good of KIN:**

**Motion by Sandra, second by Anne Marie, the meeting was adjourned at 8:27pm.**



# Kin Education

## Recruiting the Right Kind of People

### Recruitment & Retention

Recruitment and retention go hand in hand. For the most part, the retention phase is a 3 year journey perhaps the longest phase during the growth of your club. Now, the questions are “what do we do with the new recruits?” & “how do we keep them engaged?”

Here are some strategies to keep your members happy, healthy & engaged!

- **RESPECT!** Whether its family, work or Kin, always be respectful.
- **Keep the eyes on the prize!** Stay driven by the club’s goals. Focus on the projects and activities that have a direct impact to your community.
- **Empowerment!** Allow the opportunity for new members to share & implement new ideas towards projects, activities, socials etc.
- **Mentor New Leaders!** When devising a committee for projects, assign new members with seasoned members. This will help new members to learn, grow and gain confidence. Also gives an added advantage for the seasoned member to gain mentorship skills.
- **Have Fun!** Incorporate ice breakers, games, quizzes or team building activities at the beginning of the meeting. The day before your big signature event, include a team huddle and phrase all your club members for their hard work and dedication. Remember, there’s always room for fun in all aspects of Kin.
- **Recognition & Awards!** There are opportunities for new members to grow, learn and apply their knowledge towards personal or professional endeavours. All it takes is some guidance and mentorship to help get them there. Refer to the Kin Canada website for a listing of awards & recognition programs the new members are eligible for
- **Lock Up The Unwanted Behaviour!** Discourage cliques, bullying and negative attitude walking into your club. Be mindful that personality clashes are inevitable and there are resolutions, tools and people to help mediate any issues. Contact your DMD, DG and HQ for assistance.

# Inside the Knette Kitchen

## PEANUTBUTTER *Snowballs*

~ Submitted by Melissa Bishop



### INGREDIENTS :

- 1 cup crunchy peanut butter, Jiff extra crunchy
- 2 cups powdered sugar, divided
- 1 cup Rice Krispies
- 1 tablespoon melted butter
- 1 teaspoon vanilla
- 1/4 cup evaporated milk
- coconut

### DIRECTIONS:

Mix thoroughly 1 cup of powdered sugar, peanut butter, Rice Krispies melted butter and vanilla. Batter will be stiff.

Form into balls.

Mix 1 cup of powdered sugar and canned milk.

Roll balls in powdered sugar and canned milk.

Then roll in shredded coconut.

Refrigerate. Then Enjoy – yummm!

# Bulletin Editor's Report

Wishing you and yours a Merry Christmas, and may peace, happiness, health and prosperity follow you the whole year through!

*~ Melissa*

Reminder: please consider and encourage Kin Kids submissions.

**Next bulletin content submission  
deadline: Sat Feb 17<sup>th</sup>**



Our [Facebook Page](#) is really making an impact! We are now at **274** Likes! Remember, this is a venue for us to reach others in our community and an opportunity to share exciting and upcoming events with those who aren't members YET! Keep sharing our Page updates and commenting on posts!



**@StTKinettes**



# Kin Kids Korner



## Abby's Gingerbread House Building Tips - There's only 2:

1. Make sure you have LOTS of icing and candy!
2. Take a picture BEFORE you start to eat it!

~ Gingerbread House made by Abby

# In the Zone

## CASH CALENDAR FUNDRAISER



**Kin Canada**  
Kinette Club  
of St. Thomas

2015      № 0174      № 0827

**\$ Cash Calendar \$ Draw**

Please print clearly

Name \_\_\_\_\_


Seller \_\_\_\_\_

Address \_\_\_\_\_

City/Town \_\_\_\_\_

Postal Code \_\_\_\_\_

Phone \_\_\_\_\_



**Kin Canada**  
Kinette Club  
of St. Thomas

2015      № 0174      № 0827

**\$ Cash Calendar \$**

Lottery Licence: M694946

**\$20.00 each**

**\$4000 prize board**

**Early Bird Draw \$250**

**December 25, 2014**

Win the prize on each calendar date (121 cash draws).

Winning tickets are re-entered for each draw.

A cheque will be issued and mailed to each daily winner.

The Ontario Pick 3 evening winning number will be used to select the winner each day (when possible).

Winners will be posted in the St. Thomas Weekly News, and at [www.StThomasKinettes.com](http://www.StThomasKinettes.com)

Serving the community's  
greatest need.

January						
S	M	T	W	T	F	S
				1	2	3
				\$50	\$25	\$50
4	5	6	7	8	9	10
\$25	\$25	\$25	\$25	\$25	\$25	\$50
11	12	13	14	15	16	17
\$25	\$25	\$25	\$25	\$25	\$25	\$50
18	19	20	21	22	23	24
\$25	\$25	\$25	\$25	\$25	\$25	\$50
25	26	27	28	29	30	31
\$25	\$25	\$25	\$25	\$25	\$25	\$50

February						
S	M	T	W	T	F	S
	1	2	3	4	5	6
\$25	\$25	\$25	\$25	\$25	\$25	\$50
8	9	10	11	12	13	14
\$25	\$25	\$25	\$25	\$25	\$25	\$50
15	16	17	18	19	20	21
\$25	\$50	\$25	\$25	\$25	\$25	\$50
22	23	24	25	26	27	28
\$25	\$25	\$25	\$25	\$25	\$25	\$50

March						
S	M	T	W	T	F	S
1	2	3	4	5	6	7
\$25	\$25	\$25	\$25	\$25	\$25	\$50
8	9	10	11	12	13	14
\$25	\$25	\$25	\$25	\$25	\$25	\$50
15	16	17	18	19	20	21
\$25	\$25	\$25	\$25	\$25	\$25	\$50
22	23	24	25	26	27	28
\$25	\$25	\$25	\$25	\$25	\$25	\$50
29	30	31				
\$25	\$25	\$25				

April						
S	M	T	W	T	F	S
			1	2	3	4
			\$25	\$25	\$25	\$50
5	6	7	8	9	10	11
\$25	\$25	\$25	\$25	\$25	\$25	\$50
12	13	14	15	16	17	18
\$25	\$25	\$25	\$25	\$25	\$25	\$50
19	20	21	22	23	24	25
\$25	\$25	\$25	\$25	\$25	\$25	\$50
26	27	28	29	30		
\$25	\$25	\$25	\$25	\$250		

Thank you for your support!

Calendars are still available!  
**Only \$20.00**  
 Contact us today!  
[Or CLICK HERE to order online](#)







National Day of

KINDness

*Pass it on!*



National Day of KINDness is  
FEBRUARY 21, 2015!

National Day of KINDness is for our members and clubs to celebrate our founding (Feb 20/20) and commitment to serve the community's greatest need.

Every community has a need for kindness and people performing selfless acts, and our clubs are able to spearhead this in their communities.

Last year, 115 clubs performed over 6,000 act of KINDness. Members kindly pack groceries for customers, gave away free coffee and snacks, made donation within their communities, and spread cheer to everyone they met.

Please bring your ideas for our club to participate on Feb 21/15 to our general meeting on Tuesday, January 13, 2015

# District News



## Nomination Form for Deputy Governor 2015-16 Zone: \_\_\_\_\_

This official nomination is hereby submitted in the name of \_\_\_\_\_

\_\_\_\_\_, who is an active member, in good standing, of the

Kinsmen/Kinette/Kin Club of \_\_\_\_\_.

### Club Representatives

President	Secretary
Signature:	Signature:
Name (print):	Name (print):
Date:	Date:

### Acceptance of Nomination for Deputy Governor – Zone \_\_\_\_\_

I accept the nomination to the office of Deputy Governor and certify

1. That I am an active member or active life member, in good standing, of a Kinsmen, Kinette or Kin club in Zone \_\_\_\_\_.
2. That I shall do all things necessary to remain qualified for this office during my entire term of office, in accordance with the National General Operating and District By-Laws of Kin Canada.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date

**Please print name, address, telephone number(s) and email address in full.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

Telephone: \_\_\_\_\_

E-mail: \_\_\_\_\_

**Return this completed form to your Deputy Governor at least 30 days before your Zone Conference.**

Both nomination and acceptance sections must be filled in and signed.



*Winter  
Edition*

# KINSHIP 1



**Kin Canada**

Kinsmen • Kinettes • Kin

**District 1**

KINSHIP 1 is out! Look at what's inside!

<http://www.district1kin.ca/index.php/KinshipOne/Index>





## Kinette Rookie of the Year!

Our club's own, Past President, Terry Baldwin!



# "Meeting the Community's Greatest Need"



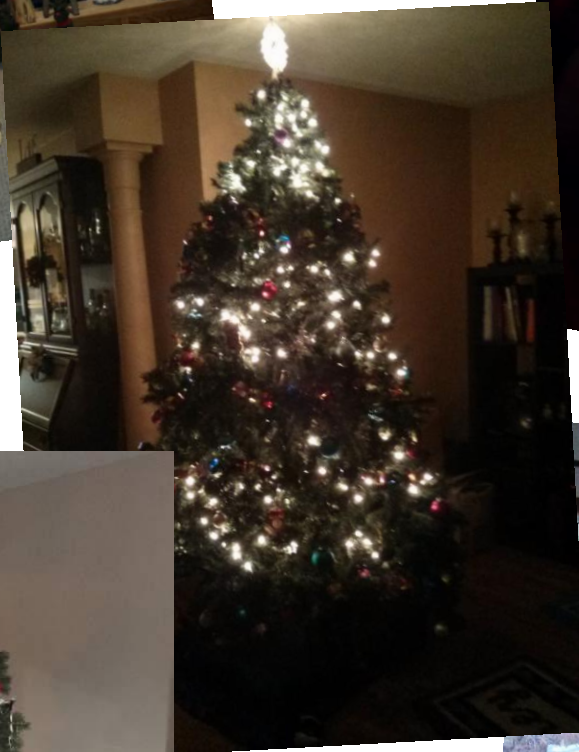
The St. Thomas Kinettes were delighted to donate to Second State Housing as their 2014 Christmas project. This organization had planned to hold a Christmas Pizza Party for the women and 20 children who would be residing with them over the holidays. On December 3<sup>rd</sup>, the Kinettes delivered their contributions, which was greatly appreciated and included items to help the organization hand out stockings for the children. Great job ladies!

[CLICK HERE to visit the Second Stage Housing website](#)



## Can you Guess -- Who's Christmas Tree Belongs to Who?

(Hint: Karen's, Brittany's, Melissa's, Alicia's and Terry's)



Answers:  
TP – Terry's  
TL – Melissa's  
C – Karen's  
BL – Alicia's  
BR – Brittany's



# Merry Christmas from our Fur-babies!



**Jynx**



**Maggie**



**Oliver**



**Maggie**



## *A Christmas Tradition by Brittany Galenkamp*

In true Dutch tradition, each member of the family gets a chocolate letter at Christmas. This was something my Grandma did each year. When she passed away a few years ago, I wanted to be sure many of our family traditions, that reflect our heritage, would continue so now I make sure to buy the chocolate letters each year.



# Membership



## MARK YOUR CALENDAR

**The Beanery - 2<sup>ND</sup> Membership Recruitment Night  
Tuesday, January 20, 2015**

What a HUGH success! Our first membership recruitment night was held at the Beanery in October, we had 5 Kinettes (Jodi, Lori, Jen, Anne-Marie & Terry) present, each one full of excitement to share about our club to 5 new ladies who have shown interest in our club from past events, by word of mouth, or from our social media advertising.

Our next Membership recruitment night will be on **TUESDAY, JANUARY 20, 2015**, same location (the atmosphere is wonderful at the Beanery).

**Hey Kinettes, start thinking now of whom you will be inviting out to our next Membership recruitment social night.**

Club Membership is EVERYONES RESPONSIBILITY!

We are here to serve our Community's greatest need, and to accomplish that task, we are looking for motivated and like-minded members! Let's keep growing this amazing club so that we can have a greater impact on our community!



**Have you attended 3 general meetings (or 2 general meetings and 1 event) and you are now ready to take the NEXT STEP?**

To print out and complete the New Members Application Form, click [HERE](#):

**Don't forget to bring the completed form with you to the next meeting ☺**





# It's a Charlie Brown Christmas!







In preparations for the St. Thomas Christmas Parade, theme – Cartoons, the Kinsmen and Kinettes combined efforts to decorate a "Charlie Brown Christmas" float. Milder temperatures brought out the crowds the night of the parade as the streets were lined with parents and their children who were eager to see Santa! Thank you to everyone who contributed to the design of the float, decorations and participating the evening of the Parade ☺

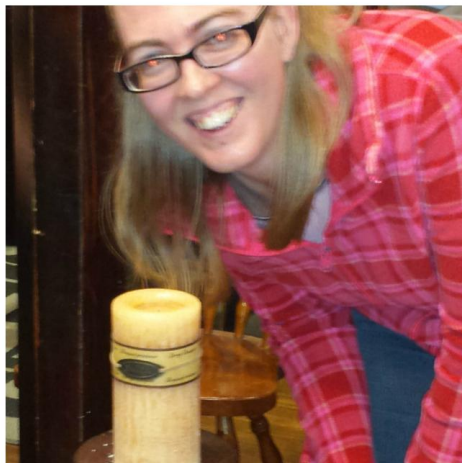
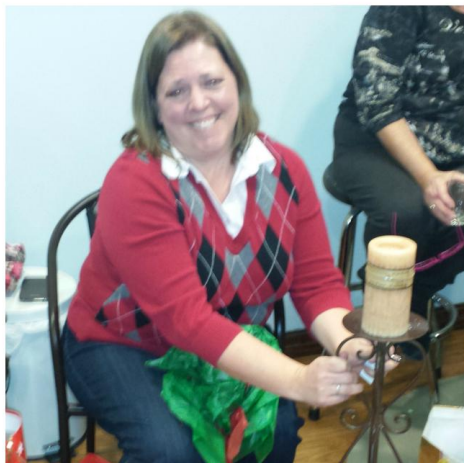




## "GIDDY-UP" to FLC

This past November at Fall Leadership Convention, the Kin of Windsor played host to attendees with a "Boots and Saddles" theme. Our brothers, the St. Thomas Kinsmen, won the bid to host FLC 2015 – KINGratulations!





## Our Christmas Social



In true fashion, the Kinettes wrapped up their 2014 year with a pot-luck style Christmas Social, hosted by Anne Marie and Jennifer in the salon of Anne Marie Vallee. Jen and Annie kept the Kinettes entertained and on their toes with challenging but fun team-building games. When it came time for the gift exchange, the theme here was to bring a wrapped, re-gifted/recycled/reclaimed item. Each member drew a number and chose their gifts in that order, or a member could 'steal' a gift, already revealed, from someone who had already made their selection. The only exception, a gift could not be stolen more than twice. There were some pretty fabulous gifts that exchanged hands which made for a lot of stealing going on between the members. (Hey Jen, better hold on tight to you candle holder; especially when Jodi's around lol)

With an abundance of delicious food, lots of laughs and giggles, kinship and a just a plain 'ol good time, the Kinettes look forward to a fabulous New Year meeting the community's greatest need!

# The Krafty Knette



DIY Arm Knitting - 30 Minute Striped Infinity Scarf



Audra Kurtz



Subscribe

39,548

170,412

Who would like to try a hand (lol no pun intended) at Arm knitting your very own Infinity Scarf?  
This is just one of many tutorials you can find on Youtube!

[CLICK HERE to view this 15:00 min 'how to' video](#)

**Don't forget!**

**Family Day is Feb 16<sup>th</sup>**  
and admission to the  
Kinsmen Fanshawe Sugar  
Bush is FREE!

[CLICK HERE to find out  
what's happening and how  
to get there!](#)

## KINSMEN FANSHAWE SUGAR BUSH

**FREE FAMILY DAY!**

Free Admittance

Join us for a fun day the Kinsmen Fanshawe Sugar Bush

First 50 families can tap trees

Crafts for Kids of all ages

Cook Marshmallows over the campfire

Pancake house breakfast and Maple Products for sale

Walking Tours and demonstrations







**Upcoming Birthdays  
&  
Celebrations!**

**January 1<sup>st</sup>**

**Happy New Year!**

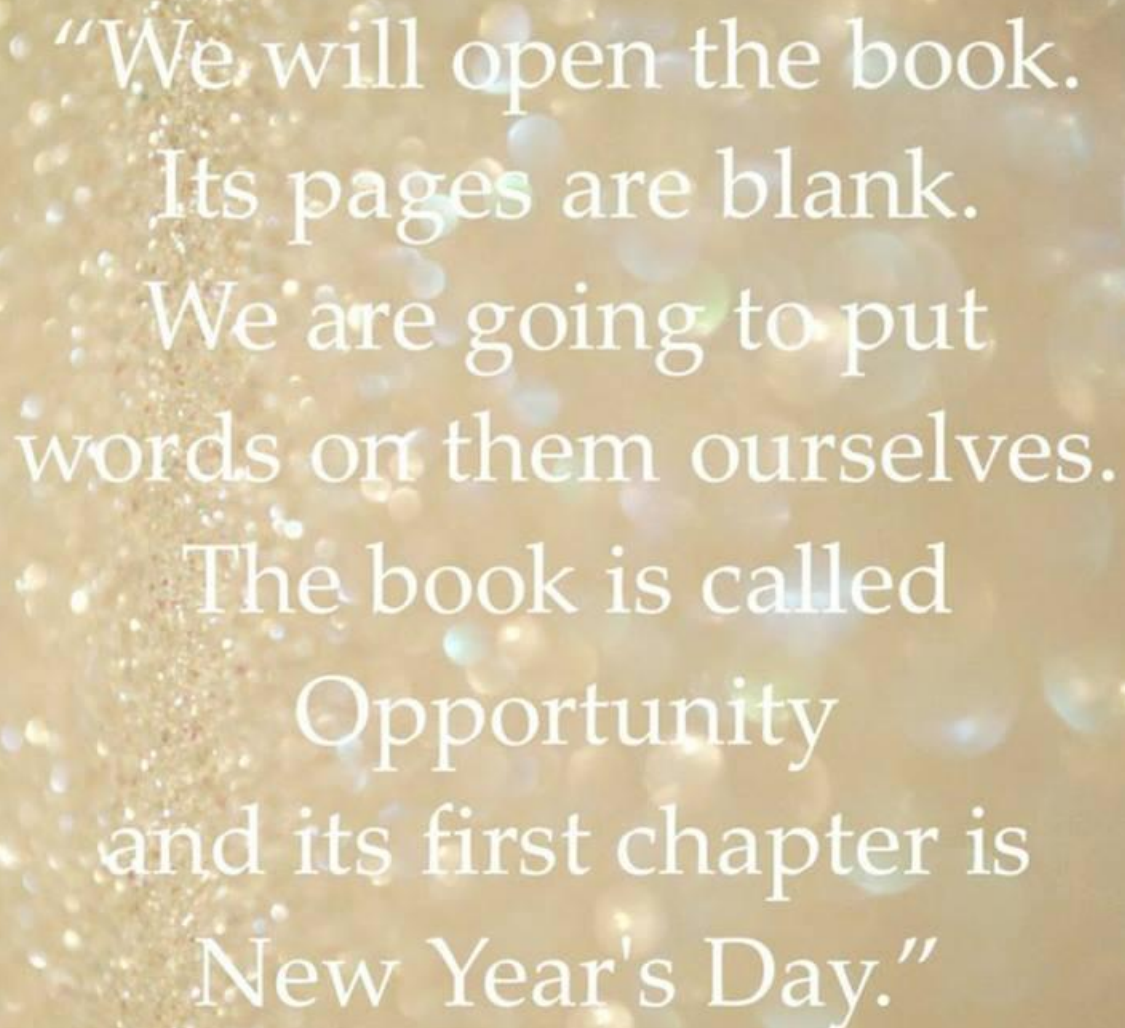


# Closing thoughts...



*"I think your whole life shows in  
your face and you should be  
proud of that"*

**Lauren Bacall  
1924 - 2014**



“We will open the book.  
Its pages are blank.  
We are going to put  
words on them ourselves.  
The book is called  
Opportunity  
and its first chapter is  
New Year's Day.”

~ Edith Lovejoy Pierce

**Happy New Year from the Kinettes!**

We hope 2015 is one filled with peace, hope, enriching friendships, health, love and lots of adventure! Here is to taking a breath, releasing what no longer serves you, moving past the challenges of this past year and being open to welcoming in all the wonderful things headed your way!