

April 20, 2014 • Volume 1 • Issue 8



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Proud Members of District 1, Zone F



WE INVITE YOU TO JOIN US!

Next General Meeting

Date: Tuesday, April 22nd, 2014

Time: 6:30pm Social,7pm Call to Order

Place: Knights of Columbus 265 Wellington St.

St. Thomas

Club President: Terry Baldwin

(e): president@stthomaskinettes.com



Greetings from our President

"Spring has finally sprung"! After a long, cold winter, these are welcomed words! Spring always brings a sense of renewal, refreshing and motivating us to get outside and enjoy the warmer weather. Working in our gardens, holding garage sales, kids playing outside; there are so many outdoor activities we look forward to.

The Kinettes are excited for spring and the fundraising events happening. For the 2nd year, the Kinettes will join the St. Thomas Kinsmen at their "Annual Easter Egg Hunt" in Pinafore Park on April 19th selling hot popcorn to raise funds.

We're also in full swing partnering with Tupperware for a TupperConnect™ Fundraiser, which enables our sellers to raise funds from family and friends both near and afar, in person and online. Kinettes receive 40% of sales at this fundraiser! Get your orders in by the 23rd!

Another fun and exciting event we have been invited to participate in is the "Tom Zombie Prom" on May 9th at the Caso Station. The Kinettes will be selling beverages to raise funds and, who knows, there may be a couple of Kinette Zombies on the prowl!

This is also the time of year when the Kin Clubs across Canada elect their new Club Executive and the Kinettes are excited to hold their 1st election at our April 22nd General Meeting. Competition is good; it gives every member the opportunity to rise to the top and bring their fresh ideas, new strategies, and continue to learn; all part of being a productive Executive.

As a new club, we have dealt with challenges head on and celebrated our successes over the last year and continue to share a common goal and passion for our club. For continued success, engagement is key in the form of participation, ideas and feedback. We can't do it alone, but as a group, we can do amazing things! Watch for our new Club Executive soon to be announced.

Thank you Kinettes for your continued commitment; together we make a stronger club every day!

President Terry

"The ones who are crazy enough to think that they can change the world are the ones who do!" ~ Steve Jobs

Calendar of Events

General Meeting – Tuesday, April 22/14 @ 6:30 pm Social, 7pm Call to Order, at the Knights of Columbus, 265 Wellington St., St. Thomas

April Social - April 28th @ 6:30pm (3 Cedar St): **Bring** an open mind & perhaps a 'bevie' or 2. There will be a small fee - to be determined by the number of Kinettes that join us! Please let us know or comment on Facebook if you will be able to attend. Any questions contact Jackie or Brittany.

Executive Meeting – Monday, May 12/14 @ 6:30pm @ President Terry's home

Annual Kinsmen Egg Hunt – Saturday April 19/14 @10am – noon, @ Pinafore Park, St. Thomas. Kinette's will be volunteering at this event as well as selling POPCORN!

Spring Convention 2014 - "NINETEEN SIXTY FOUR" - May 2-4, 2014 in Collingwood

Tom Zombie Prom - May 9/14 @ CASO (750 Talbot St) 7pm – 11pm – Volunteers needed to help set up and sell beverages to party goers at the prom

Chart Night - Drayton Kinette Club on May 24th

Charter Night - The Kin Club of Saugeen Shores on May 31st

Social Activity Schedule

Month	Kinette	Kinette
November 2013	Leslie Lumley	Jodi McLaughlin
December 2013	Lisa Muxfeldt	Anne Marie Vallee
January 2014	Deborah Murphy	Karen Coutts
February 2014	Jackie Harris	Alicia Peters
March 2014	Chantelle McGuffin	Melissa Bishop
April 2014	Brittany Galenkamp	Jackie Harris
May 201	Jennifer Barned	Terry Baldwin
June 2014	ALL KINETTES	ALL KINETTES

2013/2014 St.Thomas Kinette Club Roster

	Club Member	Position		Club Member	Position
1	Terry Baldwin	President	9	Lori McClymont	Secretary
2	Jennifer Barned	Active Member	10	Chantelle McGuffin	Vice President
3	Melissa Bishop	Membership Director, Bulletin Editor	11	Jodi McLaughlin	Registrar, Bulletin Editor
4	Karen Coutts	Awards Director	12	Deborah Murphy	Active Member
5	Sandra Craig	Active Member	13	Lisa Muxfeldt	Treasurer
6	Brittany Galenkamp	Active Member	14	Alicia Peters-Smith	Active Member
7	Jackie Harris	Risk Manager, Bulletin Editor	15	Anne-Marie Vallee	Active Member
8	Leslie Lumely	Active Member			

Just for Laughs!



Why do we paint Easter eggs?

Because it's easier than trying to wallpaper them!

What has big ears, brings Easter treats, and goes "hippity-BOOM, hippity-BOOM, hippity-BOOM"?

The Easter Elephant

Who is the Easter Bunny's favourite movie actor?

Rabbit De Nirol

Kin Education

Club Elections

What a great start to nominations at our March meeting! So, what happens next? President Terry has accepted my offer to be scrutineer (the person who runs the election and counts the votes) for this year. I'll have another member helping me with counting as well...I'll figure out who that will be very soon. Nominations are still open for all positions. At our April meeting, this is the process we'll follow:

- 1. We will do a final call for nominations.
- 2. When we've gone through the whole list, we'll need a motion to close nominations.
- 3. We'll go through each position, confirming that everyone who has been nominated is willing to let their name stand for that position.
 - If you really want a position, there's nothing wrong with saying so – sometimes, as women (and moms), we're afraid to speak up for what we want for ourselves...don't be!
 - And if you're hesitant about letting your name stand, remember that everyone else has the same experience as you.
 Frankly, learning how to do the job comes from actually doing the job, not from watching it.
 Seasoned Kin who have held executive positions multiple times will tell you that every year is different, and they learn something every time. Go for it! You know that the entire club will support you.

- According to the General
 Operating Bylaw of Kin Canada,
 the minimum number of officers
 we need for our club are the
 president, immediate past president, vice president, and
 secretary/treasurer.
- 4. Ballot votes will be held for every position, starting with the president.
 - Elections will be run following Kin Canada's General Operating Bylaw and National Policies and Procedures, and following the District and Club House Rules.
 - If there is only one name on the list, the secretary will be asked to cast a ballot in that person's name.
 - All members receive one vote, with the exception of the president. The president will complete two ballots, one of which will go in the scrutineer's back pocket to only be used in case of a tie vote.
 - The winner of each position will be announced before we go on to the next one.
- 5. By the end of the evening, we will have our new slate of officers for the St.

 Thomas Kinettes! They will officially take office on July 1.

Submitted by Kin Education Chair Karen

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President

Jodi was nominated by Lisa, seconded by Sandra

Melissa was nominated by Jodi (declined)

Jackie was nominated by Karen, seconded by Lisa (declined)

Vice President

Melissa was nominated by Alicia, seconded by Chantelle (declined)

Jackie was nominated by Melissa, seconded by Chantelle (declined)

Brittany was nominated by Sandra, seconded by Lisa (declined)

Jodi was nominated by Terry, seconded by

Secretary

Jodi was nominated by Terry, seconded by Jen

Chantelle was nominated by Jodi (declined)

Lisa was nominated by Melissa, seconded by Jackie (declined)

Terry was nominated by Jodi (declined)

Leslie was nominated by Karen, seconded by Jen (declined)

Treasurer

Lori was nominated by Jen, seconded by Chantelle

Brittany was nominated by Melissa (declined)

Sandra was nominated by Jodi, seconded by Karen

Membership director

Chantelle was nominated by Terry, seconded by Melissa

Jen was nominated by Alicia (declined)

Anne Marie was nominated by Sandra, seconded by Jen

Bulletin Editor

Melissa nominated herself, seconded by Alicia

Lori was nominated by Melissa, seconded by Jen

Karen was nominated by ??? (declined)

Awards Chair

Anne Marie was nominated by Jodi, seconded by

Alicia was nominated by AnneMarie, seconded by

Sandra was nominated by Melissa, seconded by

Registrar

Jen was nominated by AnneMarie, seconded by Terry

Brittany was nominated by Karen, seconded by Sandra

Chantelle was nominated by AnneMarie, seconded by Terry

Risk Manager

Terry was nominated by Melissa, seconded by Jen

Leslie was nominated by Jodi, seconded by Jackie (declined)

Lisa was nominated by Chantelle, seconded by Melissa

Cystic Fibrosis/Service Director

Jen was nominated by AnneMarie, seconded by Sandra

Chantelle was nominated by Karen, seconded by Alicia

Alicia was nominated by Melissa, seconded by Jodi

Treasurer's Monthly Report



Service Account: Kinette Club of St Thomas

Transaction Date	Description Debit	Credit	Balance
March 5, 2014	Deposit (Lottery)	\$200.00	\$2,118.72
March31, 2014	Interest	.02	\$2,118.74
April 1, 2014	CK: 8 (Lottery) \$280.00)	\$1,838.74
April 7, 2014	Deposit (CF)	\$ 63.10	\$1,901.84
April 14, 2014	Deposit (Dress sale)	\$234.30	\$2,136.14

General Account: Kinette Club of St Thomas

Transa	action Date	Description	Debit	Credit	Balance
March	5, 2014	Dues/shirt money		\$277.60	\$1,805.71
March	31, 2014	Interest		.02	\$1,805.73
March \$1,790	31, 2014 .73	CK: 9(Membership)		\$ 15.00	
April	4, 2014	CK: 13 (incorp)	\$ 155.00		\$1.635.73
April	7, 2014	Deposit(dues/fines)		\$ 52.00	\$1,687.73
April	7, 2014	CK. 14(convention)	\$105.00		\$1,582.73
April	8, 2014	CK. 12(art gallery)	\$ 35.00		\$1,547.73
April	9, 2014	CK. 15(title search)	\$ 66.67		\$1.481.06

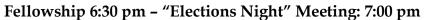


PLEASE update Karen Coutts – Awards Director
IF you complete any item in the
Maple Leaf Award of Distinction requirements

ELIGIBILITY for the Maple Leaf Award:

- 1) Open to active or associate members in their first 2 consecutive years of joining KIN
- 2) MUST complete 6 out of 8 mandatory requirements
- 3) Attain a minimum of 300 pts in the Optional Requirements section

Agenda - General Meeting #8 Tuesday, April 22, 2014 Knights of Columbus Hall



Bulletin Deadline & Updates – Jodi, Melissa, Jackie



In meeting was called to order at by President Terry
O'Canada led by
Kin Song led by
Address to the Chair:
"President Terry, guests and fellow Kinettes - "There goes Peter Cottontail, hippity,
hoppity" Happy Belated Easter!"
Sergeant-At-Arms:, fine session open.
Introduction of Guests
Installation of new Club Member – Jennifer Barned – Terry & Melissa
Maple Leaf Award Talk – Melissa
Secretary's Report: Lori McClymont, Secretary
Motion by, second by, that the minutes of the
March 25, 2014 General Meeting minutes approved as printed in the bulletin.
Correspondence
Treasurer's Report & Dues: Lisa Muxfeldt, Treasurer
General Account -
Service Account -
CF Donation Total -
Bills paid - Bills outstanding –
Total Dues Paid -
Motion by Second by, that the Treasurer's report be accepted.
Modon by
Club Business:
2014-2015 Final Nominations Open
Elections - Executive Voting
Spring District Convention Resolutions - Club Voting - Karen
Club Projects & Committee Reports:
"A 2 nd Dance Dress Sale Report - Karen
Kinsmen Easter Egg Hunt & Popcorn Sale Report - Chantelle
"Tom Zombie Prom - May 9 - Sign up - Jodi/Lisa
Ist Anniversary Party - When, Where, What and Committee?
Other Fundraising Projects Reports & Updates - All Chairs

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Mot	tion by	_, second by	to close the fine session.	
Anı	nouncements:			
4	May Social Comm	nittee – Terry & Jennifer		
4	June GM Wrap up	o, Executive Installations	s and Social - Terry	
4	Maple Leaf Award	d Schedule: Talk - Jodi,	Bulletin Quill - Deborah	
()		e Ride w/Kinsmen May up Details and Deadline	14, Boston Pizza 7:00 pm – Lori - Karen	
4	Next Executive M	eeting - Mon, May 12, 2	2014, 6:30 pm – President Terry Baldwin's	s Residence
Ô	Next General Mee 7:00 pm meeting.	eting - Tuesday, May 27	, 2014, Knights of Columbus Hall, 6:30 fe	ellowship,
4	Other Announceme	ents/Comments:		
	gistrar's Report: Jod Total membership (Total members pres Percentage in Atten Guests in Attendand	Active) - 15 sent%		
Ser	geant-at-Arms Rep	ort: \$		
Adj	journment: Motion by	, second by	that the meeting adjourn at	pm.

Minutes - General Meeting #6 Tuesday, March 25, 2014 Knight's of Columbus Hall Fellowship 6:30 pm - "Campaign Night" Meeting: 7:00 pm



The meeting was called to order at	by President Terry
O'Canada led by Jodi	
Kin Song led by Melissa Melissa	<u></u>
Address to the Chair:	
"President Terry, guests and fellow Kinette's	s - "Welcome Spring - bring on the flip flops!"
Sergeant-At-Arms: <u>Chantelle</u> , fine	session open.
Introduction of Guests – Bryan Bakker, Chair of the Stechner, Vice Chair/Event Planner. The Tom Zombs Caso Station, Walk May 25th in Springwater, Festival They want us to sell Pop/water at the prom, Lisa and events.	ie Festival Events are as follows: Prom May 9 th Sept 27 th at the Elgin County Railway Museum.
President Dave & President Beatrice Crowley & Lond Service Director position and fundraising for CF. Ma and community. Do at least 1 event strictly for CF, H hours online. Participate in the one dime at a time ca	ake a balance for fundraising for CF, Hal Rogers Ial Rogers and Community. Report the service
Membership Guests - Mary Pfeffer, Sherry Agnew, I Editor Carol Cooper from London Kinette's in attend	
Zone F Conference Club Awards Presentation & Pict Jackie. Rookie Kinette to Melissa.	ures - Bulletin Award to Jodi, Melissa, and
Secretary's Report: Lori McClymont, Secretary Motion by <u>Jennifer</u> , second by <u>Melis</u> February 25, 2014 General Meeting be appro	oved as printed in the bulletin.
for National and District, Kin nections Newsletter	;, Kinship 1, District 1 Spring Bulletin.
Treasurer's Report & Dues: Lisa Muxfeldt, Treasure	er
General Account - \$1805.71	
Service Account - \$2118.72	
CF Donation Total – TBA	
Bills paid - \$35.00 to Art Center for Social, \$155.00 fo	r Incorporation filing, \$66.07 Title search, \$105.00

President Convention fee.

Bills outstanding - None

Total Dues Paid – all but one and Jennifer's dues, the club has decided will be prorated @ \$33.00.

Motion by <u>Lori</u> Second by <u>Alicia</u>, that the Treasurer's report be accepted.

Club Business:

- 2014-2015 Executive Nominations Open Committee Anne Marie and Deb,
- contacted members for pre-nominations. Anne Marie recorded nominations at the meeting and the form will be in Dropbox. Nominations deadline for changes, additions and declines is April 15. Moved by Karen, Sandra that we move into Committee of the Whole for 20 minutes to do elections. Carried

President

Jodi was nominated by Lisa, seconded by Sandra Melissa was nominated by Jodi (declined) Jackie was nominated by Karen, seconded by Lisa

Vice President

Melissa was nominated by Alicia, seconded by Chantelle Jackie was nominated by Melissa, seconded by Chantelle Brittany was nominated by Sandra, seconded by Lisa (declined)

Secretary

Jodi was nominated by Terry, seconded by Jen

Chantelle was nominated by Jodi (declined)

Lisa was nominated by Melissa, seconded by Jackie (declined)

Terry was nominated by Jodi (declined)

Leslie was nominated by Karen, seconded by Jen (declined)

Treasurer

Lori was nominated by Jen, seconded by Chantelle Brittany was nominated by Melissa (declined) Sandra was nominated by Jodi, seconded by Karen

Membership director

Chantelle was nominated by Terry, seconded by Melissa Jen was nominated by Alicia (declined) Anne Marie was nominated by Sandra, seconded by Jen

Bulletin Editor

Melissa nominated herself, seconded by Alicia Lori was nominated by Melissa, seconded by Jen Karen was nominated by ??? (declined)

Awards Chair

Anne Marie was nominated by Jodi, seconded by Alicia was nominated by AnneMarie, seconded by Sandra was nominated by Melissa, seconded by

Registrar

Jen was nominated by AnneMarie, seconded by Terry Brittany was nominated by Karen, seconded by Sandra Chantelle was nominated by AnneMarie, seconded by Terry

Risk Manager

Terry was nominated by Melissa, seconded by Jen Leslie was nominated by Jodi, seconded by Jackie (declined) Lisa was nominated by Chantelle, seconded by Melissa

Cystic Fibrosis/Service Director

Jen was nominated by AnneMarie, seconded by Sandra Chantelle was nominated by Karen, seconded by Alicia Alicia was nominated by Melissa, seconded by Jodi

- Russ Jackman Life Membership Night & Kinette 1st Anniversary Party Update Karen will be telling Russ that it is a 1st year anniversary party but everyone else knows that it his party on June 14. Kinettes will be collecting photos & preparing the picture display/collages.
- Spring District Convention "1964" May 2-4 Early Bird Registration April 1st, Terry and Karen attending, need more members to attend.

Club Projects & Committee Reports:

- "A 2nd Dance Dress Sale April 12 Karen wants the club to hang up posters and spread the word, keep getting dresses, members need to help provide items as listed in the Bulletin list. Also Doodle sign up on line to help out with the set up and sales on Friday and Saturday.
- Kinsmen Easter Egg Hunt & Popcorn Sale April 19 Chantelle/Terry Sign up Sheet passed around for volunteers.
- Bulletin Deadline & Updates April 15th Spotlight Anne Marie, Quill Leslie. Please submit pics from the Sugarbush and all events that you attend.
- Other Fundraising Projects Reports Tupperware, Melissa has books and forms for each member, Sign up on line and invite your friends to buy. We get 40% of sales from the fundraising book and only hostess credits from the regular sales book. Lunch kit prize to the Kinette with the most sales brought in.
- Tillsonburg Interclub Visit Jodi gave a 2 min speech on the nights events, fun had by all who attended - Jodi, Terry, Lori, Deborah, Brittany.

Motion by Karen, second by Jennifer to close the fine session.

Announcements:

- April Social Committee Brittany & Jackie
- Maple Leaf Award Schedule Talk Melissa, Bulletin Quill Leslie
- London Kinsmen/Kinette Sugar Bush Require help for Mar. 29 & 30 need volunteers.
- Tillsonburg Kinettes My Princess and Me Ball Spread the word and pass out flyers.
- Next Executive Meeting Confirmed with Executive Mon, April 7, 2014, 6:30 pm President Terry Baldwin's Residence
- Next General Meeting Tuesday, April 22, 2014, Knights of Columbus Hall, 6:30 fellowship, 7:00 pm meeting.
- Other Announcements/Comments: Carol mentioned the Princess Ball for CF to be confirmed for an October date in London; our 2 clubs could consider providing service work at the event. Carol to provide Terry with more information, not to conflict with the Diamonds and Denim Dance Oct 18th.
- Great Strides Walk for CF London May 25th Our club could join the London Clubs or make our own team for fundraising for CF- An event for the new CF/Service Director to look into.

Registrar's Report: Jodi McLaughlin

- Total membership (Active) 15
- Total members present 13
- Percentage in Attendance 87%
- Guests in Attendance 8

Sergeant-at-Arms Report: \$12.00

Adjournment:

Motion by Lisa, second by Melissa that the meeting adjourn at 9:10 pm.



Let's Eat:

Pizza Mushrooms



Pre-heat oven to 350, bake for 20-25 minutes

Ingredients:

As many mushrooms as you want!

Half or full container of Herb and Garlic cream cheese depending on how many mushrooms you're using Small can of pizza sauce

Shredded cheese

Pepperoni; again depends on how many mushrooms you've got.

I also used turkey pepperoni

Directions:

Wash and take the core out of each mushroom

Mix a handful of shredded cheese into a full container of cream cheese. If only using half container then half your shredded cheese as well.

Fill each mushroom to the top with cream cheese mixture

Small spoon of pizza sauce on top of each

Place a pepperoni on top of pizza sauce - sprinkle top of pepperoni with a bit more cheese.

Then bake away! They will be a big hit at your next event!!

Submitted by Alicia

	BULLETIN	CLUB MEMBER Sign-up						
BULLETIN CONTENT	EDITOR	Dec	Jan	Feb	Mar	Apr	May	June
Change over Meeting Minutes					Jodi			
General Meeting Agenda								
Treasurers's Report	Jodi				Lisa			
Club Roster								
Zone News Birthday/Anniversary Announcements					Jodi			
National News								
Distribution					Melissa			
Membership								
Member Spotlight (Kin Profiles)	Melissa	Jackie	Alicia	Chantelle	Brittany	Anno- Herio	Jen	Mel
Jokes & Brain teasers							?	?
Closing Thoughts (quote/Affirmation)				Alicia	Chantelle N/A	Jen	?	?
Photo editing/Infographics					Melissa			
District News								
Calendar of Events					Jackie			
Kin related Quills or Articles		Lisa	Terry	Jackie NłA	Lori N/A	Leslie	Deb	?
Editorials	Jackie						?	?
VP's Report				(Chantelle			
Cystic Fibrosis News			ı		Jackie		l	
Kin Education				Karen	Karen	Karen	Karen	?
Recipes					Brittany	Sandra	?	Mel
President's Report		Terry						
Bulletin Editor's Report		Bulletin Editors						
Club Project Reports	All 3 Editors	Project Chair Person						
Kin Event Feedback		Bulletin Editors to ask an attending member						
Proof reading and editing					Leslie			

Bulletin Editors:

Jodi McLaughlin: jodi_mclaughlin@hotmail.com

Melissa Bishop:

melissa.bishopm@gmail.com

Jackie Harris: harrisville@rogers.com







Jodi, Jackie and I are completely honoured to have received recognition at the Zone level for the Bulletin Award.

"District Bulletin Award-here we come!"

Zone News



The St Thomas
Kinsmen and
Kinettes would
like to **Thank You** for
attending the
Kinsmen's
Annual Easter
Egg Hunt





District News

Announcing Spring Convention 2014 "NINETEEN SIXTY FOUR"

Spring Convention "NINETEEN SIXTY FOUR" is fast approaching and will be held in Collingwood Ontario May 2 – 4th, 2014. Once again, the Kinette Club of Collingwood is offering you an unequalled Kin event at Cranberry Resort Collingwood. Those that attended FLC 2010 will remember first class accommodations, exceptional meals and comfortable meeting spaces. NINETEEN SIXTY-FOUR will be every bit as wonderful, if not more!

Once you arrive at the Cranberry Resort you can park your car and put away your keys, all events will be held on site that weekend. Upon arrival, you will be given your registration information and boodle bags and will be ushered to the William Watts room for the Friday night opening ceremonies to be followed immediately by the speak-off and joke-off competitions.

We are looking forward to Governor Melissa leading us through our business session on Saturday so that we are able to gather together to celebrate 50 years of partnership with Cystic Fibrosis Canada, our commitment to service work in our communities and our participation in our awards programs, at our gala event that evening.

Sunday morning business will resume after a light breakfast and will culminate with the Governor's Brunch celebrating a wonderful Power of One year and ushering in our new leadership. The Governor has assured us we'll be on the road by 2.



Both evenings you will be hosted by the Collingwood Kinettes in our hospitality suite, so come prepared to move to the tunes of the era with Shane Walsh doing the spinning. All registrations for both the event and rooms must go through the Kinette Club of Collingwood and early registration is in place only until April 1st. That means the registration must be IN OUR HANDS on April 1st.. Not postmarked as previously accepted. It is important to note that the hotel will be releasing rooms not booked on April the 2nd, so if you wish to stay at the host hotel, we must have your registration prior to that date.

On another note, we are able to accept Visa and Mastercard with a nominal surcharge of \$5. We hope this assists in getting your registrations to us early.

Any questions or concerns can be directed to Convention Chair Monika McKean, contact information is on the registration form. Looking forward to hosting you in May.

To view registration details and to print the registration form <u>CLICK HERE</u>.

April Quill

Submitted by Leslie Lumley

I have always talked about writing a book based on my travels and devoting one chapter to toilets, so I figure this forum is the best for testing the waters, so to speak! My mother informs me that this has already been done by Erica Jong, but if I don't read her treatise on toilets until after writing mine, any similarities will be purely coincidental (or shared experiences, as it were).

I will preface this short essay by first explaining my pretravel attitude towards toilets not my own. I quite successfully avoided them, at all costs, until I hit puberty. Even after that, I was able to maintain their use at a minimum. I believe this aversion comes from an experience with my mother, who taught me to hover over public WCs so as not to get germs on my bottom. This taught me that the public commode was a filthy place, teeming with a myriad of unseen germs ready to attack my fair bum and therefore, not to be trusted.

We'll begin with my first overseas toilet experience (Canada's and the States' toilets being nothing to write home about). The loo in my boyfriend's flat in London (UK) was interesting in that it was in its own room (the "Water Closet", or "WC") and it was flushed by pulling on a rope hanging from the ceiling. The water tank was on the roof, and collected rainwater exclusively for flushing. It was an ingenious idea that I had seen in one or two old homes in Canada, but that is lost now, including in the more modern homes in London. There was one other loo in the UK that also wedged itself in my memory. I have always had a delicate tummy that doesn't usually take well to deep fried food. However, one cannot visit the UK without enjoying battered and fried fish wrapped in newsprint, right? Well, unfortunately my tummy did not agree, and at a petrol station just outside of Sherwood Forest, I found myself in need of their facilities. I first asked for the bathroom, which really perplexed the station attendant, then the washroom, which further complicated matters (my bowels had taken over my mental faculties, otherwise I would have remembered "loo" and "WC," both of which I knew from my love of British literature). Finally I remembered "toilet" was a universally accepted word, and was told where to find it. If you have read the book Trainspotting (or seen the movie, but the scene I'm thinking of is much more graphic in the book), you will know the state of the toilet I encountered. I doubt it had ever been washed since being installed, and considering the colourful nature of the outside of the bowl, it had also been used by elephants! (This is not hyperbole!)

Fast-forward to my second time travelling overseas. As the plan was to camp as we "backpacked" through Europe for 72 days (we had a leased Renault Clio, instead of the traditional backpacker's Euro rail pass), I knew I'd have to get over my public toilet aversion with haste. Perhaps it is this John aversion that has enhanced my memory of the majority of public toilets that followed this first long trek of mine.

Interestingly enough, the first toilet I encountered in France, upon landing at Charles de Gaulle, was both a very interesting one, and the one that erased my aversion forevermore. I was queuing up for the first available stall, which just so happened to have Japanese characters on it. This should have been my clue as to what I encountered inside - my first porcelain squatter! The squatter is a porcelain-lined hole in the ground, with a treaded footrest at either side. Contrary to what I learned one teacher in Korea did (causing tremendous suffering from a series of "unexplainable" rashes), a squatter is NOT meant to be sat upon! After using it (properly, natch), I became a dedicated fan of the squat! Unlike the hover, the squat is maintained at a more comfortable, natural angle, which makes it easier to maintain for longer periods – although the need for more time is greatly reduced by the position, which facilitates movement – if you get my drift. Anyone who has given birth naturally will know what I mean!

Toilet seats or their lack thereof, was the other distinguishing feature of the French public commodes that struck me as odd. It is arguably much easier to squat over a toilet without a seat, but still not as easy as using a squatter. After my experience at de Gaulle, I had expected to see more of the squatters; however, it seems to have been placed there for the benefit of the Japanese tourist, who by and large does not use a tent as their accommodation whilst in France.

There were no other memorable Johns in Europe, although the medieval toilets in castles, consisting of an overhanging room made of stone with a hole in the bench inside, were quite intriguing. One can imagine the stains that would have been observed down the sides of those castle walls! When I next travelled to Asia, however, I once again encountered very memorable loos indeed! But, as they say in *Tales of the Riverbank*, "that is *another* story"!

Sheet1

Proposed Cystic Fibrosis/Service Operating Budget 2012-2013

Respectfully Submitted
Joanne Bint & Adrian Helm
District 1 Cystic Fibrosis Service Directors
2012-2013

2012-2013			12.0
	2012/2013 Proposed	d Actuals	- the
			1606
Revenues			111 /2
Allotment	\$11,000.00	\$11,000.00	1 , 13
Pins and decal Sales	\$2,500.00	\$968.10	1 17 1
Interest	\$1,000.00	\$224.62	1, 10
Coke Machines	\$100.00	\$59.09	1, 1
Fines Pots	\$250.00	\$383.52	4 /
Merchandise Sales	\$250.00	\$0.00	16 7 8
Silent Auctions	\$500.00		6 9 3
FLC Silent Auction		\$1,094.00	12 m . M. D
FLC Wine Raffle		\$2,223.24	120 1/3 0
Spring Silent Auction		\$1,396.00	1 1
District Programs:	\$1,500.00	\$0.00	14 4 13
Miscellaneous		\$42.95	111 M. V.
Club Donations		\$139,824.61	1, 0 .4
cf donation cash		\$1,497.77	N/ 10 13
Total	\$17,100.00	\$158,713.90	7 60
Total	φ17,100.00	φ130,713.50	8 /
iii.			18 14 BY
			2 17 13
Expenses			19 1 X
Postage & Shipping	\$150.00	\$0.00	M 12 3
Phone & Fax	\$150.00	\$0.00	13 13
Photocopying	\$50.00	\$0.00	1 1/2 10
Office Supplies	\$75.00	\$79.09	1 6 14
Financial Review	\$200.00	\$0.00	10, 100
Incoming Dir. Travel to AGM	\$1,000.00	\$181.60	18 11 7
Incoming Dir. Meals for AGM		\$80.94	19 h 16
Directors Travel	\$1,500.00	\$694.86	4 11 00
Tributes & Gifts	\$350.00	\$34.22	1 / /h
FLC Speaker	\$225.00	\$0.00	1, 10 10
FLC supplies		\$107.25	7 3 7
Sp. Conv. ZR	\$250.00	\$138.83	1 2 4 1
Sp. Conv. Exp	\$225.00	\$522.72	13 6 8 70
Zn Dir. Travel	\$175.00	\$64.00	1 6 3 13
Zn.Dir. Mtg.	\$250.00	\$42.45	1 2 ch 16
Orientation	\$250.00		101 1 dul 11
Spring into Service	\$150.00	***** as	14 401 1
Pins	\$700.00	\$706.25	4 2 62 %
Decais Reak Charges	\$200.00	\$28.25	CH 2 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1. 1.
Bank Charges Awards	\$200.00	\$44.50 \$204.36	A 1 14 10.
Allotment 13/14	\$11,000.00	\$10,500.00	1 1 11 10
CF Donation	ψ11,000.00	\$145,000.00	2 10 11 0
		· · · · · · · · · · · · · · · · · · ·	By Ok to .
		\$158,429.32	8 4
			(D)
Total Revenue		\$158,713.90	10
Total Expenses		\$158,429.32	12
Total Balance		\$284.58	•
	Bal	ance to go to current Cystic Fibrosis Team	

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PROPOSED CYSTIC FIBROSIS SERVICE DIRECTORS OPERATING BUDGET

REVENUE

ALLOTMENT	\$ 11,000.00
PIN SALES (500 PINS)	\$ 2,500.00
INTEREST	\$ 150.00
COKE MACHINES	\$ 50.00
FINES POTS	\$ 150.00
MERCHANDISE SALES	\$ 500.00
SILENT AUCTIONS	\$ 1,800.00
CYSTIC FIBROSIS TRIP	\$ 2,000.00
FRIDAY 13TH (FEB&MAR)	\$ 1,000.00
RAFFLES	\$ 1,000.00
TERRACYCLE (TASSIMO)	\$ 400.00
TERRACYCLE (JUICE BOX)	\$ 200.00
Total	\$ 20,750.00

EXPENSES

ALLOTMENT 15/16	\$	11,000.00
BANK CHARGES	\$	200.00
POSTAGE & SHIPPING	\$	150.00
PHONE & FAX	\$	100.00
PHOTOCOPYING	\$	100.00
OFFICE SUPPLIES	\$	200.00
FINANCIAL REVIEW	\$	150.00
DIRECTOR TRAVEL	\$	2,000.00
INCOMING DIR TRAVEL	\$	1,000.00
FLC EXPENSES	\$	250.00
SPRING CON EXPENSES	\$	500.00
ZONE REP TRAVEL	\$	700.00
AWARDS	\$	700.00
PINS (500 PINS)	\$	900.00
PROJECT PROGRAM	\$	500.00
ORIENTATION	\$	250.00
TRIBUTES & GIFTS	\$	700.00
TOTAL	\$	19,400.00
	890	

SUBMITTED BY:

SURPLUS TO CYSTIC FIBROSIS

Dan Strugar & Tiffany Allan District One Cystic Fibrosis & Service Directors 2014-2015

\$

1,350.00

	Draft Budget f	or Kin Year 201	4-2015 District 1			
District 1 Operations	3					
	Actual 12/13	Budget 13/14	Budget 14/15			
Executive Expenses	3,196	5,000			Value form coordinat	tor
Preterm		-,		\$1,850		
Sept. council				\$400		
Midterm				\$2,000		
2nd presenter	DLS		284	Ψ2,000		
V-G Team	2500	2500			Set in House rules	
DG Allotment	3700	4250			99-15 X \$50	left in 2 new chartered clubs
National Director	3700	4230	N/A		33-13 X 430	leit in 2 new chartered didbs
Special Risk Ins. Premium			N/A			
D. Membership D.	947.2	1000				
	1633.83	1000				
Membership programs	1033.63	1000	1000			
District planner	303.13	422.91	500			
Gov. Honorarium	1500	1500			2X \$750	
						#O 20/1
Mileage Executive	5620.89	6000			mileage estimated at	\$0.30/KM
Mileage Deputy Governor		5800				5 1 1 1 1 1
National President Tour	250	500	500		confirmed that Pres.	Ron plans to visit us
+		22552	00.004			
Total		28550	26,684			
C						
Conventions	7000 55	7004.00	70.10		D 4400.	
FLC	7963.55	7281.29				Room \$115+ tax shared by 2
Spring Convention	11006.06	11000			Location TBC	
National Convention	n/a	3500	2,000		2nd Governor to Nat	ional in T.O.
			200000000000000000000000000000000000000			
Total	18969.61	21781.29	20,019			
Other Operations						
DLS	3108.07	3253.96			25 X \$142 minus \$20	
Leadership S. Seminar	197 <u>2</u>	750	* T.T.T.		\$1850- \$850 = \$100	
Zone Conference travels	15	100	280		zone conference reg	istrations
Total	3123.07	4103.96	2830			
lotai	3123.07	4105.50	2000			
Kinship One						
Publications	581.27	500	500		2 printed copies	
Postage	100	300			this year \$97 for 1st i	issue
Website Host	122.4	125			tillo jour yor for for	.5546
vveb site i lost	122.1	125	100			
Total	803.67	925	950			
i otal	500.07	525	350			
General Administration						
Stationary/Secretary	303.91	500	500			
Video Conference	505.51	600				
Postage	596.84	500			Postal rate have incr	eased lan 2014
Telephone	n/a	200			Long distance	Ca3Ca Jan. 2014
Kin Sales/Tributes	n/a 1693.3				Long distance	
		1000			(07.0) V 600	000 - Lin-i
Dist. Council Shirts	739.83	875			(27-9) X \$23 + tax +	
Awards	1069.83	1500			Less banner chevror	is to order
House Rules	262.75	278.75				
Professional financial fee		150				
Return to Surplus	5000	5000				
Fines: ND"P Fund	earned 250	300				
Fines: other	1000 pt.		100			
Charter Funds	544					
Misc. Expenses			50			
Misc./Service charges	0.2					
Service bank charges	n/a	250	100			
Total		11475	9749			
Total Evenen	64046.07	77050	60.000			
Total Expenses	64316.87	77950				
Net Income	1894.56	II/a	333			

District Budget Kin Year 2014-2015

	District budget Kill 1	ear 2014-20	113	
Surplus/Trust Accounts	Actual 12/13 Budg	get 13/14 E	ludget 14/15	
Operating Surplus				
Open Balance	42098.96	34776.19	33276.19	
Ins. Premiums	-1782.97 n/a	n	/a	
Advance to Incoming Tea	m	-6500	-8000	DLS + start up
Return of Advance		5000	5000	
Kin Canada Foundation				
Additional Interest earned				
Year End Adjustment	1894.56			
Special Risk Ins.				
Year End Balance	42210.05	33276.19	30276.19	
Membership Expansion	Fund			
Open Balance	5000	5000	5000	
Expenses				
Close Balance	5000	5000	5000	
Charter Expansion Fund	d			
Open Balance	3907	3951	3951	
Woolwich/Fergus	-500			
Dues from New clubs	544			
Closing Balance	3951	3951	3951	
NDP Trust Fund				
Open Balance	2230.44	2480.44	2780.44	
Fines	250	300	200	
Closing Balance	2480.44	2780.44	2980.44	
Total Surplus Year End B	alances			
Operating Fund				
Surplus Funds	34776.19			
Membership Funds	3603.85			
Charter Funds	11137.44			
NDP trust Fund	3718.42			
Total Turnover/forwarded	53235.9			
Total Expenses	64,316.87	77,950	69,982	
Net Income	1,894.56 none	•	333	

Draft of District 1 Operational Budget Kin Year 2014-2015

Revenue	Actual 12/13	Budget 13/14	Budget 14/15		
Insurance			no longer applies		
Member Dues	47424	48892	49842	1404 x \$35.10	1431-15-12 = 1404
House Rules	500	495	485	97 X\$5	2 new charters grace on dues payment
Convention assessment	10000	9900	9,700	97 X 2X \$50	99 clubs - 2 new chartered clubs
Kinship 1 and Web Ads	625	500	300		
Interest	648.43	400	400		
Fines: Sp.Conv./FLC		300	200		
other	14	150	100		
Leadership S. Seminar		750	850	\$10 x 85 attendees	
District L .Seminar	2000	2000	2000	Amount from Nation	nal to host this event
Advance from surplus	5000	5000	5000	Regular advance fo	or DLS and start up
Surplus 2nd Govern to Nat'l		1500	2000		
Surplus cover operating expenses		8063			
Total Revenue	66,211.43	77,950	70,315		
Disbursements					
Convention Assessments	10.050	9,600	9.700	97 X 2X \$50	
FLC Fine Pot	,	3,222	2,		
Total Disburseme	10,050	9,600	9,700		

ne	0	m	0

FLC 2013 Final Kinsmen Kinnettes of Preston		
Income		
	Registrations	
		1970
		6685
		5815
		425 3145
	Hospitality	653.79
	sub	18694
Expenses		
	Holiday Inn	12568
	Sound	109
	Décor	175
	Pres registration	120 202
	Boodle Bags Rebates	2300
	Hospitalty	575
	sub	
	Net Profit	2645

National News



Hollywood North

August 14 - 16, 2014 Toronto, Ontario

Kin Canada Headquarters will be organizing the 2014 Kin Canada National Convention (#Kinvention). This year's theme is #HollywoodNorth. For travel details and discounts, visit our Convention Travel page.

Host Hotel

Sheraton Centre Toronto Hotel 123 Queen St W Toronto, ON M5H 2M9 www.sheratontoronto.com

Single & double rate: \$169.00/night Triple rate: \$199.00/night Quad rate: \$229.00/night

To reserve a room at our special rate, <u>book online</u> or call 1-888-627-7175 and say you are a part of the KINvention Annual General Meeting or quote the group code KIH11A.

Reserve early - the cut-off date is July 11, 2014

Registration Form



Cystic Fibrosis Canada is making great strides, because others take strides. This year across Canada, friends, family and colleagues of Canadians with cystic fibrosis will lace up their sneakers to participate in the Great StridesTM walk

Year after year, volunteers make each Great Strides[™] walk a family friendly, fun, and successful event. Since 2005, our participants and volunteers have raised more than \$18.5 million to advance CF research and care programs.

Visit our new Great StridesTM walk website to get started and learn more about the walk. Follow Great StridesTM on Twitter.

To register a team:

http://www.cysticfibrosis.ca/greatstrides/fundraising-resources-and-faq/get-started/

Find A Walk:

Cystic Fibrosis Chapter Name: London

Location: London

Walk Location Name: Greenway Park

Address of Walk Location: Greenside Ave, off Springbank Drive

Check-in: 9:00 a.m. Event Time: 10:00 a.m Registration Fee: No Length of Walk: 4 km

Pets Allowed? Yes, on leash

Parking? Yes

Wheelchair Accessible? Yes

Special Activities: Activities, pancake breakfast and drop off empty bottles to be donated to

Cystic Fibrosis Canada



Brittany, Terry, Lori, Deb. March 18th, 2014





President Terry with Tillsonburg President, Tammy.

Membership

Looking forwards to our club growing stronger and having even more fun as we begin to embark on our new fundraising events and service projects!

~ Melissa Bishop



"Pssst"... Please invite your friends to...



www.facebook.com/StThomasKinettes

Club Member Spotlight

Name: Anne Marie Vallee

Nickname: Annie

Current position: General member

Years of Kin service: 1

Best thing about being a Kinette: being part of the family of Kin and building relationships with fellow club members

What attracted you to our club: Wanting to join a service organization because of my love for St. Thomas and as a way to give back to the community. This has always been a goal of mine.

Age: 58

Birthdate: August 4th **Occupation:** Hairstylist **Hometown:** Barrie, ON

Pet: cat name Nala (she only loves me lol)

Always wanted to be (when I grow up): a Teacher and a Hairstylist. I am proud to be able to do both now - I take in co-op students. A true passion of mine! I can't live without: my family!

Close friends say this about me: that I always see the good in people

My strongest skill: my ability to look at the positive side of any situation

Love to learn more about: to learn more

about the Business side of Kin

#1 on my 'Bucket List': Biking through

Europe with my sister



My biggest accomplishment: becoming more independent

One strength I admire in other women: their drive & intelligence

Hobbies: Yoga, Zumba, Karaoke, Long walks and going to the north and nature walking

Fav Colour: Green Fav Food: Veggies Fav Drink: Beer

Fav Heroine: Meryl Streep Fav Book: Eat. Pray. Love

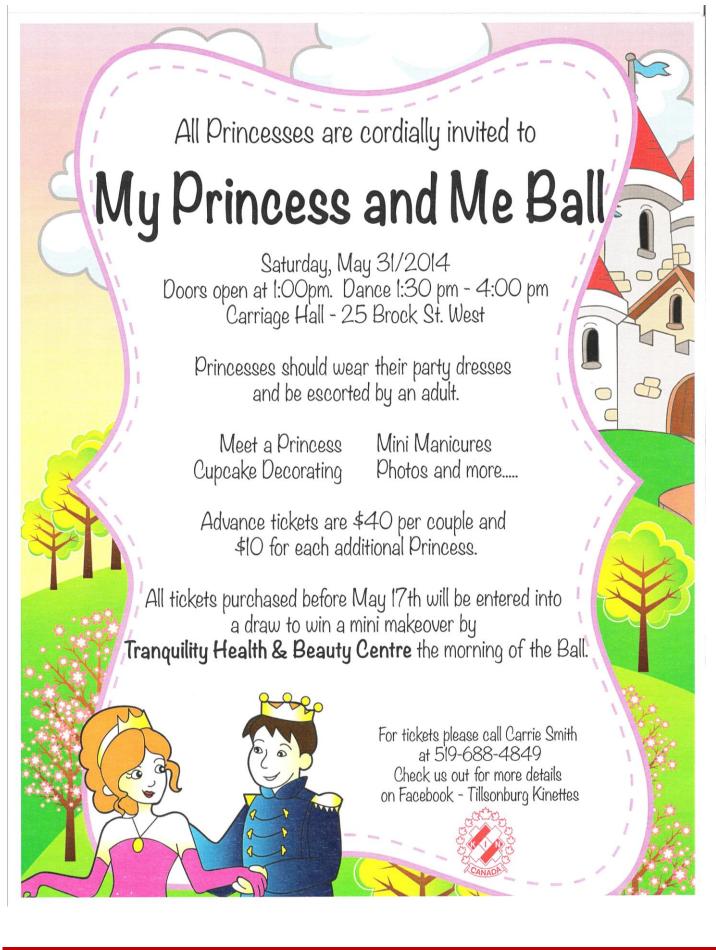
Fav Quote: He who hesitates is lost ~

Joseph Addison

Fav Actor/Actress: Matthew McConaughey/Meryl Streep Fav Movie: The Sound of Music

Fav TV Show: Blue Blood

What is one fact that others would be surprised to learn about you? I Love to dance!





Upcoming Birthdays & Celebrations!

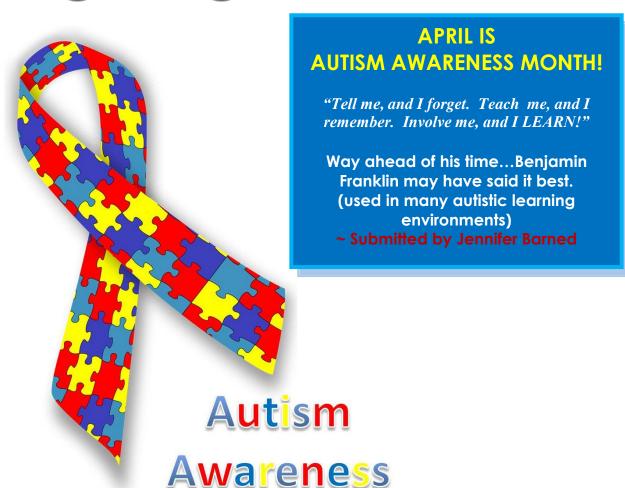
APRIL 2014

Chantelle McGuffin's Anniversary - April 14th EASTER WEEKEND – April 18th - 20th Jackie Harris – April 21st

MAY 2014

Rob & Jodi's Anniversary – May 12th Scott & Lori's Anniversary – May 19th

Closing thoughts...



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