



THE KINETTE CLUB OF COLLINGWOOD
District One, Zone C

KINETTE KIN-ECTION

Our Mission Statement:

GROW, LEARN, MAKE FRIENDS, HAVE FUN.

CLUB CONTACT INFORMATION:

***PRESIDENT /
BULLETIN EDITOR***

Monika McKean

446-2436

mmckean@rogers.com

***REGISTRAR /
MEMBERSHIP DIRECTOR***

Patty McCulloch

446-2410

patti86@sympatico.ca

KINETTE ADOPT-A-ROAD (Service Project Report) ... Janet Currie

Michelle and I ventured out at 5:30, dressed as warmly as possible. Michelle had her rubber boots and wool hat. We cleaned from Campbell St. south on High. There was quite a fair amount of garbage – although one very questionable, smelly, oozing bag we left where it was hoping it will blow away during the winter. Barb came along and took our pictures. ☺ Then Kim joined us. Michelle had to get home so Kim and I went north of Campbell on High to the crosswalk lights – by then it was too dark to see the garbage. Anyway, the rest of High street usually isn't that bad due to the housing developments there now. It turned out to be warmer than we thought – probably because we were dressed for it. We received one "thumbs up" and one "good job" from passing motorists!



Thanks Janet and Michelle AND Kim who missed the photo op!!!

***We're on the web at
www.District1kin.ca***

So the Kinette road is clean for another year.

DON'T FORGET ...

You must contact Registrar Patty no later than the Sunday PRIOR TO the General Meeting to cancel your meal OR to order meals for guests. If you fail to cancel, you will be required to pay for the missed meal. Who wants to miss a Tim meal anyway?



NEXT MEETING DATE IS:

**Thursday November 19th -09 for
our Craft Auction**

Orange Lodge Hall

33 Simcoe Street, Upper Unit

Mtg: 6:00

Viewing: 6:45

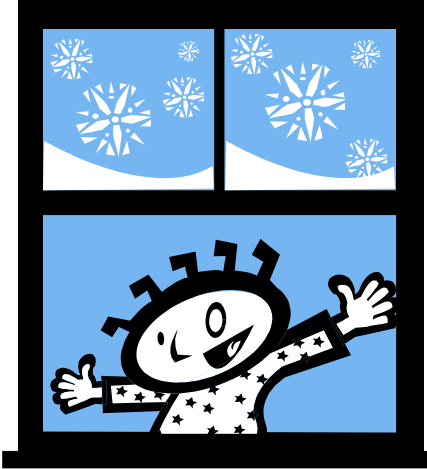
Auction: 7:00

Eats: 8:00

WHAT'S IN THIS ISSUE	PAGE(S)
Club Contact, Meeting Information	1
Kinette Adopt-A-Road, Service Project Report	1
President's Ramblings	3
Bulletin Editors Remarks	3
General Meeting Minutes	4 - 5
Executive Meeting Minutes	6 - 7
Project Proposal -- CF Cut-A-Thon	7
Yummy in your Tummy Recipe	8
Editorial -- Brenda Bishop	9
Readers Interest & Guest Speaker Update	10
Project / Awareness Proposal -- Brenda Bishop	11
Kinette Profile -- Patty McCulloch	12
Secret Sister Thank You's	12
National News -- Michelle Kusiar	13 - 16
Kin Education -- National Awards Progame Update	17
Editorial -- Monika McKean	17
Proposed Social & National Charter News	18
Readers Interest	19
Yummy in your Tummy 2 Recipe & Words of Wisdom	20
CF News	21
Kin Education -- Getting to Know your House Rules	22
Community Needs Update	23
Service Project Report -- MacMillan Sales	24
Social Report	24
Campus Update	25
Club Fundraiser Report	26
Zone C News / Updates	27
Readers Interest	28
District One News	29 - 30
Readers Interest	31
Readers Interest	32
Kin Sales update	33
Kinette Profile -- Janet Currie	34
Kin Kids Pages	35 - 36
Community Events	37
Committee Reports / Updates	38
Committee Signup Sheet 2009-10	39
Kin Traditions	40
Membership List, Upcoming Events, Birthdays & Anniversaries	41
General Meeting Agenda, Oath, Menu	42

PRESIDENT'S RAMBLINGS

President Monika



As I sit here listening to the pounding of the hail on the roof, I just cringe thinking what this winter will bring for us. We never did have a summer; what has Mother Nature saved for us for the cold months .. BRRRRR ...

Lots on the books for the next few months and I'm excited. We're venturing into some different waters and I think that's a good thing. New ideas, new areas of promoting ourselves as a club, Kin in general and CF as our cause. Same old same old gets boring after the years so let's see if we can start some new traditions.

Our Craft Auction is fast approaching. I hope you ladies with all the talent are busy at working preparing your crafts. ME?? I have to figure out what I can whip together and have pass as something people want to bid on. Hmmm .. Cookies or dish clothes LOL ..

Christmas too is just around the corner. With that, our Christmas meeting which also will include our initiation ceremony of our newest Kinettes. Committee .. Have you got plans???

With all the flu scares going around, LM Marg had a great idea that we forgo our hand shaking for the season and rub elbows. I'm game .. So ladies, make sure you're using your best body lotion and cream up those elbows, we don't want any friction fires.

Well .. I suppose that's it for now. Looking forward to seeing you all as you BID BID BID at the Craft Auction ...

BULLETIN EDITORS REMARKS

BE "M"



Funny how I've chuckled over the last few years at the Bulletin Editors doing a countdown to the end of their term .. Or is the to the end of having to be creative, organized, timely, constructive, persistent (to the point of driving people insane I've been told) and enthusiastic about putting out the monthly newsletter.

Hmmm .. This year, I'M doing the countdown and that makes me laugh. I really do enjoy this position. And I want to thank again, Janet and Barb for coming up with the "to do" chart. It's been a blessing to have all of the jobs accounted for each month making this YOUR publication, and myself merely the one putting it all in some semblance of order. Now .. 3 down .. 7 to go :-)) .. Keep the submissions coming ladies!!

GENERAL MEETING MINUTES, October 15th - 09

President Monika welcomed everyone to the 2nd General Meeting held at the Orange Hall on Thursday October 15th. O'Canada, the Kinette Song and Kinette Grace were done as a group.

Address to the Chair: President Monika, Guests and fellow Kinettes ..
BRRRRRRRRR ... it's time to hunt for mitts & hats.

Sergeant-at-arms: Catherine Crouchman

Introduction of Guests: Su Ellen Laurin from the Kids Help Phone & Joey Bragg, Janet & Tim's rent a child

Introduction of Guest Speaker, Su Ellen Laurin from the Kids Help Phone.

"Kids Help Phone is Canada's only toll-free, national, bilingual, phone and web counseling, referral and information service for children and youth. It provides immediate anonymous and confidential support, 24 hours a day, 365 days a year. Staffed by trained professional counselors with a wide variety of backgrounds including social work, psychology, sociology, and child and youth services, Kids Help Phone helped Canadian kids in need from almost 3,000 communities more than 2.2 million times on the phone and online in 2008."

Su Ellen informed us that 55,000 kids in Simcoe County phoned the Help Line last year. It costs \$110,000 per year to offer the service in Simcoe County. Visit the website <http://www.kidshelpphone.ca/> it is fascinating and full of critical information not only for kids, but for parents / adults as well.

The October General Meeting of the Kinette Club of Collingwood was called to order at 8:10 p.m.

Presentation to newest Kinette Casey MacLeod of her very own name badge, with her very own name on it.

Recording Secretary's Report : President Monika for Barb McArthur

Motion Casey, Second Darlene that the minutes of the October Executive Meeting and the September General Meeting be approved as printed in the bulletin. CARRIED

Corresponding Secretary's Report: President Monika for Barb McArthur

- Zone Newsletter, a few copies to circulate
- Zone Dues billing, \$120, Treasurer Janet
- FLC Proxy form, to be filled out and sent back by President Monika
- District Mailing, to President Monika
- Candid Facts, to the CF Chairs for reference
- Invitation to the LOL Christmas Party on November 28th, 1 p.m.

Business arising from the correspondence:

- Shannon took a copy of the Christmas Party invitation and was checking her schedule. Further business was that we discovered that the address of the Hall is NOT number 22 as we'd been led to believe all these years, but it's actually number 33 which would account for why Su Ellen couldn't get her GPS to find the Hall. Go figure!!

Treasurer's Report: Janet Currie

General Account — \$5449.57 (of which
Convention Account is \$239.48)

Service Account — \$824.54

Events Account — \$3213.32

Motion Janet, Second Catherine that the Treasurer's report be accepted as stated. CARRIED

Financials Presentation, Janet:

Motion Janet Second Lori to accept the 2008-2009 financial statements as reviewed and published on pages 11 & 12 in the bulletin. Carried

Motion Janet Second Shannon to accept the 2009-2010 General Budget as presented on page 13 in the bulletin. Carried

Motion Janet Second Brenda to accept the 2009-2010 Service Budget as presented on page 14 in the bulletin. Carried

Committee Reports:

- **Adopt A Road, Michelle:** Planned date October 18th, 2 p.m. Michelle's, with bbq to follow. CANCELLED
- **Pizza Sales, Barb:** Pepi's is apparently closing at month end. We are looking into doing MacMillan sales with a portion to go to the Convention account to replace the funds traditionally generated by the pizza sales.

Motion Brenda, Second Lori to do MacMillan sales in February with \$400 of the proceeds to go to the Convention Account. CARRIED

- **CF / Blues, Michelle:** The Blues have offered us an opportunity to partner on the 50/50 - 12 times, and two further chuck a puck events. I will circulate the date sheet that Michelle has sent. The 50/50 will be 50% to the winner with the remaining 50% split 60 Blues, 40 CF. We will need three people for those shifts; one for the main hall, two to circulate the game. Since we have already agreed to this fundraiser, the signup sheet is being circulated, please sign up. As well, Michelle is working with Darrell to set up a ball hockey event in the Home Depot parking lot between the Blues and the Minor Hockey. Funds raised from a bbq etc., would go to CF. M&M have indicated interest in the BBQ and Home Depot is a major sponsor of the Blues. Date to be determined; middle of November is likely. This would be

GENERAL MEETING MINUTES, Con't

a 2 – 2 1/2hr g'ig. Is there interest?? Ladies want a firm date before they commit to the project in November.

- **Cookbooks, Lori:** Lori asked President Monika to send out an invitation to the Kinettes clubs of Zone C to see if they are interested in making this a zone project in order to create some variety in our recipes. We've had a positive response from the Shelburne Kinettes so far, and still waiting to hear from the others.
- **Candles, Lori:** Sheets and samples have been handed out. \$16 for everything except 3/pks which are \$20. Hand it all in at the November meeting.
- **Ways & Means, Janet:** CAN BE FOUND ON PAGE 19 IN THE BULLETIN

Alzheimer Society of Greater Simcoe County

- Request to consider them for a donation

Motion Janet, Second Casey that we donate \$500.00 (which was followed by a lesson on negative motions ☺) Defeated

Canadian Diabetes Association

- Request to consider them for a donation

Motion Janet, Second Shannon that we send a letter of regret. Carried

Simcoe County Child Youth and Family Coalition

- Request for \$500 to raise awareness of the rights of children and youth in Simcoe County

Motion Janet, Second Darlene that we donate \$500. Defeated

Fundraising Project

- Sell fresh, fragrant balsam wreaths

Announcements for the Good of Kin:

- October 16th, Early registration deadline for FLC
- October 21st, Shelburne Kinettes Fantasia Party Fundraiser - Michelle, Barb & Monika attending
- October 22nd, Road Cleanup @ 5.30 p.m. meet at High and Campbell
- October 22nd, "An Inconvenient Ghost" presentation at the Collingwood Library, 7 p.m.
- October 24th, Girls Night Out, a fundraiser for the Collingwood Hospital. Tickets still available.
- October 25th, Monika's Pampered Chef party at 1 p.m.
- October 28th, House Warming at Cat's new digs, 10 Victory Drive, 6 p.m. on
- October 31st, Halloween .. BOOOO
- November 7th, Lakeshore Kin Club Charter in Mississauga, Monika, Barb, Katie and Odette attending
- November 13th – 15th, Fall Leadership Conference, Guelph
- November 13/14th, Wasaga Beach Kinettes House tour, 10 am to 4pm both days and there are seven houses to tour. Tickets are \$15 and are available at Gabriele Photography or Floral Renaissance in Collingwood

Motion Lori that the meeting adjourn at 8:50 pm.

Motion Janet, Second Patty that we defer to another year.

Carried

Old Business:

- Motion Darlene, Second Karen, that we table Kids Help Phone donation to the May meeting when we can review our financial status. CARRIED

New Business:

- **G & M Breakfast, LM Marg:** Marg said the breakfast was wonderful and the speakers great. She brought us back a copy of the annual report and as well the list of needs for the hospital for this year.

Mystery Lady: **Monika** Janet was the only non-shaker since she was preoccupied with Joey.

Mystery Fine: **Michelle** 25 cents to everyone who did not participate in the Run for a Cure

Sergeant-at-Arms Report: \$2.50

Raffle Report: **Karen** Winner Monika, \$10 to club 50/50: **Darlene** \$5.50 to club \$5.50 to Patty

Registrar's Report: Patty McCulloch

A. Total membership (Active)	14
B. Total members present (Active)	9
C. Members on Leave	0
Life Members in attendance	1
Student Members in attendance	0
Guests in attendance	1 1/2
Percentage in attendance	64%

EXECUTIVE MEETING MINUTES .. November 5th, 2009

The November Executive Meeting of the Kinette Club of Collingwood was held at President Monika's on Thursday November 5th, and was called to order at 7:09 p.m. by President Monika.

Those in attendance were: President / Bulletin Editor Monika, Vice President Michelle, Past President Kim, Secretary Barb, Treasurer Janet, Registrar/Membership Patti, Cici, Roxie

Corresponding Secretary — Barb McArthur

- ♦ 3 RBC bank statements – Treasurer Janet
- ♦ Andrew's Copy Centre – letter advising costs – Bulletin Editor
- ♦ Donation Request – Victims of Violence – Ways & Means Janet
- ♦ Congrats Letter from District 3 Governor re National PR Award – Bulletin Editor
- ♦ 2009 Santa Claus Parade information – Bulletin Editor
- ♦ Kin Canada – Katie's name badge - President
- ♦ Kin Canada – National Mailing - President
- ♦ Kin Canada – Kin-nection; Coyle & Greer Catalogue; National Awards Program; Kin Bursary information – President
- ♦ Drayton Entertainment Booklet – Bulletin Editor
- ♦ Request from CCI to sponsor an ad in their Year Book – Ways & Means Janet

Business Arising from Correspondence:

Santa Claus Parade - since we haven't been doing a float for the parade, there are sponsorship opportunities that we should look at and depending on how much we pledge, gives different PR - for \$50, we would be listed in the Thank You advertisement following parade and listed in the Downtown Newsletter or for \$100 you get the above along with name recognition on Parade banner and for each increased pledge, you get something else for recognition. Cheap way to get some PR out of something that we don't participate in anymore?? Motion Barb, Second Michelle that we donate \$50 to the Santa Claus Parade. Carried

Kin Bursary Information: We are looking for a volunteer that would like to spear head the bursary programme into the schools this year? There is a letter already created to send to the schools, telling them where to look for the information, and as well a follow up letter for the applicants. Then, it's a matter of meeting and reviewing the applicants and submitting one forward. Michelle volunteered to look after this.

CCI Yearbook Sponsorship Request:

Motion Michelle, Second Patty – to sponsor an 1/8th ad at the cost of \$65 in CCI yearbook. Carried

Victims of Violence Request:

Discussion in regards to request for donation; Monika to research with local police and report to club for further discussion.

Treasurers Report — Janet Currie

General Account —	\$5,499.51
(of which Convention Account is \$244.98)	
Service Account —	\$824.54
Events Account ----	\$2,921.62

Motion Janet, Second Patty, that the Treasurers Report be accepted as read. CARRIED

Bills for Payment:

Invoice from Kin HQ to President Monika to include two new member kits, and one Student Membership fee \$58.25 - \$25 = \$33.25
Motion Kim, Second Michelle, that the bills be paid. CARRIED

Committee Reports:

Craft Auction, Barb: Craft Auction happening on Nov. 19th; requesting members to reply to registrar Patty by Nov. 15th; we are catering to this event & it is very important to reply so we have sufficient food for our members and guests. There will be a raffle and 50/50 with proceeds being donated to CF. Please be crafty, lets have a great night

Breakfast with Santa, Barb: Being held on Dec. 6th @ Leisure Time; committee is Barb, Kim, Patty; Catherine & Casey. We need to be there approx. 9 – 9:30 am; breakfast is prepared & served at 11 am.

Old Business:

Nothing to report.

New Business:

"One Stop Christmas Shop" Barb & Monika: Arrangements have been made to do a fundraiser for the club on Friday November 27th at Monika's from 6 – 9 p.m. There will be five home party consultants, including Tupperware, Epicure, Pampered Chef, Partylite and Scrapbooking setting up for an open house with proceeds to come to the club. We'll be serving hot cider and cookies. We would like to have baking offered for sale as well, and would like the clubs' participation in that. If not, that's fine as well. Fliers are ready to be distributed and as well notices will be sent to papers and radio. We ask that everyone forward the flier to everyone they know, and as well, if you could post or even distribute in your neighbourhood, that would be great. Let Monika know if you would like fliers to do your immediate neighbours.
Motion Barb, Second Michelle CARRIED

Cut – a – thon for CF, Monika: Arrangements have been secured at Waves Salon on Ontario Street and with the participation of Carol Spooner, to have a CF Cutathon for our National Kin CF Day project. Waves will be supplying the location and all product. Both the owner Karen and stylist Silvia will be joined by Carol Spooner, to do the cuts. Hair cuts will be \$20 with **ALL proceeds** to CF. Monika is investigating advertising costs with the Peak to see if we could utilize them. It would be great to have a bbq running at the same time to raise more funds and to have a presence on the street. This will be held Sunday May 30th, time to be finalized.

EXECUTIVE MEETING MINUTES .. Con't

NOTICE OF MOTION: That the Kinette Club of Collingwood host a CF Cut – A – Thon on Sunday May 30th for our National Kin CF Day project.

Motion Barb Second Kim that we purchase \$100 in Christmas Draw Tickets for the Hospital Draw. Carried

Kim presented information re “A Christmas to Die For Murder Mystery Dinner on Dec. 10th”; executive suggested instead of going out in busy December, that we organize at our December executive an evening in January.

Announcements for the Good of Kin:

November 10th, Flu shot clinic at the Legion, 10 a.m. to 8 p.m.

November 13th – 15th, Fall Leadership Conference, Guelph

November 14/15th, Wasaga Beach Kinette House tour, 10 am to 4pm both days and there are seven houses to tour. Tickets are \$15 and are available at Gabriele Photography or Floral Renaissance in Collingwood

November 19th, Collingwood Kinette Craft Auction, meeting at 6 p.m. please

November 20th, Blues game

November 24th, 25th, Flu shot clinic at the Legion, 10 a.m. to 8 p.m.

November 27th, One Stop Christmas Shop at Monika's, doors open 6 – 9 p.m.

December 2nd, Shelburne Kinettes One Stop Shop, information coming

December 3rd, Executive Meeting at Monika's 7 p.m.

December 6th, Goodall Kids Breakfast with Santa

December 6th, Collingwood Santa Claus Parade



On motion by Michelle, President Monika adjourned the meeting at 8:15 p.m.

PROJECT PROPOSAL HIGHLIGHT .. CF Cut-A-Thon

Looking for something new and exciting for our club to do, the idea came to me as I was getting my hair cut one day to hold a Cut-A-Thon for CF. SO, arrangements have been secured at Waves Salon on Ontario Street and with the participation of Carol Spooner, the proposal is that we hold a CF Cut-A-Thon for our National Kin CF Day project. Waves will be supplying the location and all product. Both the owner Karen and stylist Silvia will be joined by Carol Spooner, to do the cuts. Hair cuts will be \$20 with **ALL proceeds** to CF. Investigation is underway with respect to advertising costs with the Peak. It would be great to have a bbq running at the same time to raise more funds and to have a presence on the street. This will be held Sunday May 30th, time to be finalized. All of the ladies are pumped to participate, I hope that the club is equally as interested.



NOM by Monika .. That the Kinette Club of Collingwood Host a CF Cut-A-Thon on Sunday May 30th for our National Kin CF Day Project.

YUMMY IN YOUR TUMMY .. LM Marg Holroyd

Bruschetta 'n Cheese Stuffed-Chicken Breasts

Prep Time: 15 min Total Time: 1 hr Makes: 8

What You Need!

1 can (19 fl oz/540 mL) diced tomatoes with garlic and olive oil, undrained

1-1/4 cups KRAFT Mozzarella Shredded Cheese, divided

1/4 cup chopped fresh basil

1 pkg. (120 g) STOVE TOP Stuffing Mix for Chicken

8 small boneless skinless chicken breasts (2 lb./900 g)

1/3 cup KRAFT SIGNATURE Roasted Red Pepper with Parmesan Dressing



Make It!

HEAT oven to 350°F.

MIX tomatoes, 1/2 cup cheese and basil in medium bowl. Add stuffing mix; stir just until moistened.

PLACE 2 chicken breasts in large freezer-weight resealable plastic bag. Pound with meat mallet or side of heavy can until chicken is 1/4 inch thick. Remove from bag; place, top-sides down, on cutting board. Repeat with remaining chicken. Spread chicken with stuffing mixture. Starting at 1 narrow end, tightly roll up each breast. Place, seam-sides down, in 13x9-inch baking dish. Drizzle with dressing.

BAKE 40 min. or until chicken is done (170°F). Sprinkle with remaining cheese; bake 5 min. or until melted.

Variation

For a spicy-style chicken dish, use diced tomatoes with bell or jalapeno peppers, *Kraft* Tex Mex Shredded Cheese instead of the mozzarella cheese and chopped cilantro instead of the basil.

Serving Suggestion:

Serve with a spinach salad to round out the meal.

This is simple, nutritious and delicious! Enjoy, Marg

EDITORIAL .. Brenda Bishop

I have been pondering over what subject that I would like to write about. As I am was sitting at our October General meeting, words just started flowing onto my scrap paper. I always like to have one for doodling and keeping notes, as I need to write everything down to remember it seems. Our Kinette club has so many pluses, and including myself I have to stop and remember them now and again. The reason for being a Kinette and the wonderful people I have met and would call my friends.

I feel that the only thing that makes me feel uncomfortable is some of our projects. When we vote on an idea, some of us cannot participate for some reason or another of their own. But then it is time to do the project and a sheet gets handed around for us to sign up on availability and a schedule. This is a great way to keep everyone informed and normally we also send out an email for more sign ups, and let everyone know the schedule.

I don't want people to feel guilty if they are not available, or cannot sell a product. When it is your "thing" you are there and someone else may not be. Be happy for what you can contribute as the rest of us should be. Remember if you are going to participate in a project, have fun doing it and then it is not a "job" but an accomplishment. Hats off to those who do have more time and energy to commit to projects, I hope it is what keeps you happy.

With our membership as small as it is, we do get a lot of projects done. With today's economy we also do an excellent job in getting donations and selling our candles, cookbooks, pizzas, participating in the Blues nights, chuck a puck etc. Our old but new again Macmillan sales will make a great project for us as well.

Our craft auction night is one of the best nights ever, with everyone relaxed and laughing. To bad we couldn't keep our spirits this high every month, but then again maybe we just don't have time. Isn't that just the most awful excuse we have? I know as I get older the time goes faster and I get slower.

I do want to thank everyone for what they do and forget about what they don't do. Each one of us are at different times in our lives, we have different commitments, etc. Lets keep our heads high and remember to laugh more or a least smile.



GOTTA LOVE MIDDLE AGED BARBIE ..

Readers Interest .. LM Marg Holroyd

To realize the value of a sister/brother
Ask someone who doesn't have one .

To realize the value of ten years:
Ask a newly divorced couple.

To realize the value of four years:
Ask a graduate.

To realize the value of one year:
Ask a student who has failed a final exam.

To realize the value of nine months:
Ask a mother who gave birth to a stillborn.

To realize the value of one month:
Ask a mother who has given birth to a premature baby.

To realize the value of one week:
Ask an editor of a weekly newspaper.

To realize the value of one minute:
Ask a person who has missed the train, bus or plane.

To realize the value of one-second:
Ask a person who has survived an accident.

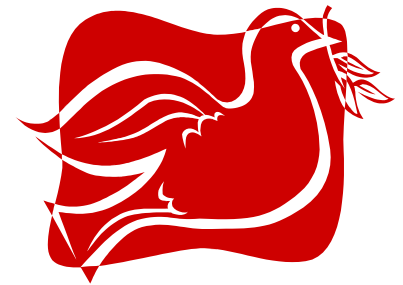
To realize the value of a friend or family member:
LOSE ONE.

Time waits for no one.

Treasure every moment you have.

You will treasure it even
more when you can
share it with someone
special.

Remember ... Hold on
tight to the ones you
love !



GUEST SPEAKER UPDATE .. Kid's Help Phone

The Collingwood Kinettes welcomed Su Ellen Laurin to our October meeting to tell us about the Kids Help Phone. The Kids Help Phone is Canada's only toll-free, national, bilingual, phone and web counselling, referral and information service for children and youth. It provides immediate anonymous and confidential support, 24 hours a day, 365 days a year. Staffed by trained professional counsellors with a wide variety of backgrounds including social work, psychology, sociology, and child and youth services, Kids Help Phone helped Canadian kids in need from almost 3,000 communities more than 2.2 million times on the phone and online in 2008.



Su Ellen informed us that 55,000 kids in Simcoe County phoned the Help Line last year. It costs \$110,000 per year to offer the service in Simcoe County. Visit the website <http://www.kidshelpphone.ca/> it is fascinating and full of critical information not only for kids, but for parents / adults as well.

The Club made a motion to revisit a request for donation to the Kids Help Phone at our May meeting.

PROJECT / AWARENESS PROPOSAL .. Brenda Bishop

FIRST .. My apologies Brenda, as I was fully intent on publishing this in the last months bulletin and bringing it up for discussion in October. Ladies .. Take a look .. I think this is a wonderful idea and something we should consider.

Here is an idea for the “90” year anniversary

Being as we are already on board with the Blues, this may or may not be an easier way to approach this idea.

We could have a membership drive, anniversary and public awareness night at the Friday night Blues game.

We will call it “Ladies Night” for now.

All ladies that attend the Collingwood Blues game the Friday night closest to the anniversary date, will get in for free. The Kinettes may have to pay for their admission, unless we (Michelle) can talk to the Town or the Blues about “free night”. They could receive a goodie bag, with club membership information, a special invitation to a meeting? Etc. Perhaps a free raffle draw for the Ladies?

We would also give them a RED balloon and or ask them to wear red? The photos would show all the red in support of Kin and also being Friday, it would show support for our Troops.

Call the newspapers and Radio and really get it out that it is our 90th Anniversary and ask for some positive advertising to hopefully get a few ladies interested in asking about becoming a Kinette.

I am not sure about an intermission? Is that when they do chuck a puck? Would we be able to show Barbs power point on the screen? Or we could make up sandwich boards with pictures from her power point to have in the lobby?

Start of game, puck drop done by a Kinette or Kinsmen, CF person etc. Maybe have Drew Wright sing O’Canada for CF?

These are just some thoughts that popped into my head when I got home last night.



KINETTE PROFILE .. INTRODUCING ... Patty McCulloch

Hello, my name is Patricia McCulloch...but PLEASE just call me Patty. I am a born and bred Collingwoodian and I have one son, Adam who is 15 ½ and he is the light of my life. My family and friends are very important factors in my life; and I cherish every moment!

I am currently enrolled in the Medical Office Administrator Diploma Program at CTS Canadian Career College in Barrie and will be finished my program on December 4th, from this I am hoping to start my new career working (fingers and toes crossed) very soon.

I have been a Kinette now for a few months and I am very happy that I finally made the decision to join. I have enjoyed the events and meetings will forever cherish the new friendships that I have made, I would like to thank you all for making me feel so welcome.

Spare time...well, when I have it I love to read pretty much anything I can get my hands on but I am and probably always will be a sucker for a romance novel (don't ask, I just am – LOL!!). I don't think I have a favourite movie I have many...I enjoy watching action, comedy, and of course chick-flicks. We all know that the only way to watch movies is curled up on the couch in your jammies with a big bowl of buttered popcorn, some chocolate and a nice warm blanket.



“Don't walk behind me, I may not lead. Don't walk in front of me, I may not follow. Just walk beside me and be my friend.”

~Albert Caumus~

SECRET SISTER THANKS

Merci I want to thank you Secret Sister for trying to get my photos organized. Can't wait to sit down some cold Sunday and start putting them in the beautiful display box. You're the best! ... AND .. Thank you for the cool Halloween card too!

Monika

To my Secret Sister
Thanks so much for alllllll the gifts You must be rich.....
I love it ☺
Darlene

THANK YOU

Thank you so much for the beautiful fall wreath and the red wine. I look forward to having a taste!

Janet

Thanks

Thank you to my SS, I ate the chocolates so fast Parker thought I hid them!! They were delish. Had a lovely bevy in my glass on Halloween and Cici used my bag for collecting her candies! Michelle

Dielen Dank

NATIONAL NEWS .. Michelle Kusiar

Did you know that Kin has a new face? We have two friendly little mascots that have been representing Kin throughout the *We Are All Kin* campaign in 2008 and 2009. Pride and Passion have travelled across our great country, visiting clubs, helping at events, improving moral and sharing stories.

Did you know that you can track their travels? Yes you sure can! You can see what these two did during their first year with Kin just by logging into the Kin Canada website and clicking on “Moose Tracks”. Now some of the information is a little outdated. So another option is to add Pride and Passion to your friends list on Facebook. That’s right!! These two have sure learned a lot about networking and have connected to Kin members across Canada through the Facebook networking website!!

Last summer, Kin Canada had Pride and Passion developed into a cartoon so that they can continue to reach clubs through a variety of print and digital messages. Pride and Passion can now reach a larger audience (members, non-members, young and old) while conveying the values of Kin. Look for Pride and Passion in future e-letters, magazines and even on a [colouring page](#).

The cartoon Pride and Passion can be seen on the cover of the October *KIN Magazine*.



What is the *We Are All Kin* Campaign? Well, let me explain. So the campaign started in August 2008. The first year was completed and reported at the National Convention in August 2009. I have grabbed the following information from Kin Canada’s website. The Association is entering into year 2 of the campaign.

‘We Are All Kin’ rededication campaign August 2008

We invite you to become involved in the ‘We Are All Kin’ rededication campaign, an Association-wide, year-long event to get members to unite with one another and strengthen the Kin Canada brand. No more working in isolation. It is time to reconnect with Kin from coast to coast – in your community, zone, district, province and country.

Why the campaign?

- Increase member pride – in the work we do and in what we stand for
- Reduce member/club isolation
- Highlight the value of the incredible friendships formed in Kin

The phrase ‘We Are All Kin’ signifies unity – being members of a family within Kin and beyond to include those in our communities.

What are the goals and timeframe?

The Campaign’s initial goal is to evoke member pride and remind members that Kin are united in friendship and driven by service work. By working together, members can enhance Kin Canada’s primary goal of ‘Serving the Community’s Greatest Need.’

NATIONAL NEWS .. Con't

Over the next year, our main objective is to encourage club presidents to promote and play the presentation CD to their fellow Kin. This presentation will remind members of the sense of belonging they get and the sense of pride they achieve from being Kin. It also emphasizes the fact that Kin Canada is a national association/network of friends/supporters. Ultimately, we want to remind you that we are all Kin, in the truest sense of the word.

The campaign will wrap up at National Convention 2009 in Niagara Falls, Ont.

Target audience

- **Primary:** Kin members
- **Secondary:** Although the campaign is primarily intended for internal use, there may be some applications for it externally (i.e. Kin partners, Kin communities, potential recruits)

How is the campaign being launched?

In August 2007, the 'We Are All Kin' song was introduced at national convention. The lyrics made their way from the ear to the heart of those who were in attendance. And this year, at Convention 2008 in Lethbridge, Alta., the song has been put together with a moving video presentation that depicts what it means to be in the Family of Kin and reminds us of the need within our communities.

Following up with the official campaign launch on Aug. 14, every club is receiving a We Are All Kin campaign kit, which includes: a CD/CD-Rom with the We Are All Kin song and the presentation file, along with one campaign magnet and pin. (Extra magnets and pins can be purchased through Kin Canada for a nominal cost). Additional resources can also be found on the national website at www.kinCanada.ca/en/index.php/members/weareallkin, including a template version of the presentation that can be customized with club photos and possibly used for new member orientation.

Campaign Elements

1. 'We Are All Kin' Logo

- ◆ Stick figures: the use of stick figures conveys the **fun** and **vitality** of the Association; the wheelchair represents **inclusiveness**; the five figures represent the Association's **diversity** and subliminally evoke the sense of **family**; the holding of hands symbolizes **unity** among members; and the figure holding the Canadian flag is demonstrating **national pride**
- ◆ We Are All Kin: reinforces the campaign theme and message; arched words (we are all) demonstrate inclusiveness in the form of an umbrella
- ◆ Kin Canada crest: brands the campaign logo; font used for Kin is consistent with our corporate style

2. 'We Are All Kin' pin, magnet, and shirts

- ◆ Designed to visually promote the campaign
- ◆ Paraphernalia can be purchased through Kin Canada; however, T-shirts and golf shirts are available through Kin Sales

3. 'We Are All Kin' Mascots

Why did we choose a moose as a mascot?

The moose represents our Canadian roots and symbolizes strength, which relates to the campaign's goals of uniting members and reinforcing the Kin Canada brand – making the Association stronger with all Kin working together. The mascot is a way to build hype around the campaign and to get members to participate in 'hand-offs' in somewhat the same spirit as District 7's well-known 'Lukey's Boat.'

NATIONAL NEWS .. Con't

About the Moose

- ♦ The mascots are holding the Canadian flag;
- ♦ They are wearing the 'We Are All Kin' T-shirt and pin; and Kinsmen and Kinettes are represented with a male and female moose

Beginning in Lethbridge, Alta., two mascots – named by members in a contest at convention – will begin travelling across the country visiting clubs from coast to coast, and in the process encouraging a connection between clubs. Clubs are encouraged to 'host' the mascots for a maximum of two weeks and document their visit inside an accompanying travel journal. During their stay it is hoped the club will take the opportunity to showcase the mascot, alongside the service work you do within the community – building your Kin profile. For example: the club could take the mascot to a club event, local hospital, schools, etc., or inter-club gatherings.

Members have the opportunity to submit items (i.e. letters, photographs) to show that the mascot visited their club. These travelogues may appear in *KIN Magazine* and on the national website. Hosting clubs are asked to mail, drive, fly or ship the mascots throughout the eight districts over the next year. Our hope is that the mascots will make it to as many clubs as possible. Travel journals and mascots must be returned to Kin Canada headquarters no later than Aug. 14, 2009.

The mascots and travel journals, which will serve as a historical account of club activities for the year, will be displayed at the 2009 National Convention for members to view. They will then be auctioned off for charity; however they will remain at National Headquarters in the archives, together with a plaque with the winning club(s)'s name on it.

If you aren't one of the clubs to host a mascot, why not host a We Are All Kin event? Invite neighbouring clubs to join you in celebrating being Kin. It can also be a great opportunity to get citizens involved and to build on your community profile.

4. Participating in the 'We Are All Kin' Contest

- ♦ Submit photos or an original bulletin/newspaper/magazine clipping of yourself or the club being a part of an innovative 'We Are All Kin' event.
- ♦ Submit photos or an original bulletin/newspaper/magazine clipping that includes the mascot.
- ♦ Submit photos or an original bulletin/newspaper/magazine clipping that includes a club member wearing the official 'We Are All Kin' T-shirt. (*Shirts available for purchase through Kin Sales*)
- ♦ Six prizes of \$50 (gift certificate) are up for grabs. A random draw, from all entries received, will take place next August.
- ♦

What is our future plan?

To transition elements of the 'We Are All Kin' rededication campaign to reach an external audience. Kin is continuing the "We Are All Kin" campaign with the launch of new projects:

Pride and Passion: The mascots will continue to be involved in Kin happenings through their newly created cartoon images.

Club Twinning: National HQ is re-visiting the idea of club twinning within Canada. This will enhance club relationships across the country while encouraging communication, partnerships, and long term friendships.

Intentional Act of Kindness Campaign: A national campaign directed toward the general public will be launched on February 20th, 2010. Its purpose is to generate awareness using a method that fits within the boundaries of our national marketing budget.

NATIONAL NEWS .. Conclusion

'We Are All Kin' video: The internal promotional video is being re-created to attract an external audience.

Radio Public Service Announcements: Five radio commercials and two open music beds have been developed for use in your community. They are available for download at: www.kincanada.ca/en/index.php/newsroom/media_centre.

The goal of the association is for the 'We Are All Kin' campaign to continue working internally to inspire and unite Kin members while venturing externally to intrigue and encourage non-members.

If you have any questions or suggestion regarding the campaign, contact Christine Ewing at cewing@kincanada.ca.

Why Men Don't Write Advise Columns ...

Dear Walter,

I hope you can help me here. The other day, I set off for work leaving my husband in the house watching the TV as usual. I hadn't driven more than a mile down the road when the engine conked out and the car shuddered to a halt. I walked back home to get my husband's help.

When I got home I couldn't believe my eyes. He was in our bedroom with the neighbours daughter. I am 32, my husband is 34, and the neighbours daughter is 22. We have been married for ten years. When I confronted him, he broke down and admitted that they had been having an affair for the past six months.

I told him to stop or I would leave him. He was sacked from his job six months ago and he says he has been feeling increasingly depressed and worthless. I love him very much, but ever since I gave him the ultimatum he has become increasingly distant. He won't go to counselling and I'm afraid I can't get through to him anymore.

Can you please help?
Sincerely, Sheila

Dear Sheila:

A car stalling after being driven a short distance can be caused by a variety of faults with the engine. Start by checking that there is no dirt in the fuel line. If it is clear, check the vacuum pipes and hoses on the intake manifold and also check all grounding wires. If none of these

approaches solves the problem, it could be that the fuel pump itself is faulty, causing low delivery pressure to the injectors.

I hope this helps.
Walter.



October 14, 2009

Kinette Club of Collingwood
Box 578
Collingwood, ON
L9Y 4E8

Family of Kin,

On behalf of District 3, I would like to offer our congratulations to the Kinette Club of Collingwood, winner of the 2008-2009 Kinette Public Relations Award at our recent National Convention.

Well done!

Yours in Kin

Corie
Corie Ruzicka-Olson
Governor, District 3
2009-2010

Way ta go ...

KIN EDUCATION .. National Awards Program Update

National Awards program updated

At national convention, Awards chair Penny Smith made a presentation on proposed changes to the National Awards program. Over the past 10 years Kin has expanded its awards program by introducing many awards, but no serious study had been done on the effectiveness of the overall awards program. This past year the committee performed an in-depth study looking at rationale for each current award and participation levels.

They found that many awards, their rules and guidelines were outdated and not meeting their objective. Participation in all awards is down considerably over the past number of years. In fact, for some awards judges were not needed as the bare minimum number of entries were received. The prestige of the entire awards system has been suffering.

Recommendations were made to cut the awards that the committee found were no longer relevant, and made suggested changes to marking guidelines for the awards that remained. Perhaps the biggest

change made, to reflect changes in society, is there is no longer any justification to retain separate Kinsmen and Kinette awards. This seemed appropriate when it was realized that with Kin club entries they are automatically entered into Kinsmen competitions and a number of females have won Kinsmen awards.

The argument presented was that by going to a single award system, and making each award more prestigious, more club might start competing again.

Following the presentation, a number of members came forward to ask the committee to re-consider cutting a number of the awards. As a result, some awards have been reinstated. It is now up to the clubs and individual members to show their support for the various awards by submitting entries at the zone level.

The only big change is that there will no longer be separate Kinsmen and Kinette categories, but rather a single award winner (and runner up) for each category at the National level.

However, each district will have the opportunity to submit two entries to each award. It is then up to the district to determine whether they want to submit a sepa-

rate Kinsmen and a Kinette submission, or to submit their top two submissions for each category. For districts that decide on the latter we would recommend that they elect to simply name the top two entries to the national award rather than placing them first and second.

Two new recognition awards have been added, the Vision 2020 Green Club Award and the Vision 2020 Green Project Award. These awards are only for recognition for now and as such do not have a marking guideline. Also a new category of the GEM Award has been added that is geared toward getting new Youth members.

The National Awards Committee is looking at creating a new Communications Award and is looking for input. Members can contact the committee at pbsmith@telusplanet.net.

The committee continues to consult with members on the awards program. It must reflect what the majority of members want and it must achieve the objectives. The National Awards Committee thanks you in advance for accepting the new awards program with an open mind and an eye towards the future of our Association.

EDITORIAL .. Monika McKean

Barb and I were saddened to hear of the changes they were making to the National Awards Programme at National Convention. You will now notice that almost all of the National Awards are INDIVIDUAL awards, with the only remaining "club" award being for Bulletin. And the bulletin award has now been lowered to singular winners in both the Junior and Senior Category.

My heartfelt congratulations to Barb for winning what looks like the last National Public Relations award for Kin. I've downloaded the National Awards brochure and that award no longer exists.

It's a shame that these changes happened even with the obvious negative feedback they received during the presentation. The committee also made it be known AFTER the presentation, that it was just a presentation of suggestions, that nothing would be acted upon until everyone had the opportunity to voice their opinions.

Personally, I felt that ALL of us should have been given the proposed changes,



not just those privileged enough to attend National Convention. And when ALL of us had the opportunity to read, discuss, and respond, then perhaps they could have made decisions that encompassed the wishes of the association, not just the few who had the opportunity to send along their concerns and suggestions.

Their reasoning as you'll read above, is that there is limited participation, and limited "qualifying" submissions. Well, I don't feel that that is a reason to discontinue an award. MAYBE we need to better educate the members of the Association. MAYBE we need to have consistent marking from the Zone and District levels to ensure that they are forwarding on only qualifying entries. MAYBE we

should make education and information about the awards and what participating in them can do for both the entrant and the club members, more prominent in our training and mailings.

Our club has always been proud and enthusiastic participants in the programmes at all levels, due in part to our education about the awards. Lets start showing people what can be done rather than narrowing down the playing field so that there's nothing left to shoot for.

PROPOSED SOCIAL ... PP Kim Dadswell



PLEASE LET KIM KNOW IF YOU ARE INTERESTED IN ATTENDING

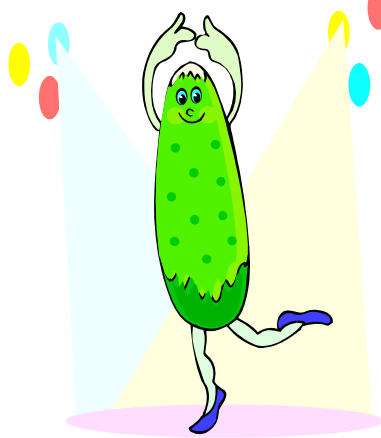
NATIONAL NEWS ... Kin Club of Lakeshore is formed in District 8

KINGRATULATIONS to the newly chartered Kin Club of Lakeshore in District 8. Chartered on November 7th, by the Mississauga Kinsmen, the photo below contains some very familiar District One faces. Congrats going out to former Oakville Kin Family Members, Paul Durdin, Andrew Babiak and Justin & Suzy Cager for their

part in seeing this new club form. (National President Sean Thompson is seen on the left). Wishing you all the very best in the future.



READERS INTEREST .. Janet Currie



The Amazing Cucumber

This information was in The New York Times several weeks ago as part of their "Spotlight on the Home" series that highlighted creative and fanciful ways to solve common problems.

1. Cucumbers contain most of the vitamins you need every day, just one cucumber contains Vitamin B1, Vitamin B2, Vitamin B3, Vitamin B5, Vitamin B6, Folic Acid, Vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc.
2. Feeling tired in the afternoon, put down the caffeinated soda and pick up a cucumber. Cucumbers are a good source of B Vitamins and Carbohydrates that can provide that quick pick-me-up that can last for hours.
3. Tired of your bathroom mirror fogging up after a shower? Try rubbing a cucumber slice along the mirror, it will eliminate the fog and provide a soothing, spa-like fragrance.
4. Are grubs and slugs ruining your planting beds? Place a few slices in a small pie tin and your garden will be free of pests all season long. The chemicals in the cucumber react with the aluminum to give off a scent undetectable to humans but drive garden pests crazy and make them flee the area.
5. Looking for a fast and easy way to remove cellulite before going out or to the pool? Try rubbing a slice or two of cucumbers along your problem area for a few minutes, the phytochemicals in the cucumber cause the collagen in your skin to tighten, firming up the outer layer and reducing the visibility of cellulite. Works great on wrinkles too!!!
6. Want to avoid a hangover or terrible headache? Eat a few cucumber slices before going to bed and wake up refreshed and headache free. Cucumbers contain enough sugar, B vitamins and electrolytes to replenish essential nutrients the body lost, keeping everything in equilibrium, avoiding both a hangover and headache!!
7. Looking to fight off that afternoon or evening snacking binge? Cucumbers have been used for centuries and often used by European trappers, traders and explorers for quick meals to thwart off starvation.
8. Have an important meeting or job interview and you realize that you don't have enough time to polish your shoes? Rub a freshly cut cucumber over the shoe, its chemicals will provide a quick and durable shine that not only looks great but also repels water.
9. Out of WD 40 and need to fix a squeaky hinge? Take a cucumber slice and rub it along the problematic hinge, and voila, the squeak is gone!
10. Stressed out and don't have time for massage, facial or visit to the spa? Cut up an entire cucumber and place it in a boiling pot of water, the chemicals and nutrients from the cucumber will react with the boiling water and be released in the steam, creating a soothing, relaxing aroma that has been shown to reduce stress in new mothers and college students during final exams.
11. Just finish a business lunch and realize you don't have gum or mints? Take a slice of cucumber and press it to the roof of your mouth with your tongue for 30 seconds to eliminate bad breath, the phytochemicals will kill the bacteria in your mouth responsible for causing bad breath.
12. Looking for a 'green' way to clean your faucets, sinks or stainless steel? Take a slice of cucumber and rub it on the surface you want to clean, not only will it remove years of tarnish and bring back the shine, but it won't leave streaks and won't harm your fingers or fingernails while you clean.
13. Using a pen and made a mistake? Take the outside of the cucumber and slowly use it to erase the pen writing, also works great on crayons and markers that the kids have used to decorate the walls!!

Pass this along to everybody you know who is looking for better and safer ways to solve life's everyday problems..
.....guess I'd better go get a basket of cucumbers.....

"Them pickles are the size of cucumbers"

Huck McArthur ~ campfire chatter

WORDS OF WISDOM..

Brenda Bishop

Never Argue with a Woman . . .

One morning a woman's husband returns after several hours of fishing and decides to take a nap. Although not familiar with the lake, the wife decides to take the boat out. She motors out a short distance, anchors, and reads her book. Along comes a Game Warden in his boat.

He pulls up alongside the woman and says, "Good morning, Ma'am. What are you doing?"

"Reading a book," she replies, (thinking, "Isn't that obvious?")

"You're in a Restricted Fishing Area," he informs her. "I'm sorry, officer, but I'm not fishing. I'm reading."

"Yes, but you have all the equipment. For all I know you could start at any moment. I'll have to take you in and write you up."

"If you do that, I'll have to charge you with sexual assault," says the woman.

"But I haven't even touched you," says the game warden.

"That's true, but you have all the equipment. For all I know you could start at any moment."

"Have a nice day ma'am," and he left.

MORAL:

Never argue with a woman who reads. It's likely she can also think!



YUMMY IN YOUR TUMMY TOO

... Lori Higdon

ZIPLOC OMELET

According to Lori, this is so easy even Catherine could do it LOL...

This works great !!! Good for when all your family is together. The best part is that no one has to wait for their special omelette !!!

Have guests write their name on a quart-size Ziploc freezer bag with permanent marker.

Crack 2 eggs (large or extra-large) into the bag (not more than 2) shake to combine them.

Put out a variety of ingredients such as: cheeses, ham, onion, green pepper, tomato, hash browns, salsa, etc.

Each guest adds prepared ingredients of choice to their bag and shake. Make sure to get the air out of the bag and zip it up.

Place the bags into rolling, boiling water for exactly 13 minutes [we did 15 minutes].. You can usually cook 6-8 omelettes in a large pot. For more, make another pot of boiling water.

Open the bags and the omelette will roll out easily. Be prepared for everyone to be amazed.

Nice to serve with fresh fruit and coffee cake; everyone gets involved in the process and a great conversation piece.



Imagine having these ready the night before, and putting the bag in boiling water while you get ready. And in 15 minutes, you've got a nice omelette for a quick breakfast!!!

CF NEWS .. From the Toronto Star, Oct 27th, 09

Natalia Ritchie is unlike most new mothers. Yes, she has dreams and goals for her 3-month-old daughter, Scarlett, but Ritchie, 30, has cystic fibrosis. She has always known she won't live to see most of those dreams for her child fulfilled.

Without a double lung transplant soon, she won't live at all. "My husband and I always say we just want a little bit of time to recoup, to get set for the next battles, because we know the next battles are coming," she says from her bed in St. Michael's Hospital, where she is at the top of the transplant list. "We want a good five years – of no hospitals, cottage time, normal everyday life."

When the couple made the decision to have a child, Ritchie was in great shape. She and her husband Martin went through genetic testing, found a surrogate, looked forward to having a family. At the suggestion of a friend, Ritchie started a blog as a way to connect with the baby that was hers, but that she wasn't carrying. CF was always the subtext:

"I want to do everything possible to protect this child from harm," she wrote last December, "yet I know that my reality is theirs. I know that they will always know more about illness, hospitals, IVs, infection, transplant, and the tough part of life than many of their friends.

"Yet I'd like to think that our little baby will also know so much love! They will see human will and the power of hope and determination. The power of faith and the power of family. The power of medicine, and our belief in it. The power of the country that we live in that makes sure I am as well as I can be.... I could go on, and sometimes I do, to help myself overcome the fears that I have otherwise."

Ritchie blogged to keep track of the pregnancy and quickly grew to enjoy the interaction and response. But in January, her health nosedived. "This was so not how I envisioned it," she says in an interview. "I knew I'd have to go through this eventually, but there was this baby coming. It was completely not the plan. It completely floored us."

Ritchie is too weak to walk and has lost 82 per cent of her lung function. Her doctor can't say how long she has to live. "It's the unpredictability of having, really, no reserves," explains Dr. Elizabeth Tullis. "Any infection, any little thing, can tip somebody over and they wouldn't be able to breathe on their own, they would require the breathing support of a ventilator. It's this vulnerable stage that's so unpredictable."

Ritchie also has a rare blood type, B positive, eliminating 80 per cent of the transplant possibilities. "Undoubtedly for her blood type and her body size, she's No. 1," says Tullis, director of St. Mike's adult cystic fibrosis centre, the largest CF program in North America. "She's on a high priority. The transplant team are aware of her and they are hypervigilant of an opportunity for getting loans anywhere in Canada and, potentially, even from the United States.

"She's essentially in that top group on the list where they are almost actively seeking organs for her."

Cystic fibrosis causes thick mucus to coat the lungs, allowing bacteria to flourish. Ritchie requires high levels of antibiotics, steroids and painkillers in combinations that must be frequently adjusted in an attempt to stave off life-threatening infections.

"That's why we need the lungs so quickly," she says, "because there (are) not a lot of antibiotics we can use any more."

Besides a message to Scarlett, the blog has become her lifeline, "something to turn to when I seemed to have nothing else." She pulls no punches, writing about the horror of her disease, about anxiety attacks and moments when she feels she can't continue. But even more often, she writes about how much she loves life, how easy it is to find peace in simple places, how hard she works to be happy and how the blog has become such a valuable tool.

"Words have not put (this experience) into any sort of perspective," she writes in a post last week. "It seems random and silly written down, even. But I know it is not.

"I know that when it all just got too hard, when I had nothing left in me to fight...my God gave me something to hold onto. Some relief, and a glimpse at how amazing life really is."

Ritchie was 8 in 1987 when she and her family immigrated from Poland. Her illness had not been formally diagnosed and, once in Canada, the persistent cough and low weight that had plagued her quickly improved. In Markham, where the family soon settled, her condition required daily care but only brief and occasional stints in hospital. She studied architecture at the University of Toronto and, although she could not work full-time, she became an artist and ran a business from home. She and Martin married three years ago. From the start, they knew they wanted children. Though some pass harsh judgment on that decision, Ritchie is not cowed. Theirs was a calculated choice, she says. Genetic tests had shown that using Natalia's eggs would mean the child would be a carrier of the CF mutation. Martin was not a carrier so there was no chance of CF developing. They also went ahead with the full knowledge that Martin would someday be a single dad. Thanks to the support of her parents and brother and sister-in-law, she says, "we know our child is going to be better taken care of and happier and more well-adjusted than most kids out there...."

"In 20 years, 30 years, she is going to be a productive member of society, whether her mom died when she was 3 months or 10 years or 20 years."

Read Natalia Ritchie's blog at www.natandmarty.blogspot.com/



Martin and Natalia Ritchie with their then-newborn daughter. Natalia has cystic fibrosis and writes to Scarlett on her blog, *Journey of a Lifetime*.

ED: if this isn't why we work to find a cure or control for Cystic Fibrosis, then what is!

KIN EDUCATION ... Getting to know your House Rules

1. What is the official name of our club?
2. For how long can you be granted a leave of absence?
3. How can you “make up” a missed meeting for attendance purposes?
4. What are our official meeting dates?
5. What happens if you don’t cancel your meal by the appointed date?
6. How are our members identified?
7. Who comprises the nominating committee?
8. What are the responsibilities of the bar chair?
9. How are “convention” funds disbursed?
10. What are our automatic fines?
11. What is the dress code of the Kinette Club of Collingwood?
12. When did empowerment take place?

See answers below



1. The Kinette Club of Collingwood.
2. Leaves of absence may be granted for a period of not less than 30 days, or in excess of six months, excepting for the balance of the club year, which may be less than 30 days.
3. she attends one of the following:
 - (a) a regular meeting of another club;
 - (b) a national convention;
 - (c) a district convention;
 - (d) a sanctioned district event;
 - (e) a fall leadership conference;
 - (f) a zone conference; or
 - (g) a zone inter-club meeting or sanctioned zone event;
 - (h) an Executive meeting immediately prior to or following the absence.
4. The Club shall meet the first and third Thursday of each month in the kin year, September through June.
5. Any member, who is unable to be present at a General Membership Meeting, must call the Registrar by the appointed cancellation date set for that year, or be responsible for the cost of their meal.
6. Club members shall wear their kinette pins and name badges at all Club functions.
7. A Nominating Committee composed of 3 Past Presidents, if possible.
8. BAR CHAIR - shall be in charge of Club refreshments and shall submit statements to the bulletin in December and June.
9. The Treasurer shall disburse the Convention Monies raised as per 10(a). One-third is allotted for division members attending the full business portion of Fall Leadership Conference and two-thirds is allotted for division members attending the full business portion of Spring Convention. Funds will be disbursed only to members not covered through other resources and paid after attendance is confirmed.
- 10.
11. The dress code of the Kinette Club of Collingwood shall be appropriate attire for a business meeting.
 - i) late for a meeting
 - ii) no kinette pin
 - iii) no dinner badge
 - iv) alcoholic beverages at your place at the table during the dinner and before the Toast to Queen
 - v) wrong or no address to the Chair
 - vi) talking during the meeting when you don't have the floor - \$0.25
12. 2000-2001

COMMUNITY NEEDS UPDATE ... LM Marg Holroyd from Hospital Breakfast

I wasn't sure how to show you which equipment had already been purchased without having it coloured so I have removed all equipment that has already been funded and left you with only the items that still require funding. Please let me know if you are interested in any particular items and I can give you more detail.

FYI, our Christmas campaign will be centred on surgical equipment including arthroscopy instruments (for orthopaedics), ultrasonic cleaner (to sterilize surgical instruments & equipment), PCA pumps (for post op pain control) and the ORM (Operating Room Management system).

Take care,
Jory

CAPITAL REQUIREMENTS 2009

Collingwood General and Marine Hospital

ITEM NO.	FUNCTIONAL CENTRE	DESCRIPTION	VENDOR	Original Cost Estimate	New Repl Cont
09 02	Laboratory	Inverted Microscope	Nikon Canada	5,800	R
09 04	Operating Room	PCA pumps (4)	Bbraun	20,000	R
09 06	Parking	Token Control Stand	Central Time	2,930	R
09 07	Info Services	FHT Interface		35,000	N
09 08	Info Services	ORM Interface to Anaesthesia Machines		200,000	N
09 10	Physiotherapy	Recumbent Cross Trainer	NuStep	4,130	N
09 11	Info Services	IT Replacement Plan		90,000	R
09 12	OBS/Surg	Birthing Room Warmer	Draeger Medical	13,000	R
09 15	Laboratory	Top Loading Balance	Fisher Scientific	2,000	R
09 17	Nursing Services	Flusher Disinfecter	Arjo	48,000	N
09 19	Human Resources	Attendance Management Module	Medisolution	12,702	N
09 21	Operating Room	Arthroscopy Instruments (Miscellaneous)	Smith & Nephew	5,025	N
09 24	Nursing Services	Ceiling Lifts	Shoppers Home Hlth	37,500	N
09 25	OBS/Surg	Patient Bed (5)	Hill-Rom	21,882	R
		TOTAL PRIORITIZED LIST 'A'		497,969	
09 27	Hospital Wide	Photocopier Replacement Plan			R
09 28	Cardiorespiratory	Portable Spirometer	Roxon	3,400	R
09 29	Cardiorespiratory	Infant Flow CPAP System	Cardinal Health	16,000	R
09 31	SPD	Medisafe Ultrasonic Cleaner	Southmedic	41,600	R
09 32	OR/Amb Care	Diagnostic Urodynamics (OB/GYN)	Trudell	30,000	N
		TOTAL CONTINGENCY		91,000	

588,969

SERVICE PROJECT REPORT -- MacMillan Sales, Barb & Monika

We've contacted MacMillan about our upcoming fundraiser. We, however, must **accept delivery** in February in order to capitalize on the extra 25cents / unit. SO .. here's what 's been agreed to in order to get the extra funds.

The packages will be sent out the first week of December so that we can distribute to the club members at the December meeting. That way, if you're with friends and family over the holidays, you can if you wish, gather some sales. OFFICIALLY, our campaign will run from January Executive to February Executive in order to have our delivery in February.



The orders must be submitted to MacMillans on February 5th. MacMillans will contact us on the 10th with a confirmation, and this will also be the last chance for any straggling orders. Delivery will come on Wednesday February 17th, and MUST be picked up from at Goodall Rubber that evening as there is no where refrigerated to keep a large quantity over night. (neither Barb nor I have a vehicle large enough to be a freezer lol)

We're certain this will all work out and we'll have a hugely successful campaign.

SOCIAL REPORT .. Michelle, Barb and Monika

It was a rainy, foggy nite on October 21st, but we hopped into the red road burner and headed on down to Shelburne to join the Shelburne Kinettes for their Fantasia Party social. It was great fun, lots of laughs, good munchies and great friends. We'd like to encourage more ladies to hit the road with us in future and meet your fellow Kinettes from throughout the zone.



CAMPUS UPDATE .. Katie McKean

Well ladies, October is almost over. And to end the month off I am on-call Halloween Night. Should be a blast! (Please note the sarcasm). I have decided to be a stoplight this year since I will have to wear my red vest while shutting down parties. Quite fitting if you ask me. To top it off tonight (which is a Thursday) should be our Halloween Pub – BUT the new pub hasn't received their liquor license and had to cancel – which in turn means, I will not be sleeping tonight due to parties in residence.

So a bit about how my floor is doing...

- ◆ My floor partner has gone home with swine flu
- ◆ There was a fist fight between two girls last weekend while I was away
- ◆ Room across from me STILL feels the need to smoke weed in their room = eviction soon
- ◆ Bass is too loud down the hall which means I have to write them up
- ◆ Our lounge has been taken over by gamers
- ◆ I still look like a walking encyclopaedia



My latest board - get yo' groove on - a giant iPod where you can put your favourite songs

Now for the good stuff. I know some of you have read on facebook, and I am sure my mom has mentioned it once or twice... But you all must start saving your pennies! I got my internship in Guatemala!! I have never been more excited. My friend Andrea (who you will all get to meet at the December meeting) will be joining me. The only downfall is that we will be there for our College Graduation AND my twentieth birthday. So instead of coming back for graduation, our co-ordinator will be travelling down to Guatemala with two funny hats and our diplomas. This also means that my mom and anyone else who wants to join is more than welcome to. I'll be talking to my employer Gus to see if he will give a deal on the hotel, but a flight is quite reasonable. Plus you'd get to see me !



Posada El Delfin Hotel

Here are a few links for you to check out about where I'll be going...

Go With Gus Guatemalan Tours – www.gowithgus.com

Posada El Delfin Hotel – www.turcios.com/eldelfin/home.asp

The first link is the tour company I will be working with. The second link is the hotel that Gus owns and operates (where you will be coming to stay when you visit me), which will also be my new home. Please check them out! I'm sure you'll love it.

Anyways, I hope this gives you a little insight to my hectic life these days. I'll be home the weekend of November 7th, then not until the December meeting... Hope everyone is doing well and getting some shopping done early (I'm all done my Christmas shopping, not to rub it in or anything).

Love you ladies!

Thinker of the month – Come up with your all-time favourite slogan (s) from a product... Email them to me at katie.mckean@hotmail.com and I'll make an article next month as to why I want them!

CLUB FUNDRAISER .. Barb & Monika

Please let us know if you would like to contribute to a bake table ...

THE KINETTE CLUB OF COLLINGWOOD PRESENTS YOUR
"ONE STOP CHRISTMAS SHOP"



FRIDAY NOVEMBER 27th 2009

294 FIFTH STREET COLLINGWOOD

DOORS OPEN FROM 6 P.M. TO 9 P.M.

COME AND SEE THE WARES OF THE FOLLOWING HOME
PARTY MERCHANTS **ALL UNDER ONE ROOF**

The Pampered Chef[®]
discover the chef in you

Tupperware[®]

EPICURESM
SELECTIONS

PARTYLITESM

CREATIVE MEMORIES
your life | your story | your way

RELAX AND ENJOY WHILE THESE HOME PARTY PROFESSIONALS SHOW
YOU SOME INCREDIBLE CHRISTMAS IDEAS

DOOR PRIZE DRAW

SWEETS AND BEVERAGES AVAILABLE



**ALL PROCEEDS TO THE KINETTE CLUB OF COLLINGWOOD TO SUPPORT OUR
COMMUNITY SERVICE WORK**

Proudly serving our community since 1965

ZONE C NEWS / UPDATES ... Catherine Crouchman

Message From Your Zone Team... DG's Larry Sheard & Christine Cooper

We are so excited to be your zone team this year! Our visitations with all the clubs are always a blast and we're so excited to hear that every club is well underway with big projects for the season. We hope that you'll all keep us informed of upcoming events so we can share that information with the whole zone, and even the district! We've included in this issue club contact information so that you can communicate more easily with other clubs in our zone. If your schedules allow, try and visit an event or meeting of another club. A little traveling is always fun! Especially before that dreaded white stuff comes along!

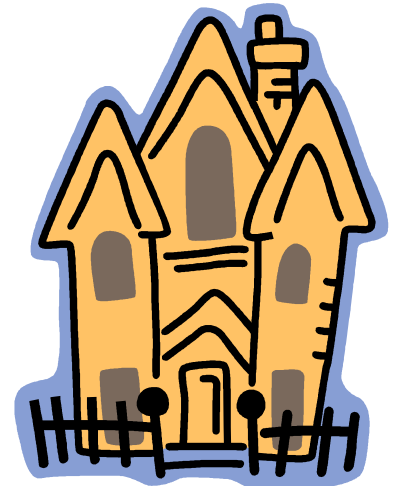
If you have club events, quills or articles you wish to share with the zone or even with the district, please submit them to DG Christine or Larry. We'd love to help you get your word out! Thanks for supporting your zone and for having fun in Kin! You've all got a great year of events planned and we hope to share some of them with you!

ZONE C NEWS / UPDATES ... Wasaga Beach Kinettes

The Kinette Club of Wasaga Beach is holding their much anticipated Tour of Homes, Saturday November 14th & Sunday November 15th. President and project chair Marian Hutchesson says that there are 7 homes on the tour this year, and it will take most of the day to do the tour because this will show people parts of Wasaga Beach they didn't know existed. Homes are being decorated by

The Superstore, Canadian Tire (Debbie Travis Collection), & Home Hardware, just to name a few. Tickets are \$15 and are available at Gabriele Photography or Floral Renaissance in

Collingwood. The tour takes place from 10 a.m. to 4 p.m. each day. SO .. Get out and support our fellow Kinettes in one of the greatest fundraisers in our area.





Not a great way to be woken up in the morning Karen, but we're VERY happy that no one was hurt and that your home will be back together again soon.

READERS INTEREST ... Safety message from LM Marg

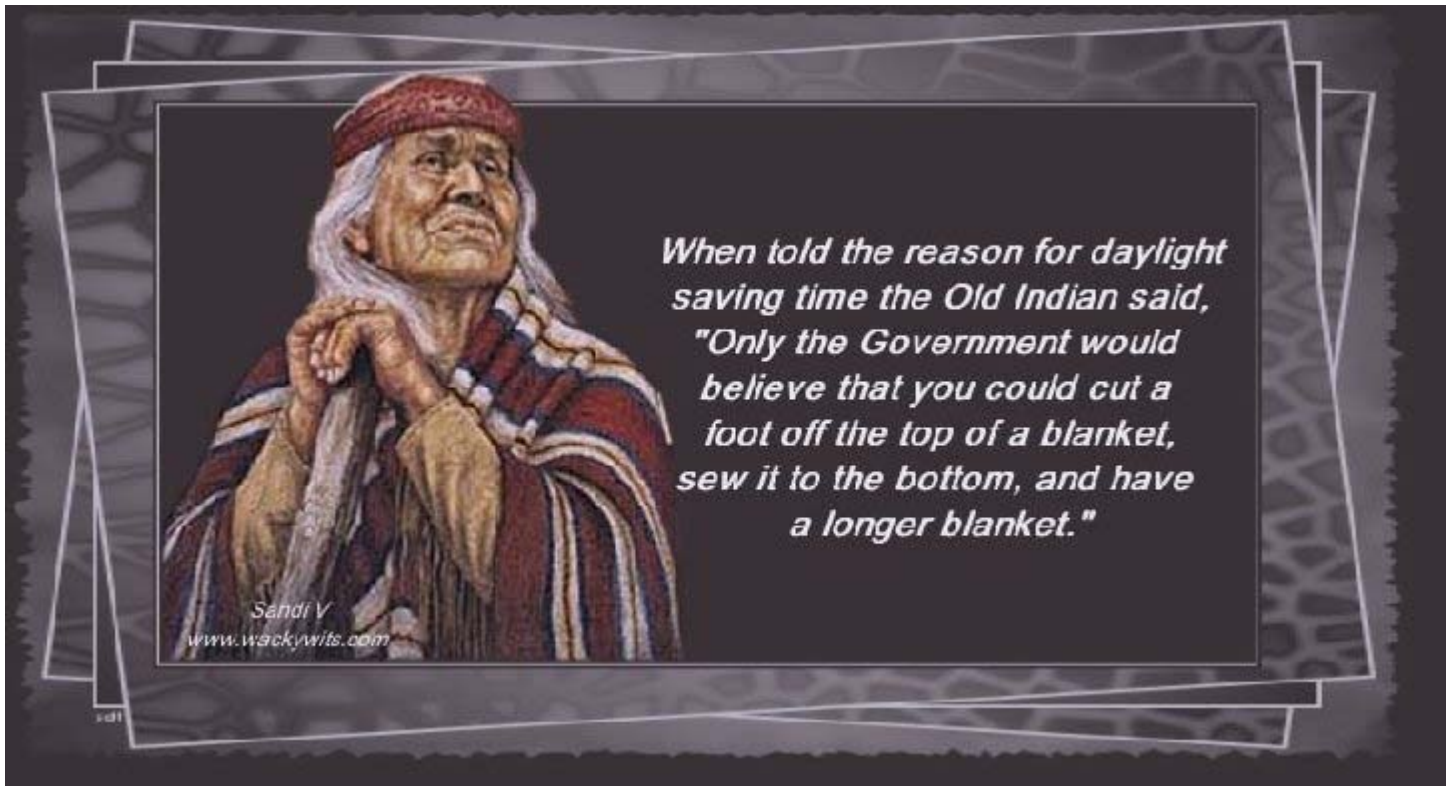


PUT YOUR CAR KEYS BESIDE YOUR BED AT NIGHT

If you hear a noise outside your home or someone trying to get in your house, just press the panic button for your car. The alarm will be set off, and the horn will continue to sound until either you turn it off or the car battery dies. This tip came from a Neighbourhood Watch Coordinator. Next time you come home for the night and you start to put your keys away, think of this:

It's a security alarm system that you probably already have and requires no installation. Test it. It will go off from most everywhere inside your house and will keep honking until your battery runs down or until you reset it with the button on the key fob chain. It works if you park in your driveway or garage. If your car alarm goes off when someone is trying to break into your house, odds are the burglar/rapist won't stick around.

After a few seconds all the neighbours will be looking out their windows to see who is out there and sure enough the criminal won't want that. And remember to carry your keys while walking to your car in a parking lot. The alarm can work the same way there. This is something that should really be shared with everyone. Maybe it could save a life or a sexual abuse crime..



When told the reason for daylight saving time the Old Indian said, "Only the Government would believe that you could cut a foot off the top of a blanket, sew it to the bottom, and have a longer blanket."

Sandi V
www.wackywits.com

DISTRICT NEWS ... Chatham Kinsmen Invitation



You are cordially invited to a very special evening

The Chatham Kinsmen Club 80th Anniversary CELEBRATION



Please join us for "Remembering 80 years of service"

Saturday, November 21, 2009

Bill Erickson Arena, Kin Hall

341 Delaware Ave, Chatham, ON, N7L-1A1

6:30 p.m. for cocktails - 7:15 p.m. for dinner

\$20.00 per person – Roast Beef & Chicken

Please RSVP to order tickets by Nov. 12

(Let us know in advance if you require a vegetarian meal)

Make cheques out to the Chatham Kinsmen Club

Send to: Bob Christie, 9 Wilhelmina Way, Chatham, ON, N7M-6M3

Contact Bob Christie at robchris85@hotmail.com

or 519-351-2094 (leave message on answering machine)

We sincerely hope you can join our celebration

We look forward to seeing you there!

Chatham Kinsmen President: Brent Ripley

<http://www.chathamkinsmen.ca/>

ZONE C CLUB CONTACT INFORMATION

Club	President	Postal Address	Phone Number	Email Address
Beaver Valley	Lynn Vail	Box 841 Thornbury. N0H 2P0	519-599-5886	brian.vail@sympatico.ca
Collingwood	Monika McKean	Box 578, Collingwood. L9Y 4E8	705-446-2436	mmckean@rogers.com
Meaford	Dana Hawton	Box 4822, Meaford. N4L 1X6	519-338-3985	hawtons@rogers.com
Owen Sound	Ashley Helm	Box 311, Owen Sound. N4K 5P5	TBA	ashleelynnhelm@hotmail.com
Shelburne	Carol Egan	Box 964, Shelburne. L0N 1S0	TBA	tegan@olg.ca
Wasaga Beach	Marian Huchison	Box 425, Wasaga Beach. L9Z 1A4	705-429-5169	hutchesson@rogers.com
Deputy Governor	Christine Cooper	436 Balmy Beach Rd. Owen Sound. N4K 5N4	226-234-9213	Muahaha_productions@hotmail.com
Zone CF/Service Director	Odette Houle	R.R. #2, 774325 Hwy #10 Flesherton NOC 1E0	519-924-2445	zonec@cablerocket.ca

DISTRICT ONE NEWS / UPDATES .. Medieval Times '09



FALL LEADERSHIP CONFERENCE, otherwise known as FLC, is fast approaching. This is the fall gathering of all the clubs in District One to deal with a small amount of necessary business, and spend time attending workshops to learn more about Kin and many other topics.

This year's meeting is being held in Guelph at the Best Western Royal Brock Hotel and Convention Centre. Call to order for the

meeting is 8 a.m., Saturday November 14th. DID YOU KNOW, that you do NOT have to register for FLC in order to attend the business meetings / workshops that are offered? The meetings are FREE .. It's only the meals that cost you money. SO , if you're inclined to attend, please do! It will be a great opportunity for you to network with members from across the District and learn more about this great Association. OH .. FYI .. There IS a Great District Jousting contest being held as well ... HMMMMMM ...

For further information / directions, please talk to Barb, Michelle or Monika who are registered to attend this year.

READER'S INTEREST .. Monika McKean

Know the Difference between a Cold and H1N1 Flu Symptoms

Symptom	Cold	H1N1 Flu
Fever	Fever is rare with a cold.	Fever is usually present with the flu in up to 80% of all flu cases. A temperature of 100°F or higher for 3 to 4 days is associated with the H1N1 flu.
Coughing	A hacking, productive (mucus-producing) cough is often present with a cold.	A non-productive (non-mucus producing) cough is usually present with the H1N1 flu (sometimes referred to as dry cough).
Aches	Slight body aches and pains can be part of a cold.	Severe aches and pains are common with the H1N1 flu.
Stuffy Nose	Stuffy nose is commonly present with a cold and typically resolves spontaneously within a week.	Stuffy nose is not commonly present with the H1N1 flu.
Chills	Chills are uncommon with a cold.	60% of people who have the H1N1 flu experience chills.
Tiredness	Tiredness is fairly mild with a cold.	Tiredness is moderate to severe with the H1N1 flu.
Sneezing	Sneezing is commonly present with a cold.	Sneezing is not common with the H1N1 flu.
Sudden Symptoms	Cold symptoms tend to develop over a few days.	The H1N1 flu has a rapid onset within 3-6 hours. The flu hits hard and includes sudden symptoms like high fever, aches and pains.
Headache	A headache is fairly uncommon with a cold.	A headache is very common with the H1N1 flu, present in 80% of flu cases.
Sore Throat	Sore throat is commonly present with a cold.	Sore throat is not commonly present with the H1N1 flu.
Chest Discomfort	Chest discomfort is mild to moderate with a cold.	Chest discomfort is often severe with the H1N1 flu.

IN SUMMARY:

COLD:

MUCUS PRESENT, STUFFY NOSE, SNEEZES, WET COUGH, SORE THROAT, RARE FEVER, BODY ACHES

H1N1:

NO MUCUS, NO SNEEZES, DRY COUGH, NO SORE THROAT, HIGH FEVER, PAINFUL BODY ACHES, DIARRHEA, SEVERE FATIGUE.

The only way to stop the spread of the epidemic is to spread the awareness.

We find no real satisfaction or happiness in life without obstacles to conquer and goals to achieve.

Maxwell Maltz, Communication Bulletin for Managers & Supervisors, June 2004



READER'S INTEREST .. Karen Galipeau

Remembrance Day Facts and Symbols

Remembrance Day is about a lot of different things-Paying tribute to those who fought for Canada's freedom, remembering the sacrifices of those who never got to enjoy those freedoms, and a refusal to let history be forgotten.

But it's also a day filled with symbolism-the poppy, the last post and In Flanders Field.

Chances are you know what they've all come to mean. But are you aware of how they originated?

Here's a brief primer on some of November 11th's most famous icons and how they came to represent this most solemn day.

Nov.11

Most kid's are taught in schools that Remembrance Day coincides with the exact date and time the guns fell silent in World War 1-the 11th hour of the 11 day of the 11 month in 1918.

And despite the fact we're giving thanks to veterans for their amazing sacrifices during the wars, it's hard to connect Remembrance Day with Thanksgiving, but at one point, both were marked at the same time.

From the late 1800's until 1921, Thanksgiving Day in Canada fluctuated between various dates, first being held on a fixed Thursday in November, then switching to October.

By the Roaring 20's, the feds for some reason decided to hold Thanksgiving and the newly named "Remembrance Day" at the same time-November 11th.

It stayed that way until 1931, when the turkey and stuffing moved back a month, leaving the 11th day of the 11th month to a more traditional observance of recalling past wars and those who fought for our freedom.

The Poppy

It's become as much a part of Remembrance Day as two minutes of silence. But where did this enduring symbol of regretful recall begin?

It's said to actually stretch back to the Napoleonic Wars. A 19th century writer is believed to have made the observation that the bright red flower, the colour of blood, seemed to sprout on the formerly barren fields after the battles had ended.

In 1915, Canadian Lt-Col. John McRae noticed that poppies were growing in a graveyard in Ypres, a place where they'd never taken root before.

It appeared the bombing runs and rubble of WW1 had caused the formerly chalky soil to become rich in lime, allowing the flowers to spread.

When he penned his famous poem about "Flanders Fields" where the 'poppies blow between the crosses row on row', it further cemented the red marker as a sign of war, and peace.

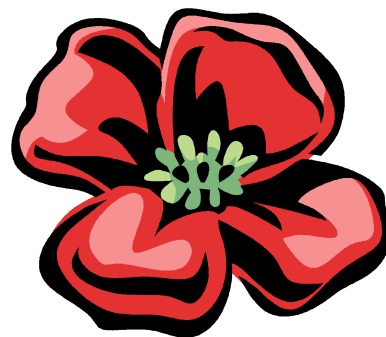
But it didn't end there, in 1918, a New York woman named Monia Michael is thought to have started wearing a poppy to commemorate those who died in all too many wars.

It was seen by a French visitor two years later, who took the idea back to her home country and began selling the symbol to raise money for poor children.

By 1921, the poppy arrived in Canada and remains the definitive symbol and fundraising campaign for war vets here.

In Flanders Field

The world's most famous war poem was itself almost a casualty of war, the poem was written by a Canadian Doctor, Lt.-Col. John McRae, who fought in the South African War as well as WW1.



WHAT'S UP AT KIN SALES ... October Features



Rosewood Coaster Set - \$21.95 per set

"The Entertainer Collection"

Beautiful 4 piece rosewood coaster set with holder imprinted with the "Kin" logo on each coaster. Makes a lovely gift for a speaker or great for the upcoming holiday season.

Business Card Holder - \$9.95 each

No more cards in your wallet or where you can't find important contacts. Now everything is organized in one spot - holds up to 72 cards. Made of 100% recycled material.



Men's/Ladies Knit Fleece Jacket - \$46.95 each

100% 270gm (13oz) Polyester warp knit brushed-back fleece jacket with contrast piping details on body and sleeves. Contrast collar and inside detail. Full-zip front and hidden front side pockets with contrast facing. Handy vertical hander loop on inside collar. Includes embroidery of Kin logo on front chest. **BADGE FRIENDLY if requested.**

Men's sizes: S - 3XL Ladies sizes: XS - 2XL

Contact Information

Dawn Pettit
Kin Sales Representative
Tel: 519-485-3020 ext. 253
Fax: 519-485-3080
Toll Free
Tel: 1-800-265-7083 ext. 253
Fax: 1-800-823-0566
Email: kinsales@coylegreer.com

Website: <http://www.awards4me.com/kinsales/>

KIN PROFILE .. INTRODUCING ... Janet Currie

Collingwood Kinette Janet Currie was born in Collingwood, Ontario, where she resides today. Although Janet was raised on a farm, farm life was not her calling and off to the University of Waterloo she went. University almost did her in, trying to keep up with assignments, deadlines and parties. (She seems to have learned everything necessary to join the Kin organization especially the having fun part!) After graduating and not having a clue what career to pursue she decided to travel beyond the boundaries of small town Ontario and ventured to Europe. Once again, she learned the important tasks of having fun and sampling many fine beverages along the way.



Alas, all good things must end and she returned home to find a job at Gaviller & Company, Chartered Accountants a few months later. Little did she know that this particular job would start her on an exciting career path of taxes, number crunching, and more taxes! She has since obtained her CMA, CA and CFP designations and has now decided that her business cards won't allow for any more letters behind her name so enough school. The partners at Gaviller & Company decided she was worth keeping around and Janet became a partner in 1999.

In 2002 Janet finally met a guy worth taking home to meet her parents (after way too many losers) and in 2003 she married that great guy – Tim Knorr. One of the extra benefits is that Tim is a chef so dinners now are so easy! Together they moved to a beautiful new house in 2007 and are still working on all the finishing details. Although they have no children, they spoil Janet's niece Alyssa and nephew Ryan whenever they can. Or they might also be seen with rent-a-kid Joey (Janet's best friend Sue's little monkey).

A few years ago Janet decided that there was more to life than work (and apparently more than 24 hours in a day) so she and her good friend Joanne somehow found their way to the Kinette Club of Collingwood. Janet has enjoyed the fellowship of Kin in her fifteen years of membership and has held several Club positions including President, Secretary, Bulletin Editor, and Treasurer (too many times to count). Janet has chaired or co-chaired a lot of Club projects including: Kin Charity Auction, Daffodil Days, Zone Conferences, Books on Wheels, Road Clean Up, Mystery Weekend, Secret Sister, District Meeting Host etc. Janet has also ventured outside the Collingwood Club and held the positions of District One Treasurer and Zone C Deputy Governor. Each of those years hold a special place in Janet's Kin memories. Janet is the proud recipient of several Kin awards: Maple Leaf, Kinette Puff, Outstanding Master Club, District and National Quill, Zone Speak Off, Zone, District and National Bulletin, Outstanding Deputy Governor, and District 1 Outstanding Deputy Governor.

When Janet isn't working, or volunteering for Kin or some other worthwhile group, she loves to scrapbook, knit or travel. She has been fortunate to have travelled to Alaska and California on a cruise, Spain and Portugal on another cruise, Vancouver, Victoria, Las Vegas, Florida, France, Halifax, Edmonton and central Alberta, Bahamas, Costa Rica, Mexico, Panama, St. Lucia, Aruba, and several other US towns and cities. There are many more places to explore yet!

KIN KIDS PAGES .. Darlene Weir



Winter Olympics Word Search Puzzle

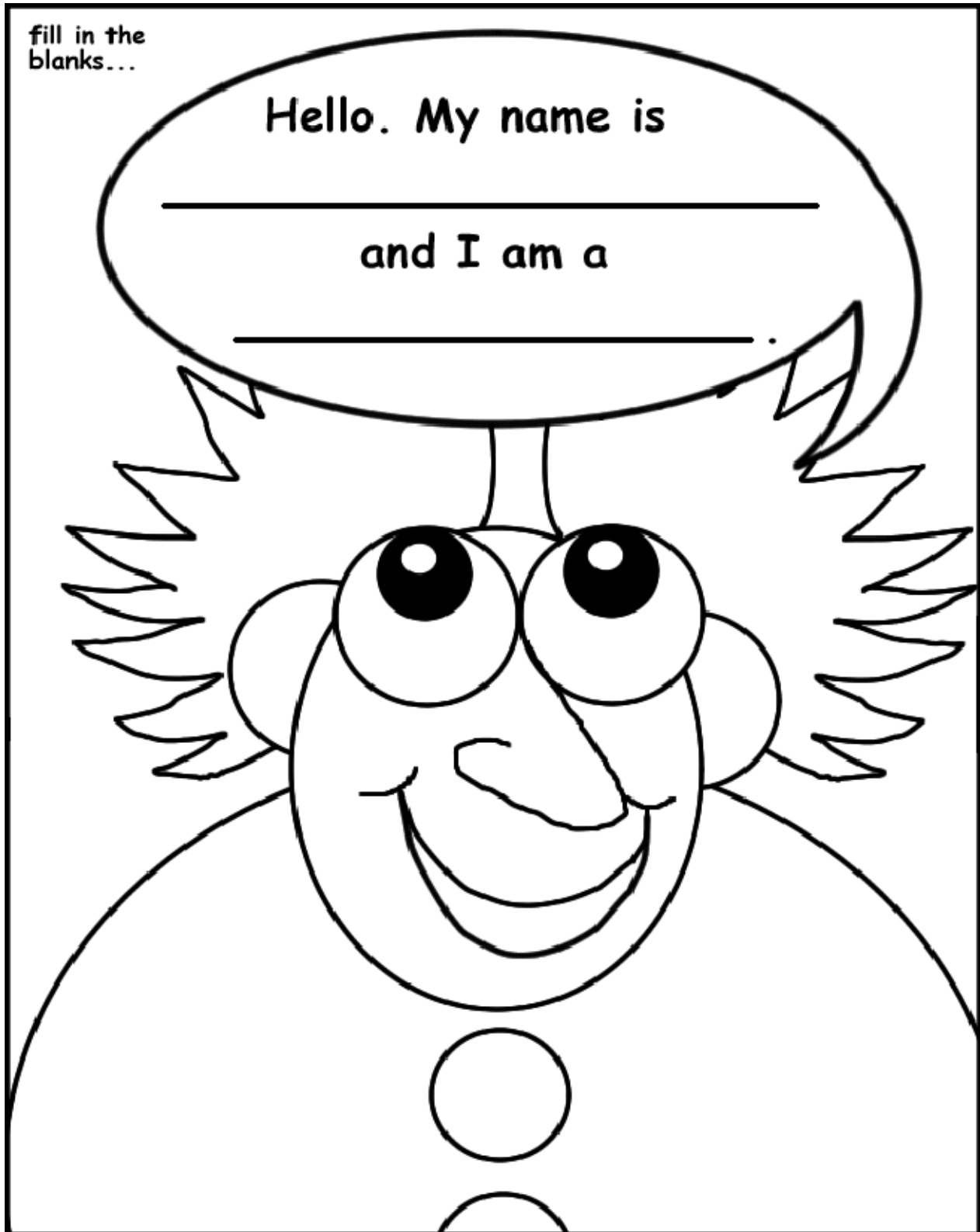
athletes
biathlon
bobsleigh
bronze
competition
curling
gold
hockey
judges
race
silver
skating
skiing
sport
team

L	B	X	B	I	A	T	H	L	O	N	O	T	T	C
I	L	V	W	L	G	G	H	J	G	C	F	I	I	E
I	C	T	X	N	Z	G	J	I	A	E	R	Z	W	O
C	O	M	P	E	T	I	T	I	O	N	W	A	T	Z
E	P	M	K	S	K	A	T	I	N	G	H	F	C	T
A	L	X	P	J	B	T	H	T	X	Y	M	H	N	E
T	Y	N	N	T	O	N	O	F	N	E	G	X	Q	D
H	G	O	L	D	B	Q	C	C	U	R	L	I	N	G
L	J	L	B	O	S	H	K	S	K	I	I	N	G	V
E	U	B	R	B	L	S	E	R	S	C	I	N	X	X
T	D	S	O	G	E	I	Y	T	O	P	U	T	H	Z
E	G	B	N	M	I	L	N	D	E	D	O	W	W	X
S	E	T	Z	R	G	V	U	K	R	A	P	R	B	W
S	S	M	E	U	H	E	M	O	C	T	M	P	T	N
S	U	E	X	I	R	R	O	C	B	Z	J	N	N	Q

Find and circle all the words from the
Winter Olympics word list.

Copyright 2006, theKidzpage.com

KIN KIDS PAGES .. Darlene Weir



COMMUNITY EVENTS ..



LOYAL ORANGE LODGE No. 943

SEASONS GREETINGS

PLEASE COME TO THE ANNUAL LOYAL ORANGE LODGE
CHRISTMAS PARTY

WHEN: Sat. Nov. 28 @ 1 P.M.
WHERE: 33 Simcoe Street (Upper Floor) Collingwood
POT LUCK/BYOB

RAFFLES
50/50 DRAW
GAMES FOR CHILDREN AND ADULTS
PRIZES AND GIFTS

" HOPING SANTA MIGHT ARRIVE APPROX, 3 P.M."

NOTE: PLEASE RSVP PENNY @ 445-2993 BEFORE NOV. 06,
TO CO-ORDINATE WHAT FOOD TO BRING AND
FOR AGES AND GENDER OF CHILDREN ATTENDING.

"DON'T BE LEFT OUT"

TRINITY UNITED CHURCH
PRESENTS
"ALL THINGS CHRISTMAS"
SATURDAY, NOVEMBER 21st, 2009
140 Maple Street
Collingwood

Craft Sale 9:00a.m. - 4p.m. "Free"
Holiday Home Decorating Demonstrations presented by
Bradford Greenhouses Garden Gallery and the
Collingwood Horticulture Society begin at 1:00p.m.
Tickets are required for the Live Stage Demonstrations
and are only \$10.00. Advanced tickets recommended
Christmas tea and sweets included.
For more information, please contact the church office at
445-3901

YOU WON'T WANT TO MISS THIS AMAZING
CHRISTMAS EVENT!!!




Kinette Club of Collingwood 2009 - 10 Calendar of Events

September '09	October '09	November '09	December '09	January '10
03-Sep Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	01-Oct Executive Mtg BULLETIN SUBMISSION DEADLINE Michelle's after Road Cleanup	05-Nov Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	03-Dec Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	07-Jan Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00
17-Sep General Mtg	15-Oct General Mtg Guest Speaker Karry McClay Kids Help Phone * Budget	19-Nov General Mtg * Craft Auction GENERAL MEETING 6 P.M.	17-Dec General Mtg *Christmas / Initiation / Inst. Celebrations / DG Visit	21-Jan General Mtg Guest Speaker Sheri OShea Beaver Valley invited
	CANDLE SALES	CRAFT AUCTION		
FRIDAY NIGHT BLUES HOCKEY GAMES				
OPENING NITE BLUES 25th	ROAD CLEANUP OCT 1st	FLC NOVEMBER 13-15		
16-Sep Books on Wheels Kim & Janet	08-Oct Books on Wheels Shannon & Karen	12-Nov Books on Wheels Brenda &	10-Dec Books on Wheels Barb & Monika	14-Jan Books on Wheels Michelle & Patty
February '10	March '10	April '10	May '10	June '10
04-Feb Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	04-Mar Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	01-Apr Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	06-May Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00	03-Jun Executive Mtg BULLETIN SUBMISSION DEADLINE Monika's 7:00
18-Feb General Mtg Speak Off / Joke Off	18-Mar General Mtg Nominations	15-Apr General Mtg Elections	20-May General Mtg	17-Jun General Mtg
FRIDAY NIGHT BLUES HOCKEY GAMES				
PIZZA SALES - BARB				
11-Feb Books on Wheels Marg &	11-Mar Books on Wheels Patty &	08-Apr Books on Wheels	13-May Books on Wheels Catherine & Michelle	10-Jun Books on Wheels Darlene & Jan
	Zone Conference MARCH 7TH Daffodil Days March 26-28		ROAD CLEANUP MAY 6th SPRING CONV. LONG W/END	Aug Kin Kamp
DON'T FORGET WE ARE COLLECTING FOR THE FOURTH EDITION OF THE COLLINGWOOD KINETTES COOK BOOK ALL YEAR				

Books on Wheels summer stint
08-Jul Catherine &
12-Aug Kim &
09-Sep Janet &

COMMITTEE REPORTS / UPDATES

KINETTE CLUB OF COLLINGWOOD, BLUES SIGN-UP SHEET FOR 2009 - 2010

Date		Members Needed	Members
Fri Oct 30th, 7:30pm	50 / 50	3 members	Patty, Cat
Fri Nov 6th, 7:30pm	50 / 50	3 members	Patty, Casey
Fri Nov 20th, 7:30pm	50 / 50	3 members	Patty, Cat
Fri Dec 4th, 7:30pm	50 / 50	3 members	Cat, Patty
Fri Dec 18th, 7:30pm	50 / 50	3 members	Patty, Cat
Fri Jan 8th, 7:30pm	50 / 50	3 members	Cat, Patty
Fri Jan 15th, 7:30pm	50/50 &	6 - 7 members	Patty, Karen
	chuck a puck		
Fri Jan 22nd, 7:30pm	50 / 50	3 members	Patty, Cat
Fri Jan 29th, 7:30pm	50/50 &	6 - 7 members	Patty, Karen
	chuck a puck		
Fri Feb 5th, 7:30pm	50 / 50	3 members	Patty, Cat
Fri Feb 12th, 7:30pm	50 / 50	3 members	Patty, Cat
Fri Feb 19th, 7:30pm	50 / 50	3 members	Patty



BOOKS ON WHEELS SCHEDULE

NOV 12th	Brenda & ??
DEC 10th	Barb & Monika
JAN 14th	Michelle & Patty
FEB 11th	??
MAR 11th	Patty & ??
APR 8th	No one signed up
MAY 13th	Catherine & Michelle
JUNE 10th	Darlene & Jan
JULY 8th	Catherine & ??
AUG 12th	Kim & ??
SEPT 9th	Janet & ??

COMMITTEE SIGN-UP SHEET FOR 2009-10 .. VP Mikey

Project / Committee	Needed	Committee Member (s)
Adopt-A-Road	1 chair	Michelle
50 / 50 Draw	1 chair	Darlene
Bar	1 chair	Catherine
Birthday Jar	1 chair	Patty
Books on Wheels	1 chair	Kim
Bulletin Delivery	1 chair	Monika
By-Laws Committee	All Active Past Presidents	
Candle Sales	3 members	Lori & Brenda
Craft Night	4 members	Kim, Barb, Karen & Patty
Cystic Fibrosis	2 members	Michelle & Patty
Daffodils	3 members	Shannon & Karen
Kin Kamp	1 member	Monika McKean
Golf Tournament	4 members	Jan & Darlene
Mystery Fines	1 member	Michelle
Mystery Weekend	2 members	Karen & Michelle
Pizza Sales	1 member	Barb
Public Relations	1 or 2 members	Barb
Secret Sisters	2 members	Janet
Thoughtful Faery	1 member	Janet
Ways & Means	2 members	Janet & Shannon



HEY CASEY ..
Nice name badge ...



CONGRATULATIONS
to new HOME
OWNER Catherine!
May you have
many years of
happiness in your
lovely new abode!

KIN TRADITIONS ...

KINETTE SONG

Here we are together once again,
 Happy in the family of Kin,
 We've forgotten cares and worries too,
 Kinettes we've work to do.
 Each of us will help to bind the tie,
 So the heart of Kin will never die,
 One and all let's raise our voices high,
 KINETTES, KINETTES, KINETTES.



KINSMEN SONG

Here we are together once again,
 One and all a happy bunch of men,
 Leave your cares and troubles for a while
 Let your face break forth in smile.
 Look around; grab someone by the hand,
 They're your friends, the finest in the land,
 Now all set, let's shout to beat the band,
 KINSMEN, KINSMEN, KINSMEN

O' Canada

O Canada
 Our home and native land
 True patriot love
 In all thy sons command
 With glowing hearts
 We see thee rise
 The true north strong and free
 From far and wide
 O Canada
 We stand on guard for thee
 God keep our land
 Glorious and free
 O Canada
 We stand on guard for thee
 O Canada
 We stand on guard for thee



KIN SONG

Here we are together once again,
 One and all a happy bunch of Kin,
 Leave your cares and troubles for a while
 Let your face break forth in smile.
 Look around; grab someone by the hand,
 They're your friends, the finest in the land,
 Now all set, let's shout to beat the band,
 KINSMEN, KINETTES AND KIN



KINETTE GRACE

May the Lord make us true Kinettes
 In our thoughts and deeds.
 Make us truly grateful
 For the food we receive.
 AMEN

KINSMEN GRACE

Happy to meet. Sorry to part.
 Happy to meet again.
 For what we are about to receive
 O Lord, make us truly thankful.
 AMEN

KIN GRACE

Happy to meet, sorry to part.
 Happy to meet again.
 May the Lord make us true Kin
 In our thoughts and deeds.
 Make us truly grateful
 For the food we receive.
 AMEN

**KINETTE CLUB OF COLLINGWOOD
MEMBERSHIP LIST 09-10**

	Member and Office Held	Spouse	Status
1	Aikens, Shannon	Mike	Active
2	Ashton, Jan		Active
3	Bishop, Brenda	Dave	Active
4	Cooke, Jean	Charles	Life
5	Crouchman, Catherine		Active
6	Currie, Janet (Treasurer)	Tim	Active
7	Dadswell, Kimberley (Past President)	Andrew	Active
8	Federer, Michelle (Vice President)		Active
9	Galipeau, Karen	Roger	Active
10	Gill, Gretta	Bill	Life
11	Higdon, Lori	Bruce	Active
12	Holroyd, Marg	Dave	Life
13	Hutchison, Marilyn		Life
14	Jeffery, Kathy		Life
15	McArthur, Barb (Secretary)	Al	Active
16	McArthur, Sandra		Life
17	McCulloch, Patty (Registrar & Membership Director)		Active
18	McKean, Katie		Student
19	McKean, Monika (President & Bulletin Editor)		Active
20	Weir, Darlene	Laurie	Active

UPCOMING EVENTS

Nov 7th	Lakeshore Kin Club Charter
Nov 12th	Books on Wheels, Brenda & ??
Nov 13-15th	FLC, Guelph
Nov 14/15th	Wasaga Beach Kinettes Tour of Homes
Nov 19th	Collingwood Kinette Annual Craft Auction
Dec 3rd	Executive Meeting, Monika's
Dec 6th	Goodall Kids Christmas Breakfast with Santa
Dec 6th	Collingwood Santa Claus Parade
Dec 10th	Books on Wheels, Barb & Monika

BIRTHDAYS & ANNIVERSARIES THIS MONTH

November 2009

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8 Janet & Tim Knorr	9	10	11	12	13	14
15	16	17	18	19 Karen Galipeau	20	21
22	23	24	25 Parker Findlay	26 Patty McCulloch	27	28
29	30					

GENERAL MEETING AGENDA

O'Canada, Kinette Song & Kinette Grace done as a group.

Address to the Chair

Sergeant-at-arms & Fines Mistress appointments

Introduction of Guests

Dinner break

TOAST TO THE QUEEN

Call to Order

Recording Secretary's Report: Barb McArthur

Corresponding Secretary's Report: Barb McArthur

Business arising from the correspondence

Correspondence Out: Barb McArthur

Treasurer's Report: Janet Currie

Bills for Payment

Committee Reports

Old Business

New Business

Mystery Lady Report

Mystery Fine: Michelle

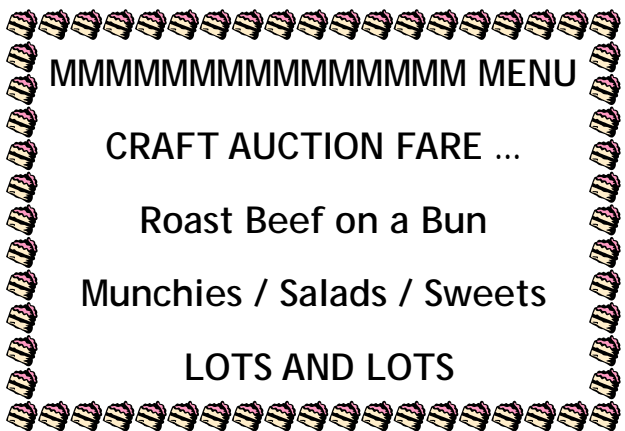
Sergeant-at-Arms Report

Raffle Report

50/50 Report: Darlene

Registrar's Report: Patty McCulloch

Announcements and Good of Kin



MMMMMMMMMMMMMMMM MENU

CRAFT AUCTION FARE ...

Roast Beef on a Bun

Munchies / Salads / Sweets

LOTS AND LOTS



OUR OATH

I am committed to the Kinsmen & Kinette organization of Canada.

I am committed to my club and my fellow Kin.

I am committed to making a difference in my community.

I promise to make the values of Founder Hal part of my daily life. They will not be forgotten.

I promise to show tolerance and understanding toward my fellow Kin.

I promise to help them grow.

I am committed to bring new members to my club and sharing the "Gift of Kin"