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CYA Report



Risk Management

Contact List

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National Risk Management Committee

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District Risk Managers

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Bikes and trails

If you are planning an event that includes bicycle riding or your club would like to take on the maintenance of a trail, you might want to rethink your plan.

A mountain biker has launched a million-dollar lawsuit against the Toronto Outing Club and its Kolapore Uplands Wilderness Ski Trails committee as well as the Town of the Blue Mountains, the Grey Bruce Trails Network and the province for an accident he had.

The 31-year-old claims he suf-

fered fractured vertebrae and several soft-tissue injuries when his bicycle came to an abrupt stop after hitting a hole in the trail, sending him over the handlebars.

Another important factor to remember is that biking events are not covered under our National policy.



If your club decides to host a biking event please remember to:

-Call your insurance company for proper coverage

-make sure all participants wear helmets and other protective gear

-when choosing the location, remember that not all participants will be experienced riders

-make sure the trail is well maintained

-post signs for danger and have an ambulance on site

College Safety Tips 101

The time of year has returned when young adults are looking forward to returning to school and their parents are worrying themselves sick.



College life can be very exciting and overwhelming all at the same time.

Here are few tips to help keep you safe while you are embarking in this new journey.

Whether you live on or off cam-

pus you should:

- Be familiar with your surroundings at all times.
- Avoid walking alone if possible.
- Walk in well-lit areas.
- Do not loan out your key.
- Have good lighting around entrances.
- Park in well-lit areas. If there is a van parked on one side of your car, get in on the other side.
- Never pick up hitchhikers.
- Never accept a ride from someone you have just met.

- Avoid excessive alcohol. (according to the Journal of Studies on Alcohol, more than 70,000 students between 18-24 have been victims of alcohol-related assaults or date rape.)
- Never take drinks from other people and don't leave your drink unattended.
- Put the word ICE (In Case of Emergency) into your phone with a parent or guardian name programmed with the code).
- Let at least one person know where you are going and who you are going with.

