# In The B Zone

#### KINSMEN, KINETTE& KIN IN ZONE B



#### **Clubs**

Mt.Forest Kin
Lucknow Kinsmen
Belgrave Kinsmen
Listowel Kinsmen
Monkton Kinsmen
Drayton Kinsmen
Harriston kinsmen
Fergus Kinsmen
Lucknow Kinettes
Listowel Kinettes
Palmerston Kinettes
CW Kinettes
Drayton Kinettes

Welcome everyone to the new Kin year. We got off to a bit of a rocky start as many of you already know but I am pleased to welcome Fred Mollison as my counterpart on the zone team and would like to wish Paul Schnarr all the best in his future endeavors. I like to compare Fred to a sponge as he has an overwhelming willingness to learn and grow with the jobs of Deputy Governor and Membership. He has shown great enthusiasm, drive and excellent communication skills with myself as well as the rest of the zone team, and I'm certain the entire zone will benefit from his presence. While Fred is new to his positions we do have a fair level of experience on the team. Lynn Williams is returning as Treasurer, secretary in training Dominique Orth has been promoted to Secretary, and Jen Searson has climbed aboard for a second go round as your CF Director. Under the dual DG system my workload has diminished so I will be assuming the roles of Awards Director and Bulletin Editor so please forward me any information about your club's upcoming events so we can publish them.

Last year I had the pleasure of attending many club functions and enjoyed lending a hand with your fundraisers. I hope to continue to do so again in the upcoming year as I find it's a great opportunity for me to meet and work with club members, be their sounding board for any concerns they may have and to get a better understanding of how the zone as a whole is doing. By the way.... You Guys Rock. Our zone chartered another club this spring and once again I would like to welcome the Drayton Kinettes to the fold and wish you the greatest success.

I look forward to seeing all of you over the next year.

Lisa Orth (Sally)

## 2014-2015 ZONE B TEAM

# Fred Mollison Deputy Governor

I have been a proud member of Fergus and District Kinsmen since 2008. I have served in many roles over the years consisting of President, Vice President and Registrar. I am eager to learn and grow as a Kin member this year as your Deputy Governor, Membership, and Co-Awards Director. I look forward to coming out to your clubs and meeting those of you that I have not had the pleasure of meeting yet, as well as getting reacquainted with those that I do know.

If you require assistance with a project or have questions I will make myself available to assist, please reach out to me via email <a href="mailto:fredzoneb@gmail.com">fredzoneb@gmail.com</a>

I get the Honour of being your Awards Director this year! There are 16 awards with -in the Zone. Most of the criteria is the same as District, however there are some awards that are unique to Zone B. Throughout the year I will be sending you applications for awards. I have heard feed back that "We're not in KIN for awards", but you should keep in mind that an award winner's picture is often submitted to your local newspapers and may help to spread the word in your community about what your club or an individual has accomplished.

Lisa Orth DG/Awards

Zone B "Kin" CF- David Diamond Memorial Cystic Fibrosis's (event)

Zone B "Kin" Service- Myrtle Wilson Memorial (Rules as District)

Zone B "Kin" Service- Sinclair Service Award (any project)

Zone B "Kin" Participation – John Green Participation (Expansion & Attendance)

Zone B "Kin" Quill- Bill Esson Memorial Kin Quill (Rules as District)

Zone B "Kin" Speak-off- Gord Harbison Public Speaking

Zone B "Kin" Speak-off- Ferne Carter Memorial

Zone B "Kin" Joke Off

Zone B "Kin" Photography (same as distrist rules)

Zone B "Kin" Arnie Zimmermam Visitation Award

Zone B "Kin" Charlie Becker Public Relations (all media inc.)

Zone B "Kin" Kin Rookie of the year (Rules as district men/ette)

Zone B "Kin" Outstanding Kin (rules as National)

Zone B "Kin" Ray Gilmore Scrapbook Award

Zone B "Kin" John Day Bulletin Award

Zone B "Kin" Fight for the "CF" Cure (Challenge for a Cure Award)

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## 2014-2015 ZONE B TEAM

Lynn Williamson

Jenn Searson

Zone B Treasurer

Zone B CF/Service

I have been a proud member of the Mount My name is Jenn Searson and I'm a proud Forest Kin Club since June 2011. I belong to a Club composed of a grand group of individuals all striving to serve the community's greatest needs. In a few short years I have held the positions of treasurer, membership director, vice president, chaired and learn and grow within this position. co-chaired several projects, and assisted with several award recognition projects. My Kin community extends beyond my home Club. I am honoured to serve a second term as treasurer for Zone B. In addition to Zone treasurer, I am also President of the Mount Forest Kin Club this year.

I look forward to meeting each and every one of you throughout the following year.

Please feel free to contact me

@ LynnNormaWilliamson@gmail.com

member of the Kinette Club of Palmerston & District. At the club level, I've held the roles of Bulletin Editor, Vice President and President. Cystic Fibrosis & Service Director is a new role for me and I'm excited to

Please feel free to have me out to your meetings to spread the word of Cystic Fibrosis news and to help with any projects you may need an extra set of hands. I can be reached via email

jenn.searson@gmail.com, and as well on facebook. I'm proud to be a Zone B'er in District 1, and I'm proud of what we as a zone have accomplished so far, and I'm excited to be part of our journey this year!

Here's to Unlocking A Cure!

#### Dominique Orth

Zone B Secatary

Greetings Zone B members, my name is Dominique and I am a member of the Palmerston

Kinettes. Most of you may know or have heard of me as the secretary In training, for those of you who do not, I look forward to the upcoming year to learn and grow in the Kin community as your full time secretary. With this in mind, I ask each club forward me their secretary contact information so that I can help keep our Zone up to date on all the upcoming events in each club. I look forward to attending events and fundraisers as well as meeting several new faces.

I can be contacted via email @dominiqueorth@hotmail.com

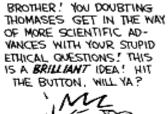
#### What is team work

The crucial part of a developing club in its growth is incorporating the habit of working as a team and distributing the work load. No matter how small the club, it is important for each and every one to work as part of a team and achieve success at every stage.

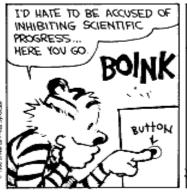
When it comes to a non-profit organization, how do we achieve team work? In normal organizations, where profit is the motive, it is easy to motivate the members by remuneration or promotion. In non-profitable organizations, the team is working without prospects of profit or financial benefit. Hence, it is important to analyze the strengths/weaknesses of each and every member in the organization. With respect to what he/she is comfortable with. This can be achieved when we identify his/her background and capabilities. In such kinds of situation, ego gets mismatched and attitude becomes a problem. Hence, it is important for us to bring a very healthy and understanding environment and educate members of the organization to work together.

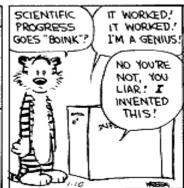
In most of the clubs it is important to realize that the bigger portion of the members of their organization already have a job, but when they have leisure, volunteers to do work in such organizations, for which they do not get any monetary benefit. In such kinds of organizations it is important for the executive members to organize and motivate members to achieve goals in such a way they don't make members feel exhausted. If the members experience too much burden, they might withdraw from volunteering. So, it is important to bring about a very social, comfortable and non burdensome method of accomplishing jobs. Hence, it is important for the executive members of such organizations to find a perfect balance between fun and work level that is accepted by their members.











#### Governors

Joanne Bint & Marty Makins



Cheryl Brydges



Sharon Champ
District Secretary

Dan Strugar & Tiffany Allan
Cystic Fibrosis / Service Director

Cystic Fibrosis / Service Director Mem

Membership Director



Terri Iredale

**Communications Director /** 



Wendy Rolfe



Russ Jackman



**Past Governor** 

**Melissa Suggitt** 

Coordinator / Risk Manager



Vice Governors

Curtis Thoms & Katie McKean

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#### District Executive

Email: jo\_jomb@hotmail.com

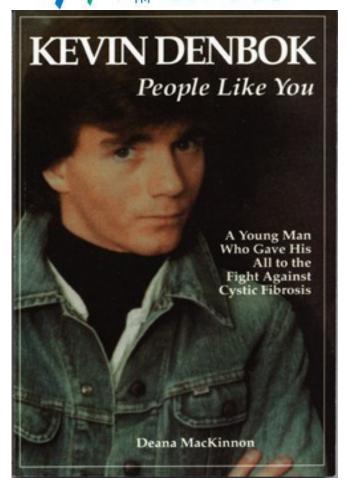
# Governor Joanne Bint 2350 Grand Ravine Drive, Unit 90 Oakville, ON L6H 6E2 Home: 905-257-3293 Cell: 416-459-2160 Governor Marty Makins Cell: 905-730-8389 Email: mmakins@shaw.ca

| Vice Governor/Awards  | Vice Governor/Awards   |
|---|--|
| Katie McKean<br>294 Fifth St.<br>Collingwood, ON L9Y 1X8<br>Cell: 705-441-3086<br>Email: katie.mckean@rogers.com          | Curtis Thoms  177 Northview Heights Drive Cambridge, ON N1R 7N1 Home: 519-621-1673 Cell: 519-242-5685 Email: clthoms@gmail.com           |
| Secretary   | Treasurer  |
| Sharon Champ 22 Tallforest Trail, Hamilton, ON L98 087 Home: 905-679-7486 Cell: 905-464-1431 Email: schamp828@gmail.com   | Cheryl Brydges 1414 Hastings Drive London, ON N5X 1B1 Home: 518-830-7854 Email: londonbrydges@yahoo.ca                                   |
| Cystic Fibrosis and Service   | Cystic Fibrosis and Service  |
| Tiffany Allan 565 Briardean Road Cambridge, ON N3H 4R6 Home: 519-651-1570 Cell: 519-709-3425 Email: tiffanyallan@yahoo.ca | Dan Strugar  PO Box 107 548 Prospect Pt. Rd.  Ridgeway, ON L05 1N0  Home: 289-876-9270  Cell: 289-407-6905  Email: dstrugar@sympatico.ca |

| Membership Director            | Past Governor/ Coordinator/Risk Manager |
|--------------------------------|---|
| Shane Walsh                    | Melissa Suggitt                         |
| 116 Tranquility Ave            | 155 Hahn Avenue                         |
| Ancaster, ON L9G 5C5           | Cambridge, ON N3C 382                   |
| Home: 905-648-8847             | Home: 519-651-2334                      |
| Cell: 905-977-9264             | Cell: 519-716-6329                      |
| Email: shanewalshcfp@gmail.com | Email: missy_w8@hotmail.com             |

| Communications Director/Kinship 1   | Web Master                            |
|-------------------------------------|---------------------------------------|
| Terri Iredale                       | Russ Jackman                          |
| PO Box 262, 306 Church Street South | 10 Edgewell Cres.                     |
| St. Marys, ON, N4X 1B1              | St. Thomas, ON N5P 4K7                |
| Cell: 519-949-0630                  | Home: 519-930-0088                    |
| Home: 519-284-0735                  | Cell: 519-709-0181                    |
| Email: ters@sympatico.ca            | Email: russjackman@internetadvisor.ca |





District I is selling Cystic Fibrosis pins for \$5.00 as well as a limited Supply Of Kevin DenBok Books for \$10.00.To purchase DI Pins contact DG Fred, DG Lisa or CF/S Jenn. For the Books Contact Jenn or either DG Fred or DG Lisa

Jenn-jenn.searson@gmail.com

Lisa-dgsally@outlook.com

Fred-fredzoneb@gmail.com



#### Kin Sales

The online store of items being developed through Kin Canada headquarters will have a dedicated e-commerce area that will allow members to conveniently order and pay for their products online. We offer a wide variety of products and our pricing is competitive.

All profits from Kin Sales go directly towards reducing your membership dues.

The following items can still be ordered by contacting Susanne Marchment . The online store of items being developed through Kin Canada headquarters will have a dedicated e-commerce area that will allow members to conveniently order and pay for their products online. We offer a wide variety of products and our pricing is competitive.

All profits from Kin Sales go directly towards reducing your membership dues.

Susanne Marchment at smarchment@kincanada.ca or 800-742-5546 ext. 212.

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Dear Kin Member,

Our new Kin Canada video officially premiered at our 94th National Convention in Toronto, Ontario and simultaneously across Canada on Friday, August 15th.

If you haven't had a chance to watch it, please go to YouTube.com and search Kin Canada or <a href="https://www.youtube.com/watch?v=3plQ5SWmbz0">https://www.youtube.com/watch?v=3plQ5SWmbz0</a>.

This video is available for all members to use to promote membership and help build awareness of Kin Canada. Please share and distribute, forward the link via email. Let's get the word out. If you have any questions or would like to download to use for recruitment events, meetings, etc. please contact Nadyne @ marketing@kincanada.ca mailto:marketing@kincanada.ca>.

There will also be a PSA available very shortly. This will be announced and available on our website.

#### **CUSTOMIZED VIDEO:**

Do you love the Kin Canada video? Do you want your own customized version for your club? Memory Tree, the producers of the video, have two options for your club.

#### **OPTION A**

Club Name, Logo and Contact Info

Memory tree can replace the end title screen of the video with a graphic that will include your club specific logo and contact information. For example - "To Join the Kinsmen Club of Edmonton, please contact Peter @ 1-888-742-7912". You can add almost any text you'd like, as long as it's less than 30 words. Price: \$300. If a minimum of 75 clubs customize there is a possibility of a price reduction. We would need to have all requests for customization submitted to Memory Tree no later than Friday, October 31st in order to determine additional discounts.

#### **OPTION B**

Make Any Custom Changes You'd Like!!!

This option includes adding your own club photos to the photo montage or changing the narration to suit specific special events or fundraisers that are unique to your club. Any custom changes like these will be quoted on an individual basis. An example of what it may cost: changing 4 photos and some narration (\$1,500-2,000).

Anyone interested in producing a customized version of the Kin Canada video, please contact info@memorytree.ca <mailto:info@memorytree.ca> or call 1-888-742-7912.

Memory Tree works across Canada. If you're interested in working with us on this or any project, please don't hesitate to contact us. We'd love to help you tell your story!!!

Thank you, Nadyne Esson & Melina Kin Canada

#### From District I Website

#### **Greetings Fellow KIN!**

Welcome to our new 2014-2015 Kin year. We look forward to the many adventures, challenges, fellowship and great hospitality we will surely encounter over the next year.

Our team is a fine group of leaders with energetic and positive focus on their commitment to each and everyone in this District. Together we have the drive and determination to move our District ahead of the others.

This year the focus for the "Go Team" is Growth. Membership growth improves our ability to serve and be more involved in our community. More hands will have positive effects on the awareness we can generate for Cystic Fibrosis, HREF and the communities which we live.

District 1 has been chosen by the National Membership Committee to take part in a pilot project this year. This project will assist us in our awareness of where our struggles are, where our strengths are and what course of action needs to be taken to make District 1, a strong, healthy environment with huge membership growth.

Fellow KIN, this is our time to shine. Let's work together. Communication, harmony and the willingness to move forward is the key. Together we can make District 1 number 1 throughout Kin.

Actions speak louder than words, so what are we waiting for? "LET'S GO!"

#### Governors Joanne and Marty

#### From The desk of Terri Iredale

Did you know that our District website has an event calendar?

Did you know that you can input your club's event information there and share the website link with your own family and friends to encourage attendance to your event AND that will encourage people to maybe check out our website too AND see what Kin is all about? it is a Win Win .. and if more people know about your event; more people can support your event including our Go Team Council members.. Start sharing fellow Kin

Contact your Deputy Governor or Communications Director Terri (me) to get it posted -or contact Admin Russ to get you set up on your own !!

http://www.district1kin.ca/index.php/Events/Index

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#### **Did You Know?**

#### TJ Brodie raising funds and awareness for CF

After watching his cousin battle Cystic Fibrosis while they were both growing up, TJ Brodie knew from an early age that he wanted to do something to fundraise for the disease. So when the Calgary Flames offered some assistance, the NHL defenceman and Dresden na-

tive was happy see this vision through.

"My cousin (Ian Badder of Thamesville) was diagnosed with it sine he was born," Brodie said. "Growing up we were always very close, we were pretty much like brothers. We spent a lot of time together and I really got to see what he went through growing up, all the pills, the medication and just what a struggle it was, how hard it was for him breathe. Eventually to see him have the lung transplant and seeing how well he is today, I just wanted to help other kids like him that are dealing with that, and try to raise awareness for organ donation at the same time because it does make such a big difference in people's lives."

Brodie is selling skate guards, which include the Calgary Flames logo, the Cystic Fibrosis logo and Brodie's #7.

"The skate guards are for Cystic Fibrosis, just to raise money to donate to the charity and at the same time to raise awareness for organ donation," Brodie said. "Calgary has been along the whole time, they are the one's who organized it and helped me make it possible."

Brodie added: "They're on sale for \$20 apiece... \$10 goes towards the actual cost of the skate guards, \$10 goes towards the charity and myself and the Calgary Flames Foundation match that \$10. So really for every pair that gets sold, it is raising \$30 that goes directly to the charity."

Brodie said they are still working out details to get more of the skate guards for anyone interested locally.

"They just came in," he said. "Last night at the Dresden Kings camp we ended up selling over 20. After seeing that I have more ordered now that are on their way. We'll figure out a good solution on how to sell them."

Brodie said overall, the response has been fantastic.

"It's a lot bigger than I ever imagined," he said. "I always wanted to get a charity going, espe-

cially for CF growing up. To finally get the chance to do and have the team help me out and put all that hard work in and the effort, it means a lot.



# Face Book There's no place like home, Unless your Kin caught on camera!







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### **Face Book**



#### Zone B CLUB MEETINGS & CLUB PRESIDENTS

#### Paul Willie - willies@bellnet.ca

Belgrave Kinsmen Wednesdays - 1st & 3rd

#### Jennifer Lewis-Feil - jennfeil 74@gmail.com

Centre Wellington Kinettes Sundays - 1st

#### Al Huberts-acakhuba@hotmail.com

Drayton Kinsmen Thursdays - 2nd & 4th

#### Bruce Lloyd - bruce@ralphbasset.com

Fergus Kinsmen Tuesdays - 1st & 3rd

#### Chris Langridge-chrisandkels@wightman.ca

Harriston Kinsmen Tuesdays - 1st & 3rd

#### Cathy Vesnaver - jcvesnaver@sympatico.ca

Listowel Kinettes Thursdays - 3rd

#### Jay Hutchison-hutchweld@hotmail.com

Listowel Kinsmen Tuesdays - 2nd & 4th

#### Maureen Matchett-maureenmatchett@knet.ca

Lucknow Kinettes Tuesdays - 3rd

#### Luke Smith

Lucknow Kinsmen Wednesdays - 1st & 3rd

#### Richard (Tiny) Bowman - mr\_tiny99@hotmail.com

Monkton Kinsmen Tuesdays, 1st & 3rd

#### Lynn Williamson-Lynn Norma Williamson@gmail.com

Mount Forest Kin Thursdays - 1st & 3rd

#### Tina Glanville-kinetteteenie@hotmail.ca

Palmerston Kinettes Sundays - 3rd

#### Wanda Dobbon: draytonkinettes@gmail.com

Drayton Kinettes Thursdays 1 & 3rd

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| September 2014                         |        |   |   |  |        |                         |
|--|--------|---|---|--|--------|-------------------------|
| Sunday                                 | Monday | Tuesday   | Wednesday   | Thursday                                     | Friday | Saturday                |
| See<br>important<br>notes at<br>bottom | 1      | 2   | 3   | 4  | 5      | 6<br>Council<br>Meeting |
| 7                                      | 8      | 9   | 10  | 11   | 12     | 13                      |
| 14                                     | 15     | 16  | 17  | 18   | 19     | 20                      |
| 21                                     | 22     | 23  | 24  | 25<br>Updated club<br>rosters to<br>National | 26     | 27                      |
| 28                                     | 29     | Notes: - CES<br>prior to Sept.<br>15 <sup>th</sup><br>- make sure you<br>have FLC proxy | - DG budget<br>due at Sept.<br>Council<br>Meeting |  |        |                         |

#### October 2014

| Sunday             | Monday | Tuesday | Wednesday | Thursday        | Friday   | Saturday |
|--------------------|--------|---------|-----------|-----------------|--|----------|
|                    |        | 1       | 2         | 3               | 4  | 5        |
| 6                  | 7      | 8       | 9         | 10              | 11   | 12       |
| 13<br>Thanksgiving | 14     | 15      | 16        | 17              | 18   | 19       |
| 20                 | 21     | 22      | 23        | 24              | 25   | 26       |
| 27                 | 28     | 29      | 30        | 31<br>Halloween | Note:<br>review<br>awards<br>criteria with<br>awards chair |          |

#### **Up-Coming Events**

Drayton Kinettes-Sat. Sept 27 Mom to Mom sale

Mt.Forest Kin-Oct 10 & 11th - Our fall road toll - Hwy 6 & 29

CW Kinettes-Sept 15 mystery date

Palmerston Kinettes-Sat Sept 20 Scrap it up

October 4th "Win with Kin"

October 4th Lisa Mitton Poker Run

Listowel Kinettes-Sat Oct 25 Mom to Mom sale

There's no such thing as a dirty mind, it's Justi a sense of humour with adult content

#### **Lisa Mitton Memorial Car & Bike Poker Hike**

Saturday, October 4 at 10:30am

Wallace Public School, Gowanstown ON.

This is a poker rally event to raise funds for Cystic Fibrosis. Sponsored by the Palmerston & District Kinettes, it is the 4th Annual. For more information and to get a pledge sheet, contact <a href="mailto:momofbrats@hotmail.com">momofbrats@hotmail.com</a>

Please Note: Zone B Clubs, the challenge is on, Be the Club with the most participants at this event and your club will receive an award, sponsored by Gary and Sandy Mitton. Start arranging for members to come out today!

# Dan Strugar & Tiffany Allan Cystic Fibrosis / Service Director

Fellow Kin, It gives me great pleasure on behalf of my partner Tiffany Allan and myself, your District One Service Directors for 2014-15, to announce the launch of this years District One Terracycle Program !!!

We are very excited about the endless possibilities and opportunities for you to raise monies to be credited to the Hal Rogers Endowment Fund.

This program is focused on our youth and the incredible advocacy they have in promoting of a green friendly environment and as well supporting them in their dreams of Post Secondary Education. So without further adieu.... SPEAKERS ON... as We bring you TERRACYCLE 2014-15!!

To learn more: https://www.youtube.com/watch?v=liuYGflVAEE



TerraCycle® is proud to provide a second life for cell phones needlessly discarded every year across Canada.

#### Here's what you need to do:

Collect at least 10 cell phones (Remember to reuse a shipping box or bag and use eco-friendly padding!

Standard cell phone – 100 TerraCycle points Smart phone – 750 TerraCycle points iPhone – 1,000 TerraCycle points

Request a FREE shipping label from

District One Service Director Dan Strugar via e-mail at

district1cfservice@gmail.com







Each year millions of personal care product and beauty product packages are needlessly discarded and end up in landfills. TerraCycle is proud to partner with Garnier \*\* to create a second life for these empty containers.

#### Here's what you need to do:

Collect enough Garnier products to fill as many collection boxes as you can.

Request a FREE shipping label from

District One Service Director Dan Strugar via e-mail at

district1cfservice@gmail.com







By partnering with TerraCycle, TASSIMO is recycling their coffee, tea, espresso, milk and hot chocolate T DISCs.

#### Here's what you need to do:

- . Collect your used TASSIMO T DISCs & foil packaging in a cardboard box.
- Collect a MINIMUM of 8.5 KG (APPROXIMATELY 525 T DISCS)
- . Boxes must not weigh more than 18.1 KG (approx. 1145 discs)

Request a FREE shipping label from

District One Service Director Dan Strugar via e-mail at district1cfservice@gmail.com



E-mail District One Service Director Dan Strugar

district1cfservice@gmail.com

He will get you FREE shipping for you brigade and take it form there.

Your donation will be forwarded on behalf of your club towards your club's H.R.E.F. contribution